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IMPORTANT NUMBERS

ALL EMERGENCY CALLS 911
Alberta Adolescent Recovery Centre 403-253-5250
Alberta Health Care 403-310-0000
AHS Addictions Hotline 1-866-332-2322
ATCO Gas – 24 Hour Emergency 403-245-7222
Calgary HEALTH LINK 24/7 811
Calgary Police – Non Emergency 403-266-1234
Calgary Women’s Emergency Shelter 403-234-7233
Child Abuse Hotline 1-800-387-5437
Kids Help Line 1-800-668-6868
Child Safe Canada 403-202-5900
Distress/Crisis Line 403-266-4357
ENMAX – Power Trouble 403-514-6100
Poison Centre - Alberta 1-800-332-1414

HOSPITALS / URGENT CARE
Alberta Children's Hospital 403-955-7211
Foothills Hospital 403-943-1110
Peter Lougheed Centre 403-943-4555
Rockview General Hospital 403-943-3000
Sheldon M. Chumir Health Centre 403-955-6200
South Calgary Urgent Care Health Centre 403-943-9300
South Health Campus 403-956-1111

OTHER
Calgary Humane Society 403-205-4455
Calgary Parking Authority 403-537-7000
SeniorConnect 403-266-6200
Calgary Kerby Elder Abuse Line 403-705-3250
Alberta One-Call Corporation 1-800-242-3447
City of Calgary 311
Social Service Info & Referral 211
Community Mediation Calgary Society 403-269-2707
RNR Lockworks Ltd. 403-479-6161
Road Conditions – Calgary 511
Weather Information 511
Gamblers Anonymous 403-237-0654

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PRESIDENT’S REPORT

Summer Activity Slowdown
As you will note when you check out our Community Calendar this month, there are few activities during the summer and particularly during August. This allows our volunteers to recharge their batteries and enjoy their summer, as we hope you enjoy yours.

In August, the Promenade Walk will take place on Saturday, August 5, 1 to 2 pm during Historic Calgary Week. ReTree YYC is also holding an event called Building Calgary Tree by Tree at the hall on Wednesday, August 23 from 6:30 – 8 pm. There will be a lot of activities in September, some of which are announced in this newsletter.

Land Use Re-Designation Application - 300 block of 25 Avenue SW
The City held an open house on the proposed land use redesignation on the 300 block of 25 Avenue SW at our hall on Wednesday, June 28. Community residents came and saw what was being proposed and let the City know what they thought about the proposal. There appears to overwhelming opposition to this proposal, which is consistent with our two previous Community Check-ins.

The community has already participated in a very long and in-depth review of the Mission Area Redevelopment Plan (ARP), which sets the agenda for development in our community. The current Mission ARP allows for redevelopment building on the land in question to relax building height restrictions is problematic.

There is another thing that bothers us. It appears the City’s consultation process has a bias towards approval. This is still early in the process, but ultimately the matter will go to Council (this process could take many months). At some point, City Administration and the Planning Commission will make recommendations to Council. Council can accept, not accept, change these recommendations, or refer back to Administration for further consultations on particular aspects of the application. We will let you know what is happening when we know.

Prospect Trail
This is a much happier and more upbeat topic. Prospect Trail is a historic walking trail that is located behind the community centre and links the communities of Cliff Bungalow – Mission, Mount Royal and Elbow Park. It is clearly visible on historic aerial photos but it has fallen into disrepair in recent years. The three communities are working together with Ward 8 Councillor Evan Woolley towards a community-based plan for the future of this trail. The three community associations held open houses on this matter during June. Our open house was held on Monday, June 26. I noted several “Go for it” post-it notes and the comments were very positive. There were many excellent observations and suggestions. We thank everyone who participated. The joint-community committee will review what you have said. At some point in the future we come back for further consultations.

Pride Parade Sunday, September 3
It’s time to get excited! The Cliff Bungalow - Mission Community Association will be walking in the annual Calgary Pride Parade again this year! Mark the date in your calendars and join us on Sunday, September 3, 2017 between 12:30 pm and 1:30 pm in this annual celebration of the LGBTQ community here in Calgary.

We hope that with your help, it will be the best one yet! Everyone is there to have fun, so let’s help make it a great parade! More details to follow (e.g. marshalling location), but if you want more information, please contact Amanda West at cbmca.treasurer@gmail.com.

Did you know?
In the Roman calendar, August was originally called Sextilis. This is because the Roman calendar had only ten months, and August was the sixth month. The name was changed in 8 BC to honor Caesar Augustus.

CLIFF BUNGALOW - MISSION | AUGUST 2017
The Mission Statement

The views expressed by contributors to the Mission Statement are not necessarily those of the CBMCA board or its associates.

Contact us
Cliff Bungalow - Mission Community Association
462, 1811 4 Street SW, Calgary Alberta T2S 1W2
403 245 6001
www.cliffbungalowmission.com
Look for us on Facebook, not to mention Twitter and Instagram (CBM_CA)!

We value your contributions
The Mission Statement exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put Mission Statement on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photos - no image is required. We do not guarantee the publication of all submissions.

Look for us on Facebook, Twitter and Instagram (#cbmca)

Cliff Bungalow - Mission Community Association Board List 2016 - 2017

President Bob Lang cbmca.president@gmail.com 403-229-2762
Vice President Jan Pugh cbmca.facility@gmail.com
Secretary Rick Williams cbmca.secretary@gmail.com
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Planning and Development Sander Jansen cbmca.development@gmail.com
Environment April Vande Beek cbmca.environment@gmail.com
Heritage Marilyn Williams cbmca.heritage@gmail.com
Social Amanda Weightman & Kaelleigh Doherty cbmca.socialevents@gmail.com
Communications Jane Kubke cbmca.editor@gmail.com
Directors-at-Large Ken Hryciw Kate Zago

All events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted.

Promenade Walk
The third promenade walk this year will take place during Historic Calgary Week on Saturday, August 5, 1 to 2 pm – starts and ends at Mission Bridge (26 Avenue and 4 Street SW).

Jazz Concerts
Featuring talented local artists playing in our historic venue.
• No concerts during July and August.
• September 6 - Pianist Esteban Clavijo and his group
• October 4 - Vocal jazz night with Johanna Sillanpaa

Potlucks
Bring something to share and meet your neighbours. Good food and great conversations.

Board Game Nights
Next Board Game night is Saturday, September 16, 7 pm

Pride Parade
We have registered for a second year to walk in the Pride Parade on Sunday, September 3. Last year we were the only community association to do so. Join us for this fun event. For more information, e-mail cbmca.treasurer@gmail.com.

Community Cleanup
Saturday, September 9, 9 am to 2 pm – this is your chance to drop off unwanted things that would normally go to the dump but City garbage trucks come to our community to receive such items. There is also recycling of electronics. Plus, there is an exchange of still useful items you no longer want. Don’t be late as the trucks leave at 2 pm sharp.

Embrace Gardening Events
Featuring Calgary’s Cottage Gardener, Janet Melrose Wednesday, August 14, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: “Late summer”, at Bankview Community Hall, 2418 – 17 St. SW.
Monday, September 11, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: “Harvest time” (at Cliff Bungalow – Mission hall)
RetRee YTC Tree Education Programs, free talks by the City of Calgary

Deadline for Mission Statement submissions
First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to cbmca.editor@gmail.com.
MEMBERSHIP AFFINITY PROGRAM
Use your membership card to save!
Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your card!

• Clear float spa: 105, 1800 – 4 St SW, 10% discount (except for the Theta Membership)
• European Bakery: 515 – 17 Ave SW, 10% off all items
• Expedia Cruise Ship Centres: 615A – 17 Ave SW, $50 discount towards a $1500 Travel Package
• Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 10% off food and beverages
• 4th Street Liquor & Wine: 1809 – 4 St SW, 10% off all items
• Landmark Centre Second Cup: 506 – 17 Avenue SW, free upsiz on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over $50.
• Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
• Momentum Health Mission: 909, 2303 – 4 St SW, 25% off initial assessment (includes massage), 15% off all products sold, free gait assessment.
• Peking Dragon: 1904 – 4 St SW, 15% on Pick Up items on orders over $30.00
• Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)
• Tea Factory: 1820 – 4 St SW, 10% off all Loose Leaf Teas and drinks
• The Tech Shop: 2424 – 4 St SW, 10% off regular priced footwear / accessories, 15% off regular priced apparel
• UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)
• Yann Haute Patisserie: 329 – 23 Avenue SW, 10% off their patisseries.

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on “Get Involved”.

COMMUNITY CLEAN-UP
Saturday, September 9, 2017
9:00 am – 2:00 pm (trucks leave at 2:00 pm and the event is over at that point)
Back Parking lot of Holy Angels School, 2105 Cliff Street S.W.

Each year, we team up with the City of Calgary to help you get rid of unwanted household items and property waste. Last year, a record of one million kgs of waste and nearly 200,000 kgs of organics were collected. The City trucks will take away a huge array of household items and organics.

Please note that the following items are NOT accepted by the garbage trucks:
• Car batteries
• Glass (e.g. window panes, glass table tops)
• Household appliances with Freon (e.g. refrigerators, freezers)
• Microwaves
• Liquids (e.g. cooking oils)
• Large metal items (e.g. lawnmowers, barbeques)
• Rail wire ties
• Sod or dirt
• Household hazardous waste including: propane tanks, paint, automobile, cleaning, healthcare, and gardening chemicals

In addition to the City of Calgary’s Garbage Trucks, the following will also be available:

Gently Used Goods Donations
Women in Need Society (WINS) accepts all gently used clothing (women’s, men’s, children’s), household items, toys and furniture. Please ensure items are gently used and in working order. For ease of transport, we’d be grateful if donations could be dropped off in sealed boxes or bags.

Recycling
Recycle Logic will be joining us to accept materials that you can’t put in your standard community recycling. Some examples of material that will be accepted by Recycle Logic: cable boxes, modems/network switches, stainless steel kitchen appliances, cords, extension cords, Christmas lights, stereo equipment, speakers, CD/DVD/ DVR players, microwave ovens, cell phones, network equipment, testing equipment, circuit boards, receivers (satellite & cable), unintentional power supplies, gaming consoles, games, projectors, VCRs

Scrap Metal
Our friend Mike will be collecting tires, batteries, old broken bikes (usable ones can go to The Syrian Refugee Support Group), and all kinds of scrap metals except Fridges.

Bikes
The Syrian Refugee Support Group will be on hand to collect gently used bikes and helmets for its bike program. Adult newcomers to our city need adult bikes and helmets for transportation and the children need to feel the wind in their faces. The Syrian Refugee Support Group has branched out to help not only those from Syria, but to any adult or child in need.

Free Table
Drop off what you don’t need anymore! Pick up what you do! Think of it as a free garage sale. Fun for the whole family.

Super excited about the Community Cleanup and want to volunteer your time to help out on the day? Email cbmca.environment@gmail.com

Volunteering.... Good for the Soul
ReTree YYC
Tree Education Programs

Mission was chosen by the City of Calgary as one of the 25 ReTree communities for 2017. The program’s goal is to work with citizens to encourage proper planting and maintenance of our urban forest on both public and private property. Anyone from the community is welcome to attend this series of free informational talks which will take place at the hall – 2201 Cliff Street SW.

Please find event and registration information below.


the embrace
gardening series
with Janet Melrose

This series of talks by Calgary’s cottage gardener, is organized by a consortium of inner city community gardens—of which Cliff Bungalow – Mission is a part. These free talks over the summer months are hosted by participating communities. Everyone is welcome to attend; donations are gratefully received.

Wednesday, August 14, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: “Late summer”, at Bankview Community Hall, 2418 – 17 St. SW.

Monday, September 11, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: “Harvest time” at Cliff Bungalow – Mission hall

Wary in the Prairie

Prairie dogs have a complex system of communication that sound like pitched warning barks that signal different types of predators. They earned their name from settlers traveling across the plains who thought that these warning calls sounded like dogs barking.

Summer Potluck Picnic in the Park

This year’s potluck picnic was held for the first time in the park on the south side of the community centre on Sunday, July 9, rather than on the north side. As you know, it was during the hot weather and there was more shade on the south side. We also put up two of our tents for more shade. The summer picnic in the park potlucks start an hour earlier (5 pm) so we can enjoy the outdoors. Even though it was hot this year, it was cool in the shade.

There was a wonderful variety of summer-like foods such as cold soup, various salads, and watermelon. The setting was beautiful and the food was delicious. Potlucks provide a great opportunity to sit down with your neighbours and talk and laugh about various topics. The next potluck is on Sunday, September 10 at 6 pm.

One of the dishes at the July 9 picnic potluck was the following, which is a great summer dish you can enjoy outdoors and you do not have to heat up the house/apartment to prepare.

Gazpacho Soup

- ½ large English cucumber
- ½ red onion
- ½ green pepper, seeds removed
- ½ red pepper, seeds removed
- ½ yellow pepper, seeds removed
- 2 tbsp chopped fresh parsley
- 2 ½ cups tomato juice
- 1 tsp Worcestershire sauce
- 4 tbsp of lemon juice
- Salt and pepper to taste
- ½ tsp hot sauce, if desired

Cut the cucumber, red onion, green pepper, red pepper, yellow pepper into chunks. Coarsely chop cucumber and onion in food processor. Chop (not too finely) peppers and parsley in food processor. The latter can be done with the tomato juice and spices or the tomato juice and spices can be added after the chopping is done. Refrigerate. Garnish with croutons before serving if desired. This recipe can easily be doubled for larger groups.

Our next potluck will be Sunday, September 10 at 6 pm, back in the hall.

See something cool in the neighbourhood? Instagram it!

#cbmca
Why you need to report the sale of your home
By Suzanne Smith-Demers, Registered Retirement Consultant

Fortunately, Canadians don’t have to pay capital gains tax on the sale of their primary residence. Until recently, you didn’t even have to mention a sale on your tax return either, but while the capital gains on your home can still be exempted from tax, there are important new reporting requirements.

Last October, the Canadian government announced new measures requiring everyone to report the sale of their home on their tax return. If the sale is not reported, you could be re-assessed. You may even be subject to a penalty in the future. CRA has stated that it is unlikely a penalty will be issued when the sale occurred in 2016, given that the reporting requirement is brand new, but it may not be so lenient going forward.

The new rule is part of the government’s attempt to rein in potential abuses of the principal residence exemption (PRE), such as non-Canadian residents claiming the exemption and others claiming it on a second property in the same year. Usually, 50% of a capital gain on an asset must be reported as taxable income. But the PRE allows Canadian residents to be exempt from paying tax on capital gains on their principal residence. Only one property can be designated per year as a principal residence, therefore gains may be taxable on the sale of a second property, like a vacation home.

The bottom line is this: if you sell your home, complete Schedule 3 at tax time to claim the PRE and to avoid any potential penalties for late filing. Most individuals previously eligible to claim the PRE will continue to remain eligible.

A Historic Stroll
The Elbow River Promenade

On this short, four-block walk, you can enter a historic Calgary community knowing nothing about it and leave knowing its history from First Nations through early settlement to modern development.

Une balade historique
La Promenade de la rivière Elbow

You are invited to take a third and final stroll along the Mission Elbow Historic Stroll as part of Historic Calgary Week on Saturday, August 5, from 1 – 2 pm. The stroll starts and ends at Mission Bridge (26 Avenue and 4 Street SW).

In May, Ellis Hiebert and Bill Longstaff led about 40 participants on a Jane’s Walk on the Historic Promenade. Jane’s Walks are inspired by the memory of community activist Jane Jacobs, who mobilized ordinary citizens to protect their communities from a car-centred approach to urban planning, and make them people-centred instead. Ellis and Bill researched human stories about people, places and events that would resonate with local people. They shared these with participants, passing around pictures of historic places along the walk, with kids and adults playing, walking, sleighing, skating, and just living everyday lives against the backdrop of the Elbow River and Mission. They got permission to go into buildings to get the vibe inside, which was illuminating for all, and a lot of fun!

On Canada’s 150th Birthday Historic Stroll, history came back to life for over an hour, as a group of 85 – 100 moved along the Promenade toward birthday cake at Mission Bridge. Ellis coordinated the storytellers and singers who used story and song to move from the early First Nations presence along the Elbow River through subsequent waves of settlement. Jocelyne and husband John led everyone in a rousing version of ‘Alouette’ after outlining the significant ‘French connection’ in our area history, ‘Horizon Ridge,’ a great local band, became ‘roving minstrels’ and Helen, Steve, Peter and Dianne sang toe-tapping songs and ballads ranging from Johnny Cash’s ‘How High’s the Water, Mama?’ through to Gordon Lightfoot’s ‘Canadian railroad Trilogy.’ Charming Claire read recollections of summers spent next door to the long-standing ‘Lang House,’ now restored and used by Grandview residents. Judith, of local CBMCA history book fame, told stories of what it was like to actually live there as a little girl, playing, and swinging from tree ropes into the river. Emil & Murray outlined the often frenzied building periods that took place over the decades. Longtime CBMCA Heritage committee member Bill told us of earlier Mission Bridge building exploits, then Angela recounted the building of this actual Elbow River Historic Promenade, a 5-year $1.2 million joint venture between our community (our community raised $90,000) and the City of Calgary. Thanks to MLA Kathleen Ganley and Councillor Evan Woolley taking time out of a very busy day to come. It was a lot of fun!

We are very grateful to Calgary Foundation, for their unique support of grassroots community events, and their support throughout the building of this entire Historic Promenade, to our local Mission Safeway for the generous cake donation, to SAVOUR café, which generously offered lootie coffee and washroom facilities to our participants. And a big thanks to our volunteer helpers: Angela, Sue, Joan, Horizon Ridge band, Ken & Bill, Mira, Bob and Murray.

If you haven’t taken the stroll, we encourage you to follow along with our brochure, available at Promenade Mission Bridge rest stop. We hope you will visit this community gem of a walk!
Membership Form

(Please Print Clearly)

Name (1)_________________________________________________________________________________
Name (2)_________________________________________________________________________________
Name (3)_________________________________________________________________________________
Street Address_____________________________________________________________________________
Suite/Unit # ________________ Postal Code _______________
Phones (1) __________________ (2) __________________________ (3) ____________________________
Email (1)*_________________________________________________________________________________
Email (2)*_________________________________________________________________________________
Email (3)*_________________________________________________________________________________
Membership Cost: Single $10 ____ Family $20 _____ Payment type: Cash ___ Cheque ___
New ____ or Renewal ____ If Renewal, provide your Card#__________ Purchase Date ____________

*Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters

Our membership year is AGM to AGM. The AGM was on Wednesday, November 23, 2016, so if you have not
renewed your membership, now is the time to do so.

You do not get a new card every year. The plastic membership card is permanent. You get a new date sticker
when you renew your membership.

Having a CBMCA membership has become more popular partly because of the Membership Affinity Program.
All you have to do is show your up-to-date membership card to obtain discounts. See details of this program
elsewhere in this newsletter.

To purchase or renew your membership, just fill in the membership form elsewhere in this newsletter and send
it in with your cheque to the address on the form.
Cliff Bungalow – Mission inspired the now city-wide “Neighbour Day,” and Mission Possible is our own particular version of Neighbour Day. On June 17, we celebrated the fifth Mission Possible, the first one being organized in a matter of days in 2013 as a result of the flood. It’s a day to celebrate our community’s resilience and collective response to the 2013 flood, while also giving back through donations to the food bank.

Original Joe’s, our main sponsor for the third year running, served fantastic, double burgers; the line was across the field all afternoon! And Yann Haute Patisserie sealed the deal with cake pops and macarons! Our new neighbour, Mill Street Brewery, also donated to the event, along with Midtown Co-op. We enjoyed great live music from the talented Justine Vandergrift and Anthony Kimeka, and a spontaneous performance by talented neighborhood children! New this year was circus and stilt walking from Snow Circus (Cliff Bungalow resident Schuyler Snowden).

The event was enjoyed by people of all ages as well as Councillor Evan Wooley, MP Kent Hehr, and MLA Kathleen Ganley. Thank you all for coming!

Along with great food, there was great entertainment. It was kicked off by Anthony Kameka of Windigo and ended with returning Justine Vandergrift. They were joined by local resident Schuyler Snowden who started off on huge stilts looking for butterflies. Then he did a fascinating and multifaceted juggling act. You can see him at www.TheSnowCircus.com. Finally, we had a wonderful impromptu performance of Mad World by local youth Genievieve Gault.

This kind of event would not happen without the help of many people and organizations. We want to acknowledge those who helped this year. Some worked on the organizing committee, some worked in the background making arrangements, making posters and getting supplies together and some worked on the day of the event. Some worked in all phases. They all helped create this special event for a special community. We also thank everyone who attended the event. You are why we do events like this. This kind of event helps build a strong sense of community.

Thanks to our hard-working volunteers: Mary Beth Acheson, Annie Chong, Susan Chow, Kaelieh Doherty, David Frishman, Parjna Harsora, Murray Heibert, Georgia Hoffman, Ken Hryciw, Sander Jansen, Jim Jung, Jane Kubke, Bob Lang, Philip Lozano, Jari Narvanen, Tina Narvanen, Jan Pugh, Jo Stone, Jo Stratton, April Vande Beek, Amanda Weightman, Amanda West, Angela Yap and Kate Zago. Kaelieh Doherty and Amanda Weightman headed up the planning committee.

The organizations which contributed: Original Joe’s, Yann Haute Patisserie, The City of Calgary, ATCO Gas, Midtown Calgary Coop, and the Red Cross.

We apologize if we have missed anyone. Please let us know.

Those who attended donated $309.85 towards the Calgary Food Bank.

The 2018 Mission Possible event will be on Saturday, June 16. Please note that in your calendar.

Stay tuned about upcoming events! Follow CBMCA on our website www.cliffbungalowmission.com, Twitter cbm_ca, Instagram cbm_ca and Facebook
Lindsay’s Folly
Castle Ruins along the Lower Elbow River

Hidden deep in the bush on the slope along the Elbow River pathway system near Stanley Park, a bit of brick and concrete rubble are all that remain of what was once a grand design for an impressive sandstone castle. It would have had sweeping views of the river and the burgeoning city beyond.

Dr. Neville J. Lindsay was one of Calgary’s early physicians. He arrived on the first passenger train in 1883, later returning with cash in his pockets from the Klondike Goldrush to pursue real estate development during Calgary’s first building boom.

The site for the castle was purchased by Lindsay in 1904. Some claim it was once a fox farm. Hydraulic methods were used to terrace the hill and ten rows of fir trees were planted to stabilize the slope. Construction began in 1913 using sandstone blocks from the first Knox Presbyterian Church, a property purchased by Lindsay in 1910 to be redeveloped as a downtown business block.

Work suddenly stopped on the mansion after the foundation, an enormous arched portico with wide steps, and some of the first storey walls were constructed.

Why Lindsay abandoned the project remains the subject of lore. The romantic, untrue version was that he fancied the home for his bride who then died, but the real Mrs. Lindsay long outlived her husband. Another account was that Lindsay realized the slope was too unstable to support the grand structure and it could slip down the hill toward the river. Most likely, he simply ran out of money, having gained and lost a fortune in real estate speculation.

Lindsay died broke in 1925. The site reverted to city ownership in 1936 for back taxes and by 1938 it had become parkland. Metal was salvaged from the steel beams for the WWII war effort. In 1955 the sandstone portico finally collapsed or was bulldozed for safety reasons; the blocks possibly scavenged for backyard rock gardens and such.

The ruins of Lindsay’s Folly were used by swimmers to change for a dip in the Elbow River or as a secluded spot for teenage parties. For generations, children have played amidst the rubble, concocting ghost stories that contributed to the legend of “Deadman’s Castle”.

Had the castle been completed, would it have survived or simply tumbled down the slope toward the river, a victim of unstable slopes and the ravages of flooding; just one man’s folly.

Sources:
- Mittelstadt, D., Lindsay’s Estate: A History of Parkview and Erlton, 2001
- Lawrence, E., The Story of Lindsay’s Folly, Avenue Magazine, May 2015
- Calgary.ca
- Historical Photo Credits: Glenbow Archives

Federation of Calgary Communities
Community Preparedness Building Safe Communities Program

As Calgarians we know that emergencies can affect our communities at any point. Many emergencies may not be preventable but we can minimize the risk by being prepared. Here is a list of ways you and your neighbours can be prepared.

1. Know your neighbours
If an emergency does arise, if you know your neighbours you can readily identify neighbours who may have special needs, mobility or those who need additional assistance in an event of emergency.

2. Know the potential risks and hazards in your community
The more residents are aware of areas in their community that are potential risks, the better prepared a community can be. Be proactive!

3. Know the evacuation routes
Knowing how to get of your neighbourhood can reduce traffic congestion and allow for emergency personnel easy access.

Emergency numbers, Calgary and area:
- Ambulance, Fire, Police, Hazardous Materials Spills: 9-1-1
- Gas Emergency – ATCO Gas: 403-245-7222
- Electrical Emergency - ENMAX Power: 403-514-6100
- All other City services: 3-1-1
- Poison & Drug Information Service: 1-800-332-1414
- Calgary Emergency Management Agency 3-1-1; calgary.ca/cema

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Historical Photo Credits: Glenbow Archives

Sources:
- Mittelstadt, D., Lindsay’s Estate: A History of Parkview and Erlton, 2001
- Lawrence, E., The Story of Lindsay’s Folly, Avenue Magazine, May 2015
- Calgary.ca
- Historical Photo Credits: Glenbow Archives

Honeybees can count, categorize similar objects like dogs or human faces, understand “same” and “different,” and differentiate between shapes that are symmetrical and asymmetrical.
YOUR COMMUNITY/CITY EVENTS

CIRCLE THE WAGONS
3951 TRASMENE CRESCENT SW
SEPTEMBER 9, 11 AM – 11 PM
This year’s traveling carnival of local food, beer, music, art and performers will be proudly hosted at Currie. Currie boasts Canadian Pride, and to help further amplify the celebratory energy from Canada’s 150th anniversary. More info: circlethewagons.ca.

YW WALK A MILE IN HER SHOES
STEPHEN AVENUE AND OLYMPIC PLAZA
SEPTEMBER 19
Hundreds of men and women will step onto Stephen Ave. in high heels to show their support for women and children who are victims of family violence. More info: walkamile.ca.

The Market on Stephen Avenue – Tuesdays until Sept. 5, 11 am – 5 pm
Bring your enviro bags and coolers! You’ll find up to 60 vendors; from fresh food (produce, breads, pastries, etc) spices, sauces, treats, art, fashion, jewelry and so much more! Found on Stephen Avenue between 1 Street East and 2 Street West. More info: inquiries@dmeinc.ca.

Honens Festival – Various Venues, Sept. 7 – Sept. 10
The award-winning Honens Festival returns for a four-day festival of music with a side of maple syrup! To mark Canada’s 150th birthday, this celebration of piano showcases some of the country’s brightest classical music stars alongside Honens Laureates through innovative performance projects and dynamic community concerts. More info: honens.com.

Beakerhead – Various Locations, Sept. 13 – Sept. 17
One of the world’s most original spectacles of art, science and engineering, will erupt this September when the fourth annual Beakerhead hits Calgary. Look for mechanical creatures, multi-story art installations, famous and soon-to-be famous scientists and inventors, and performances by people and machines. The dose of quirky spectacle will include more than 65 events. More info: beakerhead.com.

Techstock 2017 - 3553 31 STREET NW, Sept. 14
This is an annual event hosting 30+ start-up companies and researchers who showcase their innovations to the public. This year they explore how technology and social innovations are making a profound impact on our society and driving change in areas such as sustainability, health, education, gender equality and more. More info: innovatecalgary.com/events/ techstock/

Railway Days – Heritage Park, Sept. 23 – 24
There is fun for the whole family at Railway Days! As one of the few sites in North America with two steam locomotives, our trains take centre stage for two days with demonstrations, hands-on activities, and exciting exhibits. More info: heritagepark.ca.

YOUR CITY OF CALGARY

Calgary’s Largest One Day Food Drive – It’s a Community Affair

Community service is what it’s all about when it comes to the annual City-Wide Food Drive. On Saturday, September 16, some 7,000 volunteers of all ages and backgrounds will spread across the city collecting non-perishable food donations in support of the Calgary Food Bank.

For the Clark and Anderson families, three generations of family members will be getting in on the act again this year. Brent and Judy Clark have volunteered for the City-Wide Food Drive for the past 10 years. “We’ve gone with our grandchildren a couple of times, and it was great!” says Judy. “We drove, and they ran and collected the bags. Sometimes folks were so generous, it took three kids to collect the bags from a single house, and that really impressed the kids! It was a joy to establish a family tradition with them of helping our communities.”

The Clark’s 8-year-old grandson, Erik Anderson, says, “I think about how people will like all the good food, and how they’d be happy to see all the kinds of foods!”

Big sister Lauryn adds, “Everyone collects so much food, and then we fill semi-trucks full of food, and it really adds up. It must make such a difference.”

Now in its 13th year, the City-Wide Food Drive is an easy and convenient way for you to help fill the shelves at the Food Bank as seasonal need for food hampers increases.

Starting the week of September 11, you’ll see volunteers drop off donation bags on doorsteps across the city. During that week, these bags can be filled with non-perishable food items, and on Saturday, September 16, those same volunteers will travel back through their neighborhoods to collect the bags. They won’t ring your doorbell or disturb you, but will happily collect the filled donation bags from your doorstep, and take them to a central drop-off for transport to the Calgary Food Bank.

This year’s City-Wide Food Drive target is to collect a half million pounds of food in one day! It’s a lofty goal, but Calgarians are known for their good and generous hearts, especially during tough times. When it comes to neighbor helping neighbor, the City-Wide Food Drive really is a community affair!
Happy August, everyone!

With summer in full swing we hope you have been enjoying long days, warm sun and family holidays! If you are planning to hit the road with your pet here are a few simple tips to make the holidays run smoother.

1. Never, ever, leave an animal in a car. Hot cars are dangerous for pets and people alike. On summer days, the temperature inside a parked vehicle begins to climb immediately and can reach dangerous levels in as little as 10-15 minutes. Even a few moments in a hot car can lead to heat stroke and even death. Cracking the windows or leaving water in the car is not enough to keep the heat manageable. If you know you will be stopping leave your pet at home or bring someone else along who can take your pet for a walk in the shade while you pick up what you need.

2. Watch out for Fido at the BBQ! As with your kitchen at home, if you are cooking or carrying hot foods it pays to keep your pets out from under foot. In the case of social gatherings, ask your guests not to share food with your pets and to pick up any food that is dropped. Rich summer foods like ice cream, hamburgers, hotdogs and chips can cause digestive upset in dogs and the dog’s body may not be able to handle the situation.

3. Think safety when it comes to social situations! Just like people not all pets are keen to be friends. When out for a walk, keep your dog on a leash and unstrained by a seatbelt harness. Bringing your pet’s bed or some favorite toys will provide comfort for the ride.

4. Travelling? Plan ahead! Summer road trips can be fun for both pets and people, but they do require some advance planning. Before hitting the road, visit your vet to update any necessary vaccines or health certificates and ensure your pet’s microchip/tattoo is up to date. Load your pet’s information, including a photo or two onto your smart phone just in case your pet gets lost. When you are packing include extra food and medication for your pet in case you are delayed in getting home. Finally, the safest place for your pet in a car is in a crate or restrained by a seatbelt harness. Bringing your pet’s bed to watch for signs of stress or conflict. Unsure about the body language of your dog and any other dogs in the area just like people not all pets are keen to be friends. When at the dog park? Want to find out more about adopting a new family member? Check out our website at www.calgaryhumane.ca for information and resources!

Don’t Let Your Investments Take a “Vacation”

It’s summer again – time for many of us to take a break and possibly hit the open road. But even if you go on vacation, you won’t want your investments to do the same – in summertime or any other season. How can you help make sure your portfolio continues to work hard for you all year long?

Here are a few suggestions:

Avoid owning too many “low growth” investments

As you know, different investments have different characteristics and can help you in different ways. For example, you typically own stocks because you want the potential for growth. Other investments, such as guaranteed investment certificates (GICs), provide you with a regular source of income and stability of principal – two valuable contributions to your portfolio. However, investments like GICs don’t offer much in the way of growth potential. So, if you own too many of them, you might be slowing your progress toward your important financial goals, such as a comfortable retirement.

You can maximize the productivity of your portfolio by owning a variety of investments – domestic stocks, international stocks, corporate bonds, GICs and more. How much of each investment should you own? The answer depends on a variety of factors, including your age, income, risk tolerance, family situation and specific objectives. Over time, your ideal investment mix may change, but you’ll likely need at least some growth potential at every stage of your life.
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Thanks for all your help, this worked!

Laura
Owner of Buds and Blooms

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Festivities in August
By Alex Bonyun

August is a great month to get out and experience art in our community for free! Whether it’s an outdoor festival, or an indoor celebration, there’s so much for you to see! Downtown you can take in Olympic Plaza on a warm August day with the Spaghetti Western Music Festival (August 20, noon - 9pm), Canada’s alt-country music festival, or celebrate Canada 150 with Happenings (August 18, 5 - 9pm), the free visual art party with live music and creative activities inside Arts Commons. Another way to enjoy music outdoors this summer is at Calgary Reggae fest (August 17 - 19), a three-day festival in Shaw Millennium Park.

For anyone looking for a bit of theatricality in their August, the Calgary Fringe Festival (August 4 - 12) returns to Inglewood this year with a unique line-up of unexpected, unforgettable performances. Calgary Opera’s Opera in the Village festival is making the move from East Village to the newly unveiled Enmax Park with the hit show South Pacific (August 10 - 20, 8pm nightly).

If you’re looking for a stroll through some of Calgary’s character neighbourhoods Inglewood’s Sunfest (August 5) and Marda Loop’s Marda Gras Festival (August 13) are back again for another great year.

For something a little quieter with a slice of nature, the Calgary Dragon Boat Race & Festival (August 12 - 13) is a fun way to kick back on the banks of the Glenbow Reservoir and root for your favourite team! And, if you’ve never checked out Globalfest (August 15 - 19), a three-day festival in Shaw Millennium Park.

For a full list of Calgary’s festivals this August, indoor and outdoor, you can visit calgaryherald.com/life/swerve/swerve-festival-guide-2017-august. This column is provided by Arts Commons. Located in the heart of Calgary’s vibrant downtown core, Arts Commons is home to six distinct performance venues.

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RESIDENT PERSPECTIVES

Foraging in Calgary’s Wild Berry Patches

After a seemingly endless winter, summer in Calgary is a wonderful time to go for long walks or bike rides, especially along the Elbow and Bow rivers. Believe it or not there is an abundance of wild berries growing on the riverside and all over our city, and they are ripe for the pickin’ right about now.

There are numerous wild, edible berries in Southern Alberta, but here are a few of the most common ones:

- **Red Raspberries:** These bright red, sweet and tart berries are what many childhood memories are made of in our province. The mid-sized bushes have light green leaves that are toothed along the edges and are greenish-silver on the other side. The raspberries grow in clusters on the end of the stems and will continue to produce fruit through the growing season after they are picked. These bushes may or may not have thorns, so be cautious and bring gardening gloves if you are going hunting for these particular little gems.

- **Saskatoon Berries:** Saskatoon berries are native to Alberta. The Plains Indians ate the fruit both fresh and dried in their dietary staple, pemmican. These berries are dark purple when ripe, very tart and sweet with a slight almond flavour, and make excellent jams, preserves and pies. The mid-to-tall sized bush has small green leaves and sports white flowers in the spring. The berries grow in clusters along the stems, so if you’re really ambitious, you may want to bring along a small step ladder to harvest the ones up high.

- **Choke Cherries:** These little beauties are so named for their large pit, but don’t be deterred; they are sweet and juicy and make a lovely jelly—just be aware when the kids are gobbling them up. This mid-sized bush will have oval-shaped, dark green leaves that point at the end. The berries are red, ripening to bluish-black and hang in dense popsicle-shaped clusters that will pull the branches down with their weight when ripe.

These berries will grow along the rivers and ravines in our city. If you’re planning on goin’ pickin’ bring a bucket or sturdy container of some sort and gloves; don’t go during the heat of the day because the berries will mush or burst in your fingers; try to avoid areas that may have been recently plied with pesticides or the like; get a field guide to correctly identify your berries before consuming them. Some good places to start your berry adventures are Paskapoo Slopes, Edworthy Park, Stanley Park, Inglewood riverside and Beaverdam Flats. Happy hunting!

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CLIFF BUNGALOW - MISSION
AUGUST 2017

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Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9-inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

Water hazards
- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (*) high and have a self-latching, self-closing, lockable gate. (*Alberta Building Code)

Lawn and garden tools
- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings
- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors; strong perfumes or scented lotions;
- Consider destroying or relocating hives and nests situated near your yard;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an ‘EpiPen, Junior’ prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

Mail-in ballots for the 2017 Election

In October, Calgarians will vote to elect their Mayor, Councillors and School Board Trustees. Your community is shaped by the outcome of an Election. If you are unable to vote during the Advance Vote or on Election Day due to physical incapacity, being absent from the city, working as an election worker, or volunteering/working on a campaign, you can request a mail-in ballot online by visiting www.electionscalgary.ca. In-person or in writing at the Elections & Census Office, 1103 – 55 Avenue NE.

New pilot signage aims to hit the mark with Calgarians

The City of Calgary places a Notice Posting sign on sites where a proposed land use change, or development application has been received by The City. The sign helps inform citizens about a proposed application, and how they can get involved in helping build our city.

We’re working to enhance our signs to make them simple, informative and transparent. Thanks to your input last year, we’re piloting a new Notice Posting sign and we want your comments. Take our quick survey at calgary.ca/noticeposting before August 31, 2017.

I’m selling my house, and the listing agreement says I have to pay my real estate agent commissions if my place sells after the agreement ends. Is that legal?

It sounds like you’re referring to the “holdover” clause, which is found in most residential listing agreements (seller representation agreements) in Alberta. And yes, holdover clauses are legal.

A holdover clause permits your real estate brokerage to collect its fee or commission from you if you enter into a purchase contract with a buyer within a specific number of days after your listing agreement ends and that buyer was introduced to your property during the term of the listing agreement. The length of the holdover period is negotiable between you and your real estate professional.

When a real estate professional lists your home, your listing agreement sets out that you will pay your broker’s commission in the unlikely event a buyer and seller want to work together to get a deal done, but they wait until just after the listing agreement ends merely so they don’t have to pay commission. If in such a case the buyer was introduced to the seller’s property during the term of the listing, the real estate professional deserves to be compensated for their work. Side deals between a seller and a buyer that shouldn’t affect the ability of the seller’s real estate brokerage to collect its commission.

“Ask Charles” is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta’s real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

It’s time to register your property for the 2017 Assessment roll. The Assessment roll determines the value of your property for the purpose of property taxes. Registration ensures the most accurate property information is on file. The City of Calgary is mailing a Notice of Assessment to property owners before August 31, 2017. If you don’t receive a Notice of Assessment, you can register online at mypropertyinfo.ca. To request a paper copy of your Notice of Assessment, call 403-263-3044.

A simple latch may not be sufficient.

Consider destroying or relocating hives and nests situated near your yard. A holdover clause protects a real estate brokerage if they sold your house for a price with which you were happy. They deserve, and have every right, to be paid for their work.

The holdover clause also protects a real estate brokerage if they sold your house for a price with which you were happy. They deserve, and have every right, to be paid for their work.
The nitrogen content of urine scalds grass more severely than the urine acidity. Nitrogen breaks down to ammonia and "burns" the grass. This is the same as over-fertilizing your lawn. Salinity or salt content of urine rises in concentrated urine. Large amounts of nitrogen and salt are impossible for the natural buffering of the soil to overcome and the grass dies.

The urine pH or how acid or alkaline the urine is can cause lawn spots. Never tried it, give me some feed-back if you try it and it fails or works. Adjust the amount of juice to your dog's size. My solution is to train my dogs outdoors like I do indoors. Since I like a nice green lawn, I trained my four large dogs on my last property to use one section of the lawn and I promoted the growth of crab grass in that area. Nothing kills crab grass for long and from a distance it looked same as the rest of the lawn. Now I have trained my dogs to use the gravel dog run and one pees on gravel more readily than grass. Be positive, it might be possible to have a happy dog and a beautiful lawn. Good luck!
The Merlin

Article by J.G. Turner • Photo by N. Suret

The Merlin is a little falcon (weighing just 129 to 236 grams and measuring up to 30 cm), about the size of a Jay. The female Merlin is about a third larger than males and are brown. The males have a gray/blue upper and a black and gray barred tail. Both the male and female have whitish streaked throats, and buff coloured underbody with brown streaks.

The Merlin likes to live in open woodlands, marshy areas and open countryside. The Merlin migrates to Alberta as one of their favoured breeding areas and can be seen along Alberta's foothills during their migration, as they will go as far north as the Yukon and Alaska. For the winter months, the Merlin migrates to northern South America, although some have begun to over-winter in the city.

Fun Facts:

• Sometimes the Merlin is called the “Pigeon Hawk” because when flying, it looks like a fast-flying domestic pigeon
• A falcon is a raptor (hunting bird) that has thin pointed wings that let them fly very fast and change direction quickly.
• The Merlin can easily fly at 50 kilometres per hour, and can fly even faster when hunting.
• The Merlin has excellent hearing and eyesight and is a powerful flier.
• The Merlin mostly hunts small to medium sized birds, such as songbirds, but it will also seek out small mammals (such as mice, voles, and bats), reptiles and insects (like dragonflies).

Recycling Tip of the Month: What to Compost

As weekly green cart collection has started, you must be amazed at the amount of food and yard waste that’s accepted in the green cart. Here are five times to remember to include the food from your kitchen clean up.

1. Preparing meals: Instead of throwing out vegetable peels, eggshells and other food scraps, add them to your kitchen pail for composting.
2. Scraping plates: Keep your kitchen pail visible and accessible and encourage everyone at home to help with the clean-up.
3. Cleaning the fridge of spoiled leftovers: Give a second life to food that has spoiled by emptying it into the kitchen pail for composting.
4. Leftover grease and sauces: Use a spatula or paper towel to scrape out excess grease. The paper towel is compostable too.
5. Paper plates and napkins from summer barbecues: If a lot of guests are coming over, line your green cart with a paper yard waste bag and toss the paper plates and napkins inside for a no fuss solution.

Tip: To keep things neat and tidy, line your kitchen pail with a compostable bag or newspaper. You can also give your pail a quick rinse or put it in your dishwasher to clean it out.

For more tips and a complete list of what’s accepted in the Green Cart, visit calgary.ca/greencart.
Summertime Walk for Wellness

Walking is one of the easiest ways to get the exercise you need to stay healthy. Experts recommend at least 2½ hours of moderate activity (such as brisk walking, cycling, or yard work) a week.

You can make walking an important part of your life by getting friends and family to join you and finding new ways to put steps in your day. Joining a walking group and setting goals to walk will help build walking into a regular part of a healthy routine.

Some people like to track their steps through a phone app or a pedometer. Using one of these step counters can help to set short and long-term goals for how much you walk in a day. Other people like to set alarms in their phone to remind them to walk. No matter how you choose to remind yourself to get up and walk, doing a bit each day improves overall health, mood and creates good habits.

Here are some tips to be safe while outside walking:

- Know your surroundings. Walk in a well-lit, safe place.
- Carry a cell phone for emergencies.
- Wear comfortable shoes and socks that cushion and support your feet.
- Pay attention to your walking surface. Use sidewalks and paths.
- If you usually walk outside and the weather is bad, take comfortable shoes to the mall and walk several laps inside.
- Drink plenty of water before, during, and after you are active. Take a water bottle with you when you walk. This is important when it’s hot out and when you do intense exercise.

For more information visit: https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=tp23026&ftp23027
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