THE MISSION _

STATEMENT



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THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION





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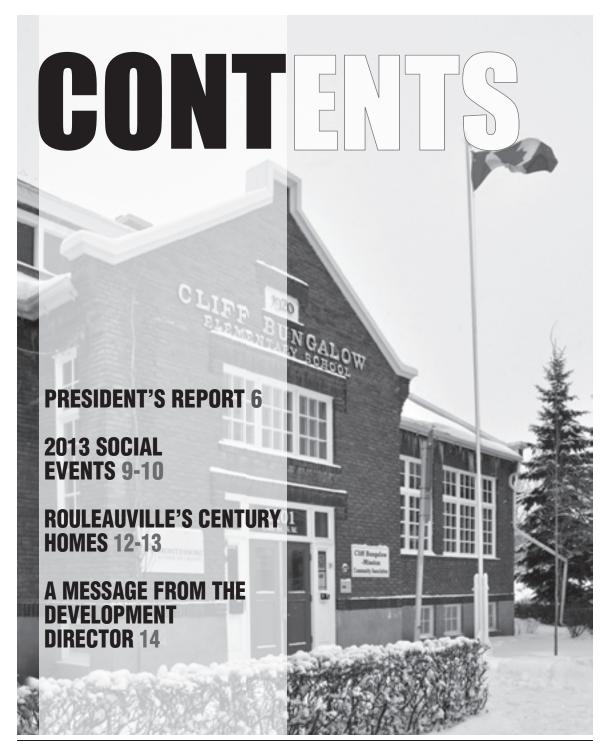
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The Mission Statement

Published monthly by Great News Publishing for the Cliff Bungalow-Mission Community Association.

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Cliff Bungalow-Mission Community Association Mailing Address: 462 1811 4 ST SW Calgary Alberta T2S 1W2 Phone: 403-245-6001 (please leave a message)

www.cliffbungalowmission.com

Twitter: @CBM_CA

Join our Facebook group for all the latest updates on our events.

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We Value Your Contributions

The Mission Statement exists to facilitate communication among residents of the Cliff Bungalow-Mission community. We welcome your articles, stories, letters, announcements, and photos. Your submission in typewritten, handwritten, or photographic print format can be mailed or dropped off at the Community Association mailbox at The UPS Store, 1811 4 Street SW, Suite 462, Calgary T2S 1W2, in an envelope labeled "The Mission Statement". Electronic submissions should preferably be in Word 97-2003 format or as high-resolution jpeg or tiff files, and can be sent to cbmca.editor@gmail.com.

The Newsletter Editor reserves the right to edit all submissions for accurate content, consistency, and length. If headlines to articles are not provided, one will be provided for your submission. All photographs require captions or one will be provided. All photographs must display names of the individuals in the photographs. Permission to publish the photograph or image is required. The name of the photographer and credit for the image is also required otherwise it will not be published. The Committee cannot guarantee the publication of all submissions.





by Martin Brober

Taken from an issue of The Mission Statement in 2002

Our smoke and alcohol free Community Association space is available to suitable groups for meetings, seminars and celebrations at modest rentals, evenings and weekends.

The space features two bright and airy interconnected rooms of 750 sq. ft. each. One has carpet, a small kitchen and serving bar, and a brick feature wall. The other has a hardwood floor. Both have large walls of windows and high ceilings. The facility comes complete with tables and chairs.

We are situated in a park-like setting convenient to public transportation, restaurants, and amenities. Funds generated from rentals are used to support the work of the Community Association.

To view and for rental details, contact zahra_minoosepehr@hotmail.com or call 403-245-6001.

Response to Letter

Thank you for the letter Emily, and congratulations on your win! We appreciate the proud display of the Cliff Bungalow-Mission sash.

EDITORIAL

The Cliff Bungalow-Mission Community Association has a new website! Check it out at www.cliffbungalow mission.com. There are a few things worth noting about the new website; first and foremost, you can now purchase your CA memberships online. This makes things easier for all you computer savvy folks who find snail mail, as I do, an excruciating task. Second, we are hoping to constantly update our pages to give you the most recent news about development in the community, crime & safety reports, and social events of course. Third; please be patient with us as we familiarize ourselves with content and usage; each board member will be responsible for their own content as it pertains to their role in the CA. Let me know what you think! E-mail me cbmca.editor@gmail.com, or write me a letter and send it to our mailing address. I look forward to hearing from

Sincerely,

Sarah

LETTER TO THE COMMUNITY ASSOCIATON

Hi Bob,

Rebecca Dakin [Federation of Calgary Communities Communications & Community Relations] just informed me that I had been awarded the 100th Anniversary Calgary Stampede Flag for displaying the most enthusiasm and energy as a Cliff Bungalow-Mission Association pacer during



the Calgary Stampede Parade. I would like to sign the flag and donate it to the Cliff-Bungalow Mission Association. Can we put it up in the hall?

Emily

PRESIDENT'S REPORT

Milestone Year for the Community Association

By Bob Lang

This is a milestone year for the Cliff Bungalow – Mission Community Association. On November 29, 1978, Cliff Bungalow Community Association was incorporated under the Societies Act of Alberta. Cliff Bungalow is the area west of 4th Street SW. There was a separate Mission District Community Association at that time. It was incorporated in 1951. Mission is the area east of 4th Street SW.

A key impetus for the incorporation of the Cliff Bungalow Community Association was the planning and transportation issues being faced by the community. At that time the image of the community was not as good or as well known as it is now. In short, the value of the community at that time was not recognized.

Also there was a bit of a seedy side to the community. When I moved here (also in 1978), there was a red light house just down the block from my house (yes there was an actual red light in front). I was naive enough that someone had to point it out to me. Nevertheless, I was happy living in this community from the very beginning and I saw the potential of the community. I also recognized the need to preserve and enhance what makes this community special.

Some of you may remember former Prime Minister Joe Clark was not well known when he became Prime Minster and there was a derogatory phrase used by some: Joe who? Well it was much the same for our community: Cliff Bungalow who? I remember attending meetings outside the community and almost no one had ever heard of us. When I moved here, some thought we were part of Lower Mount Royal. The latter was used as a selling feature by realtors.

Our significant heritage was not recognized in those days. Indeed, most Calgarians looked upon this community only as a place to redevelop. We still have those challenges but we are now recognized as a very desirable place to live. Indeed realtors now promote the community when selling properties in the community. When the first Mission Area Development Plan was approved by Council in 1982, the Mission Community As-

sociation gradually became less active and eventually was struck as a registered society. During the process of the review of the Cliff Bungalow Area Redevelopment plan, we had the benefit of well known Harold Hanen, an architect and former City Planner. He grew up in the community, attended Cliff Bungalow School and at that time, the family still owned his childhood home at the northwest corner of 5th Street and Royal Avenue SW. He was someone who always looked at the big picture. He said, from a planning perspective, we should be looking at community planning and transportation issues for Cliff Bungalow and Mission together. So we sent out a notice to Mission residents and held a special meeting to discuss the possibility of combining the two community districts into one community association. Thus on October 15, 1990, the community name was changed to Cliff Bungalow-Mission Community Association and the boundaries included both community districts. This has proved to be a great benefit to both areas and we are now a well known and desirable community.

Also Other Milestones This Year

This year is also a milestone year for me. It marks the 30th year of my involvement in the community association. I do not know the exact date I agreed to be Director at Large but I do have notes from a Board meeting held on January 27, 1983. The meeting was held at the Polarmo's house in the 600 block of 22nd Avenue SW, just a stone throw away from the current community centre. This house is now owned by Nora Stewart and Donn Lovett. We did not have a community centre at that time. We used the Cliff Bungalow School library for community meetings and used community member houses for other meetings and events. The community centre became a reality in 1988. So this year, we will also be celebrating the 25th year of it, yet another milestone.

The total focus of the community association in 1983 was the pending Cliff Bungalow Area Redevelopment Plan which was eventually passed by Council in July 1984. Ralph Klein was the Mayor at that time. We took him on a tour of the community one time during this process. The purpose was to point out the value of the community. Afterwards we went to house of Lynne Thornton, Vice President at the time. We had some wine and a wonderful spread Lynne put out. Ralph stayed a bit longer than planned and ended up bumming a cigarette. He never carried cigarettes as he was trying to stop.

So this is a milestone year from several perspectives. I hope you will help us recognize and celebrate our community this year!

Cliff Bungalow – Mission Community Association

Mailing Address 1811 – 4 Street SW Suite 462, Calgary, AB T2S 1W2





Membership Form

l	(Please I	Print Clearly)	
Name (1)	· 		
Name (2)			
Name (3)			
Street Address			
Suite/Unit #			
Phones (1)	(2)	(3)	
Email (1)			
		_ Mail cheque to address above.	





COMMUNITY CALENDAR

All Events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted

Book Club

February 10 7:00 p.m. Steve Jobs, Walter Isaacson

Potlucks

The second Sunday of each month at 6:00 p.m.; February 10

Movie Nights

Last Sunday of each month; February 24 the Oscars 6:30pm

Jazz Concerts

First Wednesday of the month; Doors open at 7:30 pm; performance starts at 8:00 p.m.

February 6; an evening with the Jazz Winds Composers Collective

Winter Formal

Saturday, February 23

Casino Fundraiser

Monday, February 18 and Tuesday, February 19. Contact Bob Lang to volunteer (rvlang@aol.com, 403-229-2762)

Deadline for Mission Statement Submissions

First of each month. Next deadline is February 1 for March publication.

The Mission Statement is now published monthly. E-mail to cbmca.editor@gmail.com.

For advertising, contact Great News Publishing at 403-263-3044 or sales@great-news.ca.

FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Newsletter Deadline	2
3	4 Heritage Committee Meeting	5	Jazz 6	7	8	9
Potluck Book Club	11	12	13 Development Committee Meeting	14	15	16
17	18 Casino	19 Casino	20	21	22	23 Winter Formal
24 Movie Night	25	26	27 Board Meeting	28		

MARCH

Complement	Manadana.	•	Wadaadaa	********	F. 1	Carlo malana
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Newsletter Deadline	2
3	4 Heritage Committee Meeting	5	Jazz	7	8	9
Potluck Book Club	11	12	13 Development Committee Meeting	14	15	16
17	18	19	20	21	22	23
24 Movie Night	25	26	27 Board Meeting	28	29	30
31						

2013 SOCIAL EVENTS









Community Potluck

Cliff Bungalow-Mission Community Association hosts a monthly community potluck on the second Sunday of month at 6:00 p.m. down at the Community Hall. Bring a dish to share, your own plate, cutlery and mug and share a meal with your neighbors and friends.

February Potluck Sunday, February 10 6:00 p.m. 2201 Cliff Street SW

March Potluck Sunday March 10 6:00 p.m. 2201 Cliff Street SW

Book Club

Cliff Bungalow-Mission Community Association's Book Club is reading Steve Jobs by Walter Isaacson during the month of January and will hold their Book Club event in February. The Book Club event associated with this reading will be a screening of the documentary, Hippy Billionaire following the community potluck. So bring your book, a dish to share, your own plate, cutlery and mug and share a meal with your neighbors and friends followed by some book club fun!

February Book Club Sunday February 10 6:00 p.m. 2201 Cliff Street SW

March Book Club

The Book: The Lighthouse, Alison Moore Dinner at Wiener Schnitzel Haus Restaurant Sunday March 3 7:00 pm Wiener Schnitzel Haus Restaurant

Jazz Concert Series

In partnership with Jan Mulder and other amazing musicians from the Mount

Royal University Jazz Faculty, the Cliff Bungalow-Mission Community Association hosts a monthly Jazz night at the Community Hall normally on the first Wednesday of every month from September to June. This is a very popular event showcasing the premier Jazz talent in Calgary. Doors open 7:30 pm, Jazz 8 pm. Tickets may be purchased at the door: \$10 for CBMCA members, \$15 non-members. This event also features \$1 coffee, tea, pop and water as well as a cash bar.

February 6 7:30 p.m 2201 Cliff Street SW

March 6 7:30 p.m. 2201 Cliff Street SW

Film Night

Cliff Bungalow-Mission Community Association hosts a film night on the Last Sunday of each month at 7:00 p.m at the Community Hall. This is a free community event open to everyone. Each month we feature a documentary and post film discussion. CBMCA works hard to enrich our community discussions by inviting key note speakers, discussion moderators and other guests to out film nights to contribute to our post film discussion

In honour of filmmaking, the February film night will feature the Oscars! We will have popcorn and beverages for \$1.00 but please feel to bring other refreshments or a snack to share. We will play an Oscar game and a prize will go to the winner!

The 2013 Academy Awards will be hosted by, comedian, Seth McFarlane February Film Night February 24, 6:30pm The Oscars! 2201 Cliff Street SW

~Continued next page~

2013 SOCIAL EVENTS CONT'D

March Film Night March 31 Manufactured Landscapes 7:00pm 2201 Cliff Street SW

Winter Formal

Cliff Bungalow-Mission Community Association's premier social fundraising effort is the Winter Formal. This year's Winter Formal will be held February 23, 2013 so save the date! Come and enjoy great music, food, beverages, raffle items and good company all in support of our community's social programming and initiatives. This year's entertainment won Battle of the Bands at Flames Central in 2012! Tickets are \$20 at the door and entrance price includes international variety of appetizers, sweets, coffee, tea, sodas, water and one free entry into an exciting door prizes. Dress is casual, we just want you to come and have a great time with your neighbors. February 23, 7:00 p.m. – midnight 2201 Cliff Street SW

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Volunteers Needed!

Community Casino February 18 and 19

Volunteers are needed for the community casino being held on February 18 and 19, a Monday and a Tuesday. This is the largest fund raising activity for the Community Association and only occurs once every year and a half. The funds are used to pay for such things as rent, utilities (ever increasing), cleaning and maintenance of our community centre plus other community projects. Approximately 60% of our expenses are paid from the Casino funds we generate.

We need to fill 40 volunteer shifts and you can work the both days or two shifts. You do not have to be experienced in working casinos; training and help will be provided. There are two shifts a day, one starting late morning to evening. This is followed by an evening shift to closing time. In addition, there is a late shift (starts around 10 pm) of people who count all the money from the gaming tables. We feed you and there are snacks and non-alcoholic beverages provided. When not busy, you can read, watch a video, do homework, or chat with fellow volunteers. We can pay for babysitting if you require it. We can also provide a ride to and from Cash Casino located at 4040 Blackfoot Trail SE.

If you are interested we need you to sign a volunteer form ASAP. To obtain the form or for any questions, please contact Bob Lang at 403-229-2762 or rvlang@ aol.com.

Your help is much appreciated!



The Cliff Bungalow—Mission

Jazz Concert series

The Cliff Bungalow-Mission Jazz Concert Series provides an ideal opportunity to spend a relaxing evening listening to some great jazz music right in your own community. These concerts feature some of Calgary's best jazz musicians and ensembles.

They take place at the Community Centre on the first Wednesday of every month. Each 2 hour performance starts at 8:00 p.m. (doors open at 7:30 p.m.). Coffee, tea, and other beverages are available. There is a \$15 cover fee for each event (\$10 for students and community association members). Tickets are sold at the door (cash only).

The schedule this year is as follows:

- February 6 An evening with the Jazz Winds Composers Collective
- March 6 Violin player and vocalist Karl Roth
- March 23 Latin Jazz (dance) night with Quinteto Allégria. This is a Saturday evening event. Our Saturday, October 20 event was a sell-out, so plan to get to this event early to ensure entry.
- April 3 Trumpet night with Jon Day and his group
- May 1 An evening with vocalist Johanna Sillanpaa
- June 5 Saxophonist Rick Climans and his quartet

For up to date information on the concerts, please check out: www.janmuldersounds.com/CJPS.htm or call 403-650-7695.

calgaryreads

For the Love of Reading

While Valentine's Day is a great excuse to include in some much needed chocolate during the dark days of winter, it can be a great opportunity to nurture the love of reading in your children. Calgary Reads would like to serve up some fun Valentine-themed literacy activities that kids are going to love:

- Surprise youngsters with a Valentine's Day card with a special message written inside. Have them read it to you.
- Have younger kids write their name on a Valentine's card. Older kids can write a message inside each card and individually label them for each recipient.
- When in the car, look for the letter V on road signs.
- Ask your child to write a list of ten things that they LOVE.
 They can then ask their friends and family what they love most, and figure out what the most popular things are.
- Read Valentine-themed books together. Younger children will love being tucked in with How Many Kisses Do You Want Tonight?, while monkey lovers of all ages will adore the interactivity of Happy Valentine's Day, Curious George.
- Buy candy hearts with words on them and make sentences. Glue the hearts to paper or a picture frame and give to somebody special or just eat them!
- Have your child find and read a recipe for sugar cookies, either in a cookbook or online. Make heart-shaped cookies together and write loving words on them with tubed icing.
- Younger children can visit Starfall.com to make electronic Valentine's cards.
- Make Mad Libs Valentine scrolls by cutting Mad Libs sheets from a booklet, rolling them up and tying them with string. After exchanging scrolls with their friends, kids can fill in the blanks, read them to each other, and laugh at the silly stories.
- For a special sugar-free treat, download a Valentinethemed app. Bestkidsapps.com has compiled several age-appropriate apps that help develop reading skills.

There are so many ways to encourage your child's love of reading this Valentine's Day. Indulge!

Calgary Reads helps kids learn to read. Our primary program trains volunteer tutors to work one-on-one with struggling young readers.

ROULEAUVILLE'S CENTURY HOMES

Growth of the Mission settlement to the town of Rouleauville (Part 2 of a 3 part series)

by Marilyn Williams

Last month we talked about the establishment of the Mission. The most prominent citizens of this community were brothers Charles-Borromée and Édouard-Hector Rouleau who carried on Father Lacombe's vision of a French-speaking and Catholic community. Charles Rouleau was born in 1840 at L'Isle Verte, Québec. A 19th-century Canadian politician, lawyer, judge and writer, he served as Stipendiary Magistrate and was appointed Justice of the Supreme Court of the NWT. His beautiful mansion on 19th Avenue, Castel aux Prés, is no longer extant, but has been replaced by the lovely Athlone Apartments (Leah Manor). In autumn 1899, the settlement was incorporated as the Village of Rouleauville, named in honour of the contributions of brothers Charles and Édouard Rouleau, From 1899 to 1907, a complete town existed, with church and presbytery, school, convent, hospital, residences and commercial enterprises.



Photo by Rick K. Williams

Edouard Rouleau House 141 18 AV SW 1885

Charles' brother Édouard was for many years surgeon to the local North West Mounted Police detachment. He was also appointed as Belgian Counsel for the NWT, a position he held for fifteen years. He was founding member and first president of La Société Saint-Jean-Baptiste in 1888. Hector and his wife Catherine lived on the north side of St. Joseph Street, across from the church (the house was moved behind the parish hall

to make way for a parking lot). Here, their four children grew up in a bilingual Catholic environment. A devout Roman Catholic, Édouard involved himself heavily in Calgary's Catholic religious life. He served on the separate school board from 1889 to 1912, was an active member of the Knights of Columbus and the chancellor of the Catholic Mutual Benefit Association. His son, Albert, was the first native-born priest ordained in the Calgary diocese. His daughter Albertine spent her adult life as a nun with the Sisters, Faithful Companions of Jesus. In 1899 the area was incorporated as the Village of Rouleauville in recognition of the two brothers.



Photo by W. DeBoni

St. Mary's Convent 219 19 Ave. SW 1893

The order of the Fidèles Compagnes de Jésus (Faithful Companions of Jesus or FCJ) was founded 1820 in France by Marie Madeleine d'Houet. Mother Mary Green and a group of FCJ sisters arrived in 1885 from Saint-Laurent, Manitoba in response to an invitation by Bishop Grandin. Their bilingual order, composed of French and Irish women, assured the education of the children and the care of the sick. This courageous group of women established the very first educational structures in Calgary. The sisters were well versed in European languages, music and culture and were able to provide a good school and classic French Education for the Mission's growing community. The sisters named

Western Coffee Shop stays old school in

face of a changing Mission neighbourhood

By Lisa Wilton, Metro Calgary

Link to original article:

http://metronews.ca/news/calgary/468712/western-coffee-shop-stays-old-school-in-face-of-a-changing-mission-neighbourhood/#

When Shawn Petsche moved to Calgary seven years ago, one of his first stops was a non-descript greasy spoon café on the corner of 4 St. and 21 Ave. S.W.

The Western Coffee Shop, he was told by friends living in the Mission district, was a community staple and the friendliest place in the neighbourhood.

"It was my introduction to Calgary," recalls the Montreal native, who now frequents the Western about three times a week.

Petsche says he got hooked on the café when he tried its black bean chicken and peppers on rice — a dish his mother would make once a week.

"I kind of joked about having a surrogate mom," he says, speaking of co-owner May Lui.

"But as I was finishing my meal she said, 'You're not done until you eat your vegetables.' I was like, 'Oh, I actually do have a surrogate mom now."

To show his gratitude, Petsche has set up a Facebook event page to encourage people to come to the Western on Saturday to celebrate two decades of Lui and her cousin William Wu running the café.

"They've been on that corner, quietly nourishing the neighbourhood for 20 years and I just thought they deserved some recognition," says Petsche.

Lui arrived from Hong Kong in 1989 and three years later she and two friends bought the Western Donut Shop. After a year, however, her business partners returned to Hong Kong and Lui asked Wu to help her come up with a new menu sans doughnuts.

"Nobody liked the doughnuts," she says with a laugh. "So we changed the kitchen. Fifteen years ago we were the only ones who had breakfast on this street. We were the first ones."

Lui admits business has slowed a bit over the past few years, partly due to the influx of trendier breakfast joints around the city and other nearby pubs and restaurants offering brunch menus on the weekends.

But she says she is happy enough serving her dedicated regular customers, which include lawyers, architects, students and blue-collar workers.

"I know I can't make any money," she says.

"But I'm happy with the customers here. They come all the time. They're like old friends. I still like coming into work."

-reprinted with permission from Metro News.

ROULEAUVILLE'S CENTURY HOMES CONT'D

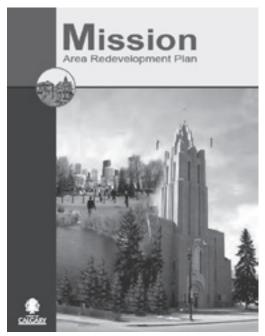
the former mission Sacred Heart Convent after their old convent in Saskatchewan. By 1888 the number of pupils had grown to 90, and there was need for a larger convent and school. The earliest wing of this convent (west wing) was built 1893 and has been a home to the FCJ sisters since that time. In addition it has been a school and also a residence for girls, although after St. Mary's School was constructed in 1909 the convent was

used solely as a residence. Today, the sisters open their home to offer conference space, retreats and spiritual and social services.

In March we will look at the annexation of Rouleauville, some of the prominent residents of Mission and Cliff Bungalow who continued to promote and establish francophone cultural organizations, and one of their Century homes.

A MESSAGE FROM THE DEVELOPMENT DIRECTOR DEVELOPMENT WATCH

by Rick Williams



I would like to remind residents of Cliff Bungalow-Mission of some of the vital Planning links available on our website at www.cliffbungalowmission.com. These documents allow everyone the opportunity to see the references that are considered by the Planning Authority of the City of Calgary, and the

documentation and guidelines that your community association uses in the planning process. As I mentioned in my article last month there are links to the Land Use bylaw, Direct Control bylaws governing certain areas, City planning documents and departments, and the Area Redevelopment Plans for Mission and Cliff Bungalow.

There have been a number of applications for development permits submitted to the City of Calgary over the last month. The deadline for comments on these specific Development Permit (DP) applications will have passed at the time of this newsletter publication but I hope to be able to post real-time submissions on our website shortly.

Development Permit applications have been submitted for the following sites:

- SB2012-0501 2325 CLIFF ST SW Sub-division of a portion of Natural Area Park in a sale to private developer at the top of the escarpment on Hillcrest Rd.
- DP2012-6216 2212 4 ST SW; Mucho Burrito outdoor speakers and exterior lighting.
- DP2012-5088 222 25 AV SW; Revision: senior citizens housing (dwelling unit)
- DP2012-5351 2310 Cliff ST SW; Relaxation AC equipment (existing)
- DP2012-5383 309 18 AV SW; New apartment building (50 units)
- DP2012- 5366 1918 5A ST SW; Demolition of three homes with multiple suites to be replaced by new multi-residential: one building of 4 units plus garage.





Tiger in the Sky

by Cheryl Bowman

The Great Horned Owl is the most common owl in North and South America. These magnificent birds are most recognized by their 'plumicorns' which resemble horns or cat like ears. These raptors are very adaptable using several different types of hunting skills to capture their prey as well as having a wide variety of prey.

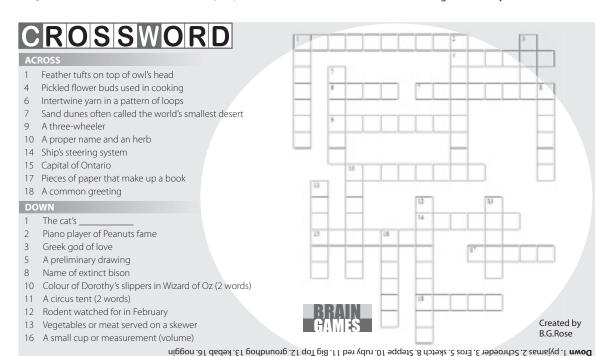
It is this adaptability for hunting that they received their nickname 'Tiger in the Sky'. The Great Horned Owl will dive, wings bent, talons outstretched to silently capture unsuspecting prey, including prey that outweighs the bird itself. They also swoop low along the ground to grab any variety of smaller prey and interestingly they are known to walk along the ground to capture yet other types of prey.

The Great Horned Owl is a solitary bird except for mating. It is at this time that the smaller male owl will roost close to the nest of the larger female until all the young fledge, and at this time will again leave. The owls do not build their own nests but rather prefer other bird nests.

The most common injury the Calgary Wildlife Rehabilitation Society sees in these raptors are injuries from window strikes or of being hit by a vehicle. Owls that are received with injuries from window strikes have a better chance of rehabilitation. Owls brought in with injuries from a vehicle strike are more difficult to rehabilitate due to broken bones and open fractures.

Should you find an injured Great Horned Owl, please call the Calgary Wildlife Rehabilitation Centre at 403-266-2282 as soon as possible for further instruction. These are powerful birds and must be handled with care, however every moment counts.

If you catch a glimpse of the Great Horned Owl in their natural environment, remain quiet and still and enjoy the wonder of this beautiful Tiger in the Sky.



Across 1. plumicorns 4. capers 6. yarn 7. Carcross 9. tricycle 10. Rosemary 14. rudder 15. Toronto 17. pages 18. hello





Memorial Park Library

1221 2nd St. SW Telephone:

General Inquiries 403-260-2600 Program Registration 403-260-2620 www.calgarypubliclibrary.com

JANUARY - FEBRUARY 2013

Baby Bookworms

Grow a reader with books, rhymes, and songs you'll have fun sharing with your little one. Presented by Cenovus Energy.

Ages 6 to 23 months with a parent/caregiver Fridays, until Feb. 15
10:30 - 11:15am

ESL Conversation Club (Intermediate)

Practice your English listening and speaking skills, and learn about the Library's many resources.

Mondays, Jan. 28 to Mar. 18 2:30 - 4:30pm

Reading Buddies

Teen volunteers and Library staff provide one-on-one reading support and fun literacy activities for readers in Grades 1 to 3. Ages 5 to 8.

Tuesdays, Jan. 29 to Mar. 19 4:00 - 5:15pm

Spanish Conversation Club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills. Ages 16 and up.

Wednesdays, Jan. 30 to Mar. 20 6:00 - 7:30pm

Career Basics: Enhancing Your Job Search through Social Networking

Learn how to set up and use the on-line networking sites, LinkedIn, Facebook and Twitter, to boost your job search campaign. Workshops are led by professional career practitioners from Bow Valley College's Career Connection.

Sat. Feb. 23 1:00 - 3:00pm

Unconditional love...

Give yourself a gift this Valentine's Day and "Fulfill two needs with one deed"! Get unconditional love from a new furry friend while also providing a much needed forever home for a cat or dog. Adopting from The City of Calgary Animal & Bylaw Services will provide both.

Health benefits of having a pet:

- Improve your mood
- Reduce your stress level
- Control your blood pressure
- Boost your immunity
- Stave off loneliness

Animal & Bylaw Services makes it easy to adopt a pet.

New adoption procedures for cats and dogs:

- View adoptable cats and dogs at calgary.ca/animal services
- First come, first meet
- Appointments are no longer required.
- Come to the Animal Services Centre at 2201 Portland Street S.E.

Seniors for Seniors:

Seniors (age 60 or older) get a 60% discount when adopting a senior cat or dog (age 7 or older), resulting in a cost of only \$60 to adopt a cat or \$80 to adopt a dog.

Gift certificates:

Are you thinking about giving someone a cat or dog for a special occasion? We strongly encourage you to give an Animal & Bylaw Services gift certificate instead. We believe that choosing a pet is an important personal decision and owning a cat or dog is a responsibility for the lifetime of that pet.

Gift certificates give potential pet owners time to choose the best cat or dog for their home and lifestyle. Gift certificates can be purchased in any denomination and can be used towards the adoption of a cat, dog or towards the cost of a pet licence.

For more information, visit calgary.ca/animalservices and search adoptable cats or dogs.





February Is Heart Month

Do you know the signs and symptoms of a heart attack and what to do if someone experiences these? Knowing can make the difference between life and death.

Recognizing and responding immediately to the warning signs of a potential heart attack can significantly improve survival and recovery. **February is Heart Month** - take the time to be heart safe and learn how you can reduce your risk.

Know the signs of a heart attack

(Any or all of these signs & symptoms may occur)

- Chest pain described as crushing, squeezing, pressure or chest heaviness;
- Pain that moves beyond the chest such as shoulder, arm, neck or jaw pain;
- Shortness of breath, sweating or nausea and vomiting.

Reduce your risk

Heart attack risk factors include:

- Obesity
- Sedentary lifestyle
- Smoking
- · High cholesterol
- · Age / Gender
- Family history

Speak with your doctor about how to treat your modifiable risk factors and learn to be heart safe.

What to do when seconds count

- Call 9-1-1 immediately. Early treatment can greatly reduce heart damage and make the difference of life and death.
- Treatment starts the moment EMS arrives. Paramedics can provide oxygen, start an intravenous and perform an electrocardiogram (ECG).
- Paramedics can also administer important medications in the early minutes of a heart attack to lessen heart damage.
- During transport, EMS will also share information with the hospital so definitive treatment can begin immediately on arrival.
- Take a CPR/AED (automated external defibrillator) course. Training is widely available from many reputable organizations. It's easy, inexpensive, and only takes a few hours.

Fostering safe communities...

RV Parking Tips

For winter campers or those lucky enough to be traveling somewhere warm to avoid Calgary's weather, here are a few reminders when parking your RVs:

Under the Calgary Traffic Bylaw 26M96:

- RVs registered to a City of Calgary address can be parked on the street, directly adjoining the owner's residence, for up to 36 consecutive hours.
- After 36 hours, the RV must be moved to an off-street location for at least 48 consecutive hours before being parked again on the street adjoining the owner's or operator's residence.
- While parked on the street, RVs should be parked in a manner that is safe and does not constitute a hazard for anyone using the street.
- RVs may not be parked on the street at any time if detached from the vehicle used to haul them.

Under the Land Use Bylaw 2P80:

• Recreational vehicles can be parked on front property or driveways for up to 24 hours.

GAMES SUDOKU

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FIND YOUR SOLUTIONS ONLINE AT WWW.GREAT-NEWS.CA



Winter Outdoor Recreation SW

SW CALGARY OUTDOOR COMMUNITY RINKS

Most of these outdoor rinks are maintained by volunteers.

Open depending on winter conditions and volunteer availability.

Aspen Woods Community Outdoor Rink 277 Strathcona Drive SW

Braeside Community Outdoor Rink 11024 Braeside Drive SW

Canyon Meadows Community Outdoor Rink - 848 Cantabrian Drive SW

Cedarbrae Community Outdoor Rink - 11024 Oakfield Drive SW

Chinook Park/Kelvin Grove/Eagle Ridge Outdoor Rink

1015 - 73 Avenue SW

Elbow Park Community Outdoor Rink 800 – 34 Avenue SW

Elboya Heights Community Outdoor Rink - 416 Park Avenue SW

Glamorgan Community Outdoor Rink 4207 – 41 Avenue SW

Glendale/Glendale Meadows Outdoor Rink - 4500 – 25 Avenue SW

Haysboro Community Outdoor Rink 1204 – 89 Avenue SW

Killarney Glengarry Community
Outdoor Rink - 2828 – 28 Street SW

Kingsland Community Outdoor Rink 505 – 78 Avenue SW

Lakeview Community Outdoor Rink 6110 – 34 Street SW

Palliser/Bayview/Pumphill Community Outdoor Rink - 2323 Palliser Drive SW

Parkhill Stanley Park Community Outdoor Rink - 4013 Stanley Road SW Richmond Knob Hill Community
Outdoor Rink - 2433 – 26 Avenue SW
Rosscarrock Community Outdoor Rink
4411 – 10 Avenue SW

Rutland Park Community Outdoor Rink 3130 – 40 Avenue SW

Scarboro Community Outdoor Rink 1727 – 14 Avenue SW

Shaganappi Community Outdoor Rink 2516 14th Ave SW

Shawnessy Community Outdoor Rink 224 Shawmeadows Road SW

South Calgary Community Outdoor Rink - 3130 – 16 Street SW

Southwood Community Outdoor Rink 11 Sackville Drive SW

Sunalta Community Outdoor Rink 1627 – 10th Avenue SW

Westgate Community Outdoor Rink 4943 – 8 Avenue SW

Wildwood Community Outdoor Rink 4411 Spruce Drive SW

Wood Creek (Woodbine/Woodlands)
Outdoor Rink -1991 Woodview Drive SW

CITY OF CALGARY OUTDOOR FAMILY SKATING RINKS

Olympic Plaza - 228 8 Ave. SE

Prince's Island Lagoon 4th Street & 1st Ave SW

TOBOGGANING AND SLEDDING

Safety first! Always remember, helmets on heads!

Tobogganing is an activity that you do at your own risk.

Please note: All listings are weather dependent

Glendale Park 25 Ave. and 45 St. SW (west side) Kingsland - dry pond - Heritage Drive SW behind the Rose Kohn/Jimmie Condon Arenas

Richmond Green - 33 Ave. and 25 St. SW

Sacramento - dry pond

Sacramento Dr. and 104 Ave. SW

Scarboro - 15 Ave. and 16 St. SW

Signal Hill - Sirocco Dr. and Signal Hill Hts. SW

Stanley Park - 4011 1A St. SW

CROSS-COUNTRY SKIING

Groomed cross country skiing areas in Calgary

The following cross-country skiing areas in Calgary are track set by a machine for easier skiing and maintained by Calgary Ski Club volunteers.

Shaganappi Point Golf Course 1200 26 St. SW

Maple Ridge Golf Course 1240 Mapleglade Dr. SE

Ungroomed areas in Calgary

Several parks and schoolyards Offer cross-country skiing opportunities, but unless it's immediately after a snowfall, skiable areas can be rough due to competing uses such as pedestrians, dog walkers and cyclists. Ungroomed areas include:

Weaselhead Natural Environment Park 66 Ave. and 37 St. SW

Edworthy Park - 5050 Spruce Dr. SW (Bow Tr. & Spruce Dr. SW)

Fish Creek Provincial Park

North Glenmore Park 7305 Crowchild Tr. SW

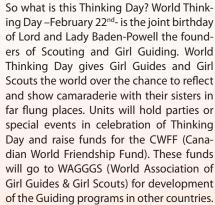
South Glenmore Park 90 Ave. & 24 St. SW

Guides Canada

BLACKFOOT DISTRICT



Happy Thinking Day!





Blackfoot District will be hosting a bridging roller skating night for all its members. This is an event sure to be filled with spins and thrills-can you do the Hokie-Pokie on roller skates? Many of our units will be attending the Calgary Area Thinking Day event at Knox united Church in celebration of the 100th anniversary of Guiding in Alberta.

The Spark units will be enjoying the outdoors, celebrating Valentine's Day with cupcakes and cards, and learning about Guides from around the world.



The Brownie units will be celebrating Thinking Day through games, songs, dances and crafts from our sister Guiding countries.

The Guide units will be learning about the 4 World Guiding Centres by participating in activities from Mexico (Our Cabana), India (Sangam), Switzerland (Our Chalet) and England (Pax Lodge) in celebration of Thinking Day.

The Pathfinder and Ranger units will be completing a penny challenge to raise money for the CWFF, prepping for winter camping, having a movie night and planning for upcoming trips to Our Chalet and Pax Lodge.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try. Calgary Area Girl Guides 403-283-8348 /ggc info@calgarygirlguides.com.

Girl Greatness Starts Here!



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MLA, CALGARY-ELBOW ALISON REDFORD

Office of Alison Redford #6, 22 Richard Way SW | Calgary, AB T3E 7M9 T: 403.252.0346 | F: 403.252.0520 Calgary.elbow@gov.ab.ca

Dear Friends,

It is hard to believe that it's already February! As we move forward in this New Year, I want to let you know what your provincial government is doing to keep Alberta strong and to provide an even better quality of life for you and your family.

Transit continues to be a significant issue for Calgary's growing population. Funding for Calgary's LRT projects reinforces our government's commitment to supporting municipalities. I was very pleased to attend the opening of the new west leg of the LRT system in December, of which the government provided nearly \$1.3 billion in funding.

Our government is also committed to being transparent and accountable. In keeping with that promise, we brought in Canada's toughest expense disclosure policy, one that applies to cabinet ministers and their senior staff, as well as senior officials across government and all agencies, boards and commissions.

The new online expense disclosure website became available in December. This new site sets the standard in providing access to travel and expense claims and allows all Albertans the opportunity to see for themselves expense claims and receipts.

In the coming weeks, the government will introduce its budget for 2013-2014. You have probably heard by now that there are challenges on the fiscal front. Energy royalties account for almost 30 per cent of Alberta's budget and help pay for the services we all care about, like health care and education. The effect of crude oil discounts between the North American and world price are significant and cost the province millions in lost revenue daily. We have a lot of hard work ahead and our budget will need to show specific, disciplined actions that will allow us to meet the needs of our rapidly growing province.

As your MLA, I am committed to engaging with you and listening to your ideas, concerns and priorities. Should you have questions or concerns, please don't hesitate to contact my constituency office. I hope to hear from you soon!

Kind regards,

Alison Redford



MLA. CALGARY-BUFFALO

Constituency Office #130, 1177 - 11 Avenue SW Calgary, AB T2R 1K9 Phone: 403-244-7737 • Fax: 403-541-9106 calgary.buffalo@assembly.ab.ca

When Premier Redford took office I was extremely hopeful for our province. She ran under a progressive banner and things looked a little brighter despite the fact that we play on different teams. However, things in Alberta are looking kind of tough right now but, I know that in the main it is not her fault. When she became Premier she inherited the decades of problems created by some of her predecessors. Ms. Redford's most pressing problem is our current fiscal crisis.

Without a reasonable fiscal structure, a government, even a society, cannot do things to forward its objectives. Our fiscal structure was in the main set up by Ralph Klein and Stockwell Day. Ralph and Stockwell thought they had it all figured out. They thought it would be wise for Alberta to be the only jurisdiction in North America to have a flat tax – a system that sees a person making \$1 million a year pay the same rate of tax as somebody making \$30,000 a year. Moreover, they deregulated the energy market and lowered the corporate tax rate to be the lowest in Canada. I guess there was always another election to win. This fiscal structure was put in place when Natural Gas was selling at \$12 and the government of the day was awash in revenues. To make matters worse, they had abandoned Peter Lougheed's notion of saving at least 30% of our non-renewable resource revenues for the future. Accordingly, we're stuck with a fiscal structure that doesn't adequately pay for our services today and does not save for our future generations. Unfortunately, the premise was "let future generations worry about themselves, they don't vote anyway."

Because of past decisions and the fact that the days of \$12 natural gas are long gone, we're in a bind. As an example, if Alberta were to adopt British Columbia's tax structure, the 2nd lowest tax regime in Canada, we could be bringing in approximately \$11 billion more in revenue annually. \$11 billion could eliminate deficits, build schools, pave roads and reduce lines in emergency wards. Think about it: people paying for what they use

through taxation and not by spending all of our non-renewable resource revenues.

I realize that changing the fiscal structure would be difficult. Most citizens, including myself, don't want to pay taxes and want to be in and out of the emergency room inside of 2 hours. However, if we as a province are ever going to get out of this cycle of slashing budgets every time we see a downturn in the economy (much less save for a day when our oil and gas eventually runs out) we must turn the page on our outdated and illogical fiscal structure. Some prominent Progressive Conservatives such as Lee Richardson, Ron Liepert, and Mel Knight have even started to discuss this option. I hope that Premier Redford does what she knows is right, regardless of it being politically difficult; history will be the judge. Besides, I know she would rather govern more like Peter Lougheed than like Ralph Klein.





These sweet little heart-shaped candies are also known as Sweethearts or Love Hearts, and are imprinted with short, sweet sayings like "Be Mine" and "I Love You". They date back to the 1860s, when NECCO (New England Confectionery Company) began printing sayings on candy.



Deadline – 1st of each month Contact news@great-news.ca

◆ Free announcements: lost/found, for sale, wanted, garage sale, etc ◆ Forty word limit

DOG WANTED: To occasionally accompany me on an evening or weekend walk. Unfortunately, I can't have a pet of my own. So, if you have a dog that doesn't get out and about regularly, I can help. Contact Susan 403.992.1127.



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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
Ambulance (AHS) – Non Emergency	403.261.4000
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Care	403.955.6200
South Calgary Urgent Care	403.943.9300
OTHER	
Calgary Humane Society	
(Injured & Stray Pets)	403.250.7722
Calgary Parking Authority	
(Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Senior's Resource	
(SeniorConnect)	403.266.6200
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403.705.3246
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878

Need-a-Doctor www.needadoctorcalgaryandarea.ca

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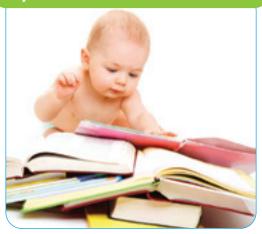
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