

THE MISSION

JANUARY 2013

# STATEMENT



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THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



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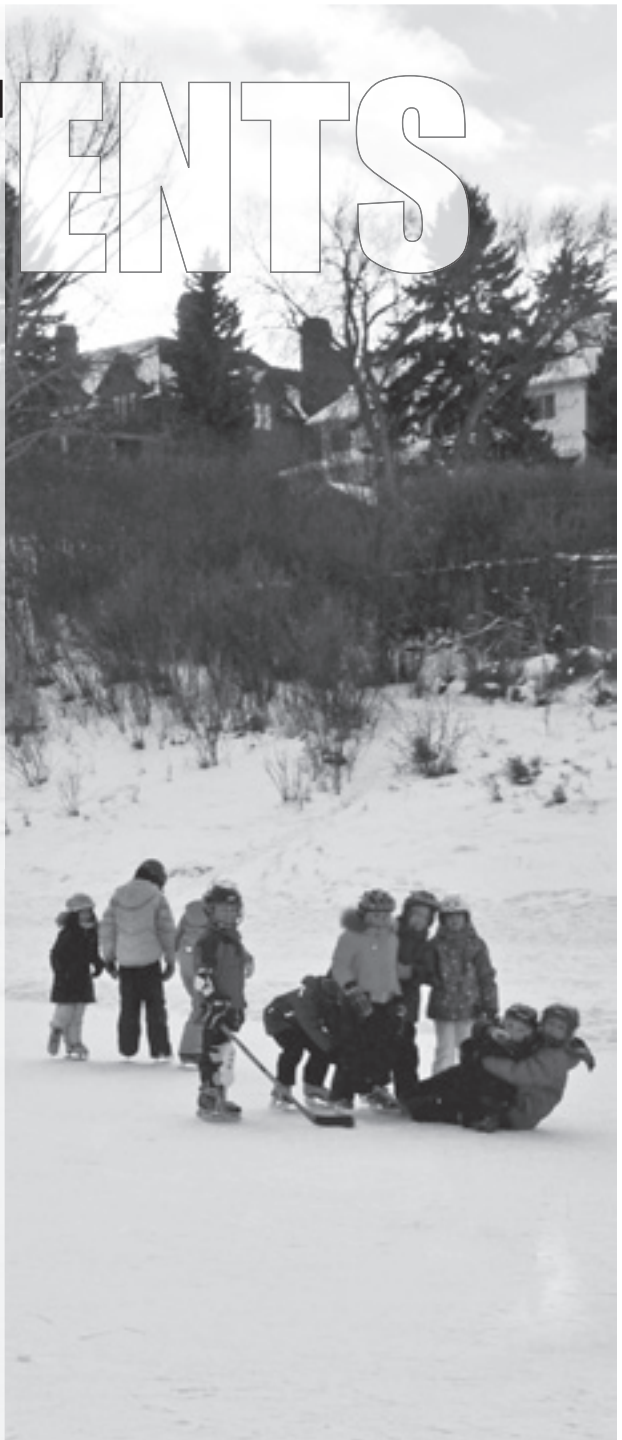
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# The Mission Statement

Published monthly by Great News Publishing for the Cliff Bungalow-Mission Community Association.

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## CONTACT US

Cliff Bungalow-Mission Community Association  
Mailing Address: 462 1811 4 ST SW Calgary Alberta T2S 1W2  
Phone: 403-245-6001 (please leave a message)  
www.cliffbungalowmission.com  
Twitter: @CBM\_CA  
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### BOARD OF DIRECTORS

President	BobLang	rvlang@aol.com
Vice President	Jan Pugh	cbmca.facility@gmail.com
Secretary & Membership	Philip Lozano	Cbmca.secretary@gmail.com
Treasurer	Trafford Crump	Cbmca.treasurer@gmail.com
Development Director	Rick Williams	Cbmca.development@gmail.com
Heritage Director	Marilyn Williams	Cbmca.heritage@gmail.com
Environment Director	Evan Woolley	Cbmca.environment@gmail.com
Social Director	Corinne Ofstie	Cbmca.social@gmail.com
Crime & Safety Director	Michael Foster	Cbmca.crime@gmail.com
Communications Director Newsletter Editor	Sarah Hbeichi	Cbmca.editor@gmail.com
Community Garden Coordinator	Georgina Jamieson	cbmcagarden@yahoo.ca
Hall Rentals	Zahra Minoosepehr	Zahra_minoosepehr@hotmail.com

## We Value Your Contributions

The Mission Statement exists to facilitate communication among residents of the Cliff Bungalow-Mission community. We welcome your articles, stories, letters, announcements, and photos. Your submission in typewritten, handwritten, or photographic print format can be mailed or dropped off at the Community Association mailbox at The UPS Store, 1811 4 Street SW, Suite 462, Calgary T2S 1W2, in an envelope labeled "The Mission Statement". Electronic submissions should preferably be in Word 97-2003 format or as high-resolution jpeg or tiff files, and can be sent to cbmca.editor@gmail.com.

The Newsletter Editor reserves the right to edit all submissions for accurate content, consistency, and length. If headlines to articles are not provided, one will be provided for your submission. All photographs require captions or one will be provided. All photographs must display names of the individuals in the photographs. Permission to publish the photograph or image is required. The name of the photographer and credit for the image is also required otherwise it will not be published. The Committee cannot guarantee the publication of all submissions.

Sarah Hbeichi  
Cbmca.editor@gmail.com

**Editorial  
Content  
DEADLINE**

**1<sup>st</sup>**  
of each month  
for the next  
month's  
issue



## EDITORIAL

I have to admit this new newsletter format is going to take some getting used to! Please bear with us while we trial and error our way through the next few issues. The Cliff Bungalow-Mission Community Association wants this newsletter to be your source for events, activities, volunteer opportunities, and information about the community, and that's what matters to the Board most, so thank you for reading and please do contribute. You do not need to be a professional writer or photographer. Perhaps you like to draw, or write poems. This newsletter is about the community for the community so please share your stories with us and ask yourselves, what makes this community great?

You know what I think makes this community great? It's the events that we put on. In November the Cliff Bungalow-Mission CA held a Calgary Centre City By-Election "All" Candidates Forum at the Community Hall. This idea was brought to us by one of our Board members, Ron Singer and was organized by Evan Woolley, our Environment Director. This event generated a lot of media attention; the hall was swarming with cameras and our twitter feed was off the hook (I am not sure you can say that about a twitter feed but none-the-less it was certainly very active, with constant tweets and retweets with the hashtag yycentre). The hall was packed with people, who were cheering, clapping, booing, and for those of you political geeks like me, it was a great time, and was very informative. Nothing makes me happier than people coming to get to learn, and engage on the things that matter to them most.

In our January issue: Details on our Winter Formal (I urge all of you to come to this event, it is a great time and one that has become tradition for the community), a heartfelt article by our Development Director, Rick Williams; plus: meet the new Board! We had the best turn-out to our AGM this year, and our Board is now full, including five Directors at Large! I mean stuff like this makes me feel all warm and fuzzy.

*Sincerely,  
Sarah Hbeichi, Your CA Editor*

**VOLUNTEERING....**  
*Good for the Soul*

## Letter to the Editor

One of the business owners in Mission, Dr. Darrell Goldfelt wrote this:

*Hi Sarah. The ad in the new Mission Statement looks great. Thanks for all your help. Darrell*

We love to hear from you! Send your letters to [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com).



## EXCELLENT MEETING SPACE AVAILABLE

*by Martin Brober*

*Taken from an issue of The Mission Statement in 2002*

Our smoke and alcohol free Community Association space is available to suitable groups for meetings, seminars and celebrations at modest rentals, evenings and weekends.

The space features two bright and airy interconnected rooms of 750 sq. ft. each. One has carpet, a small kitchen and serving bar, and a brick feature wall. The other has a hardwood floor. Both have large walls of windows and high ceilings. The facility comes complete with tables and chairs.

We are situated in a park-like setting convenient to public transportation, restaurants, and amenities. Funds generated from rentals are used to support the work of the Community Association.

To view and for rental details, contact [zahra\\_minoosepehr@hotmail.com](mailto:zahra_minoosepehr@hotmail.com) or call 403-245-6001.

# PRESIDENT'S REPORT

## Annual General Meeting

The Annual General Meeting held on November 28 was a great success. There may have been even more people than last year.

The following people were elected to the Board:

- President – Bob Lang
- Vice President – Jan Pugh
- Secretary – Philip Loranzo
- Treasurer – Trafford Crump
- Communications Director – Sarah Hbeichi
- Planning & Development Director – Rick Williams
- Heritage Director – Marilyn Williams
- Environment Director – Evan Woolley
- Social Director – Corinne Ofstie
- Crime & Safety Director – Mike Foster
- Directors at Large – Brendan Baines, David Delwaski, Jeff Pugh, Ron Singer, and Howard Zarvie

We actually had six candidates for Director at Large. Inadvertently I missed Auvo Wahlberg's name. We have a limit of 15 Directors so Auvo will serve as a non-voting Advisor to the Board.

Thank you to everyone who attended and helped to make this AGM a success. Thank you also to everyone who made this last year a great year.

## Thank You Local Businesses

There were several local businesses that helped to make the AGM a success:

Servus Credit Union contributed \$200 towards the AGM. We now do our banking at Servus Credit Union located at 716 17 Avenue SW.

Earl's provided an excellent spread for all to sample. Bin 905 provided some wine. Big Rock provided some of

their products. And Purple Perk provided their delicious coffees.

Thank you to all these community minded businesses.

## Community Hero Awards

Leslie Evans, Executive Director of the Federation of Calgary Communities, presented Community Hero Awards to seven key players in the fund raising and construction of the new children's playground located on the south side of the community centre. The people recognized were:

- Alexandra Burroughs
- Lori McArthur
- Carol-Ann Brown
- Carter Siebens
- Patti van Zeyl
- Christine Smith
- Marilyn Williams

This state of the art playground is a wonderful asset that will serve this community for many years to come. Thank you to everyone who made this new playground possible.

## Memberships

Many people bought their 2012 – 2013 membership at the Annual General Meeting. Our membership year is from AGM to AGM. If you were not able to attend the AGM, you can use the coupon in this newsletter to send in your membership purchase or renewal. We appreciate your support. Remember to print your information very clearly so we can e-mail you information on upcoming activities and mail you the notice for the next AGM.

## New Website is coming soon

Sarah Hbeichi, our Communications Director showed those attending our AGM the work in progress new community association website. The new website will be live very soon and will allow us to update the information much more easily so the information will be more current. You will also be able to purchase your membership online.

## Lots of Activities

There are a lot of monthly community activities that serve a wide range of interests such as Jazz nights, Pot-lucks and Movie Nights. In addition, there are special events such as the Winter Formal scheduled for Saturday, February 23. I hope you come out and enjoy these events right in your own community to which you can walk. Leave the car at home and enjoy a night out close to home.

*Bob Lang*

2013 Coaches Convention  
EVERYONE WELCOME!  
February 2 & 3, 2013  
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Tim Hortons

# Cliff Bungalow – Mission Community Association

Mailing Address 1811 – 4 Street SW  
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## Membership Form

(Please Print Clearly)

Name (1) \_\_\_\_\_

Name (2) \_\_\_\_\_

Name (3) \_\_\_\_\_

Street Address \_\_\_\_\_

Suite/Unit # \_\_\_\_\_ Postal Code \_\_\_\_\_

Phones (1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_

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Membership Cost: Single \$5 \_\_\_\_ Family \$10 \_\_\_\_ Mail cheque to address above.



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# COMMUNITY CALENDAR

All Events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted

## Book Club

Jan 6<sup>th</sup> at Chapters in Chinook Mall. A Silent Cheer: Against the Odds by Emily Roback

## Potlucks

The second Sunday of each month at 6 pm

## Movie Nights

Last Sunday of each month at 7 pm; January 27: The Pruitt-Igoe Myth, an Urban History

## Jazz Concerts

January 9: featuring the Mount Royal University Faculty.

Doors open at 7:30 pm; performance starts at 8 pm. Come early as this group sold out last year.

Please note: Following the month of January the Jazz Concert Series runs every first Wednesday of the month

## Winter Formal

Saturday, February 23

## Casino Fundraiser

Monday, February 18 and Tuesday, February 19. Contact Bob Lang to volunteer (rvlang@aol.com, 403-229-2762)

## Deadline for Mission Statement Submissions

First Wednesday of each month Next deadline is January 2 for February publication.

The Mission Statement is now published monthly. E-mail to [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com).

For advertising, contact Great News Publishing at 403-263-3044 or [sales@great-news.ca](mailto:sales@great-news.ca).

JANUARY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Newsletter Deadline	3	4	5
6 Book Club	7	8 Jazz	9	10	11	12
13 Potluck	14	15	16	17	18	19
20	21	22	23	24	25	26
27 Movie Night	28	29	30	31		

FEBRUARY						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6 Newsletter Deadline	7	8	9
10 Potluck Book Club	11	12	13	14	15	16
17	18 Casino	19 Casino	20	21	22	23 Winter Formal
24 Movie Night	25	26	27	28		



# 2013 SOCIAL EVENTS



## The Winter Formal is BACK

The CBMCA is up to its usually fun activities this month; there is sure to be something for everyone so come on down, converse with neighbours and be social! Mark your calendars because next month you cannot miss our annual Winter Formal when we will host a great live band, serve refreshments, and dance the night away.

## Community Potluck

Cliff Bungalow-Mission Community Association hosts a monthly community potluck on the second Sunday of month at 6:00 p.m. down at the Community Hall. Bring a dish to share, your own plate, cutlery and mug and share a meal with your neighbors and friends.

Sunday, January 13, 6:00 p.m.  
2201 Cliff Street SW

## Book Club

Cliff Bungalow-Mission Community Association's Book Club is reading *A Silent Cheer: Against the Odds* by Emily Roback and Faye Roback-Jones for the month of January. The Book Club event associated with this reading will be an Author reading.

January 6, 6:00 p.m.  
Chapters Chinook Mall

## Jazz Concert Series

In partnership with Jan Mulder and other amazing musicians from the Mount Royal University Jazz Faculty, the Cliff Bungalow-Mission Community Association hosts a monthly Jazz night at the Community Hall normally on the first Wednesday of every month from September to June. **The January Jazz Concert will be held on January 9 instead of January 2** because of the proximity to the Holiday season. This is a very popular event showcasing the premier Jazz talent in Calgary. Doors open 7:30 pm, Jazz 8 pm. Tickets may be purchased at the door: \$10 for

CBMCA members, \$15 non-members. This event also features \$1 coffee, tea, pop and water as well as a cash bar. January 9, 2013, 7:30 p.m.  
2201 Cliff Street SW

## Film Night

January 27, 7:00pm  
2201 Cliff Street SW  
Cliff Bungalow-Mission Community Association hosts a film night on the Last Sunday of each month at the Community Hall. This is a free community event open to everyone. Each month we feature a documentary and post film discussion. CBMCA works hard to enrich our community discussions by inviting key note speakers, discussion moderators and other guests to our film nights to contribute to our post film discussion.

The January film is *Pruitt Igoe Myth: An Urban History*, Directed by Chad Freidrichs.

It began as a housing marvel. Two decades later, it ended in rubble. But what happened to those caught in between? The Pruitt-Igoe Myth tells the story of the transformation of the American city in the decades after World War II, through the lens of the infamous Pruitt-Igoe housing development and the St. Louis residents who called it home. At the film's historical center is an analysis of the massive impact of the national urban renewal program of the 1950s and 1960s, which prompted the process of mass suburbanization and emptied American cities of their residents, businesses, and industries. Those left behind in the city faced a destitute, rapidly de-industrializing St. Louis, parceled out to downtown interests and increasingly segregated by class and race. The residents of Pruitt-Igoe were among the hardest hit. Their



## 2013 SOCIAL EVENTS CONT'D

gripping stories of survival, adaptation, and success are at the emotional heart of the film. The domestic turmoil wrought by punitive public welfare policies; the frustrating interactions with a paternalistic and cash-strapped Housing Authority; and the downward spiral of vacancy, vandalism and crime led to resident protest and action during the 1969 Rent Strike, the first in the history of public housing. And yet, despite this complex history, Pruitt-Igoe has often been stereotyped. The world-famous image of its implosion has helped to perpetuate a myth of failure, a failure that has been used to critique Modernist architecture, attack public assistance programs, and stigmatize public housing residents. The Pruitt-Igoe Myth seeks to set the historical record straight. To examine the interests involved in Pruitt-Igoe's creation. To re-evaluate the rumors and the stigma. To implode the myth.



<http://www.pruitt-igoe.com/the-pruitt-igoe-myth/> for the synopsis and image

### Winter Formal

Cliff Bungalow-Mission Community Association's premier social fundraising effort is the Winter Formal. This year's Winter Formal will be held February 23, 2013 so save the date! Come and enjoy great music, food, beverages, raffle items and good company all in support of our community's social programming and initiatives. This year's entertainment won Battle of the Bands at Flames Central in 2012! Tickets are \$20 at the door and entrance price includes international variety of appetizers, sweets, coffee, tea, sodas, water and one free entry into an exciting door prizes. Dress is casual, we just want you to come and have a great time with your neighbors. February 23, 7:00 p.m. – midnight  
2201 Cliff Street SW



## Volunteers Needed!

### Community Casino February 18 and 19

Volunteers are needed for the community casino being held on February 18 and 19, a Monday and a Tuesday. This is the largest fund raising activity for the Community Association and only occurs once every year and a half. The funds are used to pay for such things as rent, utilities (ever increasing), cleaning and maintenance of our community centre plus other community projects. Approximately 60% of our expenses are paid from the Casino funds we generate.

We need to fill 40 volunteer shifts and you can work the both days or two shifts. You do not have to be experienced in working casinos; training and help will be provided. There are two shifts a day, one starting late morning to evening. This is followed by an evening shift to closing time. In addition, there is a late shift (starts around 10 pm) of people who count all the money from the gaming tables. We feed you and there are snacks and non-alcoholic beverages provided. When not busy, you can read, watch a video, do homework, or chat with fellow volunteers. We can pay for babysitting if you require it. We can also provide a ride to and from Cash Casino located at 4040 Blackfoot Trail SE.

**If you are interested we need you to sign a volunteer form ASAP.** To obtain the form or for any questions, please contact Bob Lang at 403-229-2762 or [rclang@aol.com](mailto:rclang@aol.com).

**Your help is much appreciated!**

# A MESSAGE FROM THE DEVELOPMENT DIRECTOR PLANNING IN CALGARY - THE YEAR AHEAD

by Rick Williams

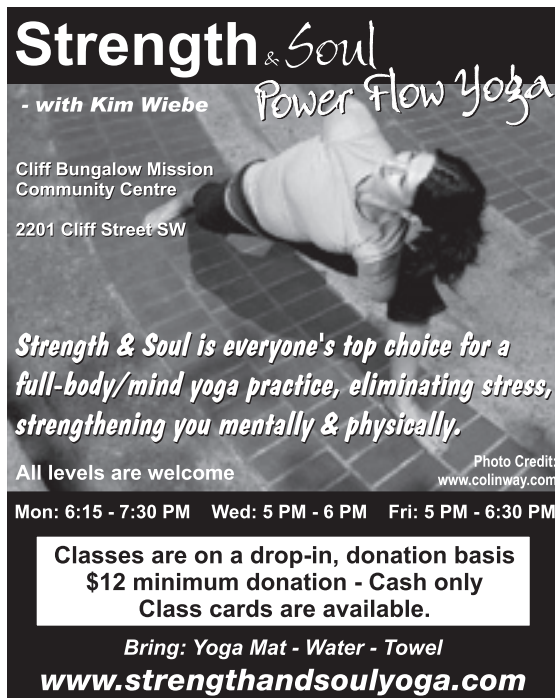
Welcome to 2013 and a new year for the Planning Committee of the Cliff bungalow-Mission Community Association. We are living in a very exciting and trying time in our community and our city, and the year ahead should once again prove to be a development mixture of excellence and mediocrity, celebration and frustration, inspiration and horror. The majority of major construction projects will be finished during the course of the year, bringing new services, businesses and residents to our streets. The embryonic economic recovery, availability of capital and implementation of new civic policy planning documents will once again bring the pressures of growth and change to our community. These factors also bring the very real threat of the loss of affordable and diverse housing stock and character streetscapes, and the loss of identity and sense of place that has attracted Calgarians to this community over the last 100 years.

It is the responsibility of all of our property owners, residents, and our elected representatives to manage this change to align with our community's core values and expectations as expressed in our Area Redevelopment Plans (ARP), and in our hearts and minds. The communities of Cliff Bungalow and Mission are seen to be as close to a complete community as exists in Calgary; a vital, walk-able, sustainable heritage community, pedestrian friendly and diverse. The implementation of the Municipal Development Plan emphasizing densification of established neighbourhoods will bring intense pressure to maximize condominium development, increase heights and massing, encourage up-zoning, and perhaps even alter or eliminate the role of the ARPs and our tool of last resort, the Subdivision and Development Appeal Board. We are already seeing brutal examples of land assembly, tree removal, property speculation, leaky condos, and reverse densification that is debasing our urban spaces.

You, as a member of the community and a citizen of Calgary, must ask yourself this question: How do communities, especially older inner city communities like ours, influence and resolve land use change and development applications which do not recognize or protect existing neighbourhood character, heritage and cultural identity. These projects may meet other MDP criteria of

densification but be inconsistent and incompatible with the equally valuable Municipal Development Plan goals of creating great communities.

The role and contribution of the citizen and community in city building, a process that was so exciting during the Imagine Calgary and Plan-it Calgary engagement series, is being marginalized in the implementation phase. The individual can feel overwhelmed when confronted by the Municipal machine but there are solutions. What can you do? Get informed and get involved. Visit our website, [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com), for links to the Land Use bylaw, City planning documents and departments, the ARPs and a ton of information and resources. Contact your alderman, the Mayor's office, your MLA, your social networks, and the grassroots organizations that care about how our community, and our city, is going to grow. We will only influence successful outcomes if we demand to be a stakeholder in the process, and if we are constructive participants in the conversation.



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Photo caption: The opening liturgical celebration included First Nations representatives.

Photos by Mariusz Sztuk

# Diocese Centennial at St. Mary's Cathedral in Mission

by Judith Theroux

St. Mary's Cathedral was the venue for the beginning of a year-long celebration of the 100<sup>th</sup> anniversary of the Calgary Roman Catholic Diocese. The opening liturgical celebration on Friday evening, November 30, included First Nations representatives chanting a blessing in the Blackfoot language, and a procession of Knights of Columbus, diocesan priests, deacons, and Bishop Frederick Henry.

Before 1912, Calgary was part of the Diocese of St. Albert, but with the significant immigration to Alberta that occurred in the early 1900s, a separate diocese was formed. On November 30, 1912, St. Mary's became the Cathedral Church of the new diocese. The Calgary Diocese extends from to the eastern and western provincial boundaries, and south of Calgary to the border with the U.S. Currently, the diocese serves a population of close to 450,000.

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# Soirée de Noël / Christmas Evening

by Bob Lang

A special event was held at the Cliff Bungalow – Mission Community Centre on Saturday, December 1<sup>st</sup>. There were two purposes of the event: one was to celebrate our community's Francophone roots and one was to raise funds for the Calgary Stampede Parade Francophonie Float.

What is now known as Mission (the area east of 4<sup>th</sup> Street SW) was once a village named Rouleauville. Our community was the cradle of the Francophone community in Calgary. Rouleauville was amalgamated into Calgary in 1907.

A Francophone float was entered by ACFA (canadienne-française de l'Alberta, Régionale de Calgary) into the 2012 Calgary Stampede Parade. The Cliff Bungalow – Mission Community Association donated \$1000 of Gaming/Casino funds towards this float. Unfortunately, the final cost of the float was greater than the funds raised. Thus a series of fundraisers will be held, one of which was on December 1<sup>st</sup>.

There was an excellent buffet "à la canadienne". Le Societe Franco-Canadienne de Calgary did some of the food. They operate the seniors' apartment complex next door to the Sainte Famille Church on 5<sup>th</sup> Street SW. Jan Pugh, CBMCA's Vice President, and her mother also prepared a lot of the delicious food enjoyed by the attendees. The dinner was followed by entertainment, raffles and a visit from Santa. It was a fun event enjoyed by all.

The next event will be held on February 16<sup>th</sup>.



Photos by Dany Cote

The Calgary Stampede Parade Francophone Float



Vice President Jan Pugh with her Mother Jenett Gerencir aka "Babi" and Santa of course.



**FYI**  
Alberta Ammolite, which was first discovered in 1981, is a brilliantly coloured gemstone that is mined exclusively in our prairie province.

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# ROULEAUVILLE'S CENTURY HOMES

## THE EARLY MISSION SETTLEMENT (PART 1 OF A 3 PART SERIES)

by Marilyn Williams

The area currently known as Mission, was first settled by the Oblate missionaries who were also the first non-natives to live permanently in Calgary. It was the vision of Father Lacombe to create a permanent French-Canadian settlement, complete with church, school, convent, community hall and hospital "surrounded by the homes of the French speaking faithful" (his description of the residential subdivision). Some families moved from Québec, and "Cheminots", railway labourers from Québec, came west in 1883-84 to work on the westward construction of the C.P.R. line. Most of the French-speaking immigrants settled here, in what was later to become Rouleauville, and is now known as Mission.

Many of the residents who settled in the community founded, fostered or lobbied for francophone cultural and economic services for the citizens of Southern Alberta. In 1884, almost immediately after Father Lacombe successfully obtained a land grant from the federal government, the Oblate fathers had their land surveyed into residential streets and lots, and sold the lots for \$60 (\$100 for corner lots). They began recruiting colonists in 1887, often from Quebec. The street names depicted the French and Catholic origins of the area (Notre Dame, Doucet, Rouleau, St. Joseph, etc.). A small residential community developed along Seventeenth and Eighteenth Avenues by the 1890s and a few blocks of land were acquired by speculators. Among them are the Costigan and McHugh Century Homes, both listed on Calgary's inventory of historic resources.

### McHugh House 110 18 Ave. SW 1896

New residents included John Joseph (J.J.) McHugh and his wife Frances who moved west from Ottawa to reside at 110 – 18 Avenue SW (now known as the J.J. McHugh House ca. 1896). He became an important businessman and rancher in western Canada. Frances was active in the Mission district and served on the Holy Cross Hospital auxiliary, the Catholic Women's League and the Catholic Ladies' Aid Society. In 1881 J.J. McHugh and Mrs. William Scollen sponsored a bell, which was first used in St. Patrick's chapel in 1883, an early Mission church, and later served the Sacred Heart Convent. In 1932 the bell was donated by the sisters to the St. Famille Church in Cliff Bungalow, and named Maria-Jean Baptiste-Pie XI at that time. The bell is still in the sanctuary and used at Sunday services. The Congregation of the Brothers of Our Lady of Lourdes purchased the McHugh home in 1960 and it became one of the city's first group homes for troubled youth. Since 1969 it has been owned by the Diocese of Calgary for a variety of uses.

### Costigan House 219 17th Ave. SW 1893

The Costigan residence was built in 1893 by the Costigan family, devoted Catholics who built their home as close as possible to the mission while remaining in a fashionable area within Calgary's town limits. John Ryan Costigan was one of the city's earliest crown prosecutors. Costigan, together with another Catholic Anglophone, Mr. Reilly, took the side of the Francophones during a heated public meeting in Calgary in 1890. The home was moved across the street in 1928 to make way for an early Calgary gas station. Sam Steele also lived in this home.

In February, we'll look at the period of growth which led to the incorporation of the town of Rouleauville.

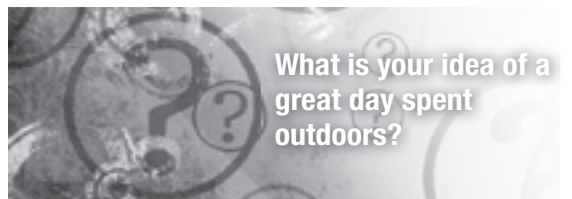
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nathan.l.macarthur@gmail.com





## Memorial Park Library

1221 2<sup>nd</sup> St. SW  
www.calgarypubliclibrary.com  
<http://calgarypubliclibrary.com/locations/memorial-park/blog>

### JANUARY 2013

#### **Baby Bookworms**

Grow a reader with books, rhymes, and songs you'll have fun sharing with your little one. Presented by Cenovus Energy.

Ages 6 to 23 months with a parent/caregiver  
Fridays, Jan. 11 to Feb. 15  
10:30 - 11:15am

#### **ESL Conversation Club (Intermediate)**

Practice your English listening and speaking skills, and learn about the Library's many resources.

Mondays, Jan. 28 to Mar. 18  
2:30 - 4:30pm

#### **Reading Buddies**

Teen volunteers and Library staff provide one-on-one reading support and fun literacy activities for readers in Grades 1 to 3. Ages 5 to 8.

Tuesdays, Jan. 29 to Mar. 19  
4:00 - 5:15pm

#### **Spanish Conversation Club**

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills. Ages 16 and up.

Wednesdays, Jan. 30 to Mar. 20  
6:00 - 7:30pm

#### Hours:

Monday, Friday & Saturday 10 AM – 5 PM  
Tuesday, Wednesday & Thursday Noon – 8 PM  
Sundays (mid-Sept to mid-May) Noon – 5 PM  
403.260.2600 – 403-260.2620 (registration)

## Animal and Bylaw Services The Truth About Idling

Animal & Bylaw Services wants to remind Calgarians that idling is not an effective means of warming up your vehicle in the winter.

Idling does nothing to warm your vehicle's transmission, tires, suspension, steering or wheel bearings. Even in winter weather conditions, fuel injected engines only require between 30 seconds and 2 minutes of idling to circulate oil through the engine. In addition, idling for longer than 10 seconds uses more fuel than turning your engine off and restarting it again.

If the windows of your vehicle are clear, the best way to warm your vehicle in cold weather is to drive it, avoiding high speeds and rapid acceleration for the first 5 kilometres.

When vehicles are left running while parked, they produce emissions that contribute to air pollution and climate change, affecting our health and the environment. Putting a stop to engine idling is an easy way to reduce emissions, save money, and protect your vehicle's engine!

To help reduce idling in places where it occurs most often, The City of Calgary developed two signs that can be posted in problem areas. The signs are intended to act as an instant reminder for people to turn off their engines. Visit [calgary.ca](http://calgary.ca) and search "idling" to find the "Idle Free Zone" sign and the "Fresh Air Intake" sign to download and print.

White metal idling signs are available for purchase and green plastic idling signs are available at no charge at:

Traffic Permits Counter  
Main Floor Building E, Manchester Centre  
2808 Spiller Road SE, Calgary  
Fax: 403-268-5850

Open: 8 a.m. to 4:30 p.m. Monday through Friday

#### Cliff Bungalow – Mission Community Calendar



#### **Book Club**

Jan 6<sup>th</sup> at Chapters in Chinook Mall.  
A Silent Cheer: Against the Odds by  
Emily Roback



# The CBMCA Book Club

## Enhances Readers' Experience by Combining Books with Story-line Related Events

This isn't your average Book Club! Join the Book Club this year and combine your love of reading, watching films, and attending events that are sure to expand your mind, and transcend what it means to be a part of a Book Club. This list is a draft only; take a look and see if there is something here for you, then join us on the CBMCA Facebook group and/or Twitter.

### JANUARY

A Silent Cheer: Against the Odds, Emily Roback  
 Location: Chapters Chinook Mall  
 Event: Author Reading

### FEBRUARY

Steve Jobs, Walter Isaacson  
 Location: CBMCA Community Center  
 Event: Hippy Billionaire Documentary

### MARCH

The Lighthouse, Alison Moore \*German story Man Booker Prize Nominee  
 Location: Wiener Schnitzel Haus Restaurant  
 Event: Schnitzel dinner

### APRIL

The Night Circus, Erin Morenstem  
 Location: Cirque du Soleil - Calgary  
 Event: Amaluna Show

### MAY

Random Passage, Bernice Morgan  
 Location: CBMCA Community Center  
 Event: Random Passage Movie

### JUNE

The Headmaster's Wager, Vincent Lam  
 Location: Chinatown Calgary  
 Event: Sunset walk

### SUMMER

Waiting for Time, Bernice Morgan  
 The Tenth Gift, Jane Johnson

### SEPTEMBER

The Sisters Brothers, Patrick deWitt  
 Location: CBMCA Community Center  
 Event: Western Showcase Slide Show

### OCTOBER

Jazz Rock: A History, Stuart Nicholson  
 Location: Beat Niq Jazz Social Club  
 Event: Live Rock Jazz

### NOVEMBER

God of Small Things, Arundati Roy  
 Location: CBMCA Community Center  
 Event: God of Small Things Film

### DECEMBER

Life Among Giants, Bill Roobach  
 Location: Calgary Devonian Gardens  
 Event: Indoor Garden Walk



We have a great supply of fire wood for those cold winter nights. We deliver to your door either on a one time basis or on a regular schedule.

We also specialize in 1/3 cord quantities, because this is an amount that the average person can burn in one season, and since it is "clean" and "dry" and ready to burn, you do not have to purchase a large amount to season it yourself.

We have the following quantities available:

Face Cord	4' x 8' by 16 inches	\$290.00
Half Cord	4' x 12' by 16 inches	\$390.00
Full Cord	4' x 24' by 16 inches	\$700.00

Call us today to schedule a delivery

**403-325-1111**

## EMS Sledding Safety

Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

### Plan ahead

- Dress warmly in layers and anticipate weather changes
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones
- Take breaks to warm up out of the cold
- Ensure frostbite hasn't affected any exposed skin
- Even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed

### Equipment

- Ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material
- Currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets

### Hazards

- Avoid hills that are too steep, or too icy – you can lose control very quickly
- Choose hills free of obstacles such as trees, rocks, utility poles, or fences
- Be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged

## The Friends of Fish Creek presents

### Engineered Wetland Construction in Fish Creek

Thursday, January 31, 2013 - 7:00pm – 8:00pm  
Fish Creek Environmental Learning Centre, 13931 Woodpath Rd. SW, Shannon Terrace Area, west end of Fish Creek Provincial Park.

Presented by Wayne Meikle, Retired Fish Creek Provincial Park Planner and founding member of the Friends of Fish Creek.

Enjoy a slideshow of photographs taken during the construction of the stormwater retrofit ponds in Fish Creek Provincial Park and bridge reconstruction following the floods of 2005. There are over ten engineered wetland sites in Fish Creek and these are designed to decrease the environmental impact of stormwater before it enters the creek and eventually the Bow River. Wayne Meikle consulted with The City of Calgary on developing these ponds and oversaw the construction and installation of the new flood-resistant bridges in the park. This presentation is a great way to see how much the park landscape has changed over the past 7 years.

## Alberta Health Services and The City of Calgary

Are you a parent with a child aged between 2 and 4 years?

### MEND

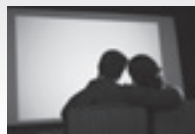
Ages 2-4

A Free healthy lifestyle program for 2-4 year olds and their families

10 sessions of fun games and information to help you and your child lead a healthier life!

To register, contact the program manager at 403-648-6592.

Cliff Bungalow – Mission Community Calendar



### Film Nights

Last Sunday of each month at 7 pm;  
January 27: The Pruitt-Igloe Myth: An Urban History



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5:00 PM - 7:00 PM

Entrée Plus Dessert \$9.95

*~Membership not required~*



## 5 Key Tips for Preventing Identity Theft

Identity theft occurs when your personal information is collected and used by persons without authorization to do so. The result could include: applications in your name being made for credit with financial institutions, retail outlets, mortgage companies, and more.

1. Before you reveal any personal identifying information, find out how it will be used and if it will be shared with others.
2. Utilize passwords on your credit card, bank and phone accounts. Avoid using easily available information such as your mother's maiden name, your birth date, and the last four digits of your SIN or your phone number.
3. Minimize the identification, personal information and number of cards you carry.
4. An identity thief may pick through your garbage or recycling bins. Be sure to tear or shred receipts, credit applications, insurance forms, physician statements and credit offers you get in the mail.
5. Become familiar with schemes such as phishing and vishing which are designed to glean personal information from you via the Internet or telephone.

This information was taken from a pamphlet created by the Calgary Police Service and AMA. For more tips and the full pamphlet check out our website [www.calgarycommunities.com](http://www.calgarycommunities.com) and look for the Building Safe Communities resources list.

Have a safe and happy New Year!

**BRAIN  
GAMES**

## SUDOKU

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6	7	3						
	1		9					

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## MLA, CALGARY-BUFFALO KENT HEHR

Constituency Office  
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Phone: 403-244-7737 • Fax: 403-541-9106  
calgary.buffalo@assembly.ab.ca

I hope that everyone had a wonderful holiday season and you're all putting your best foot forward to kick off 2013. First off, I would like to thank the Cliff Bungalow-Mission executive for having me at their AGM. It was a fantastic event that was well attended by a very active and engaged group. As I've mentioned before it is an honour and a privilege to have this community be a part of my constituency and the AGM added more proof to Cliff Bungalow-Mission's phenomenal community spirit.

It has recently come to light that seniors and people with disabilities living in long-term care facilities are only receiving one shower per week. The policy at many of these facilities states that residents will receive "at least one shower per week" and recently I had the opportunity to go to the Dr. Vernon Fanning Centre in NE Calgary and talk to administration, staff, and residents and this issue came up. I was at the Fanning Centre speaking about fiscal policy in Alberta and I was stopped in my tracks by a resident's question. She stopped me and said "who gives a damn about that – we (the residents) only get one shower a week. How do you feel about that Kent?" The flood of emails and phone calls I have received show that the problem of only receiving one shower per week is widespread throughout the province. As a result, I asked the Associate Minister of Seniors, George VanderBurg, a question in Question Period about this issue. The response I received was less than satisfactory and the Associate Minister indicated that this was essentially policy.

Mr. VanderBurg stated that "what is available for residents is appropriate bathing and appropriate care in all our facilities". I would strongly disagree. Seniors and people with disabilities deserve more than just one shower per week. In this case, the blame falls squarely on the PC government's shoulders. Alberta is the richest province in one of the richest countries in the world and we are more than financially equipped to provide the absolute best care for seniors and the disabled.

As I mentioned, I have received a great deal of letters, emails, and phone calls in this regard. The vast majority of the individuals who have contacted me state that the care providers, such as Carewest, are doing their best given their available resources. However, because the government is not providing adequate resources to these organizations and facilities, gaps in care begin to open. In order to fill these gaps, families need to pay. This poses a serious problem. What happens if you aren't one of the wealthier citizens in Alberta? The cost of topping up care, which should be provided by the government, can be a huge financial burden. In fact, I received a letter from a constituent whose husband is in long-term care and is mandated only one shower a week. She indicated that her husband can no longer work and she is now the sole bread winner; thus, paying for additional showers is financially difficult. As a result, a family friend paid for her husband to have an extra shower a week as a Christmas gift. This is absurd and I found this saddening to hear. Our government is failing to provide dignity and respect to some of our most vulnerable members. We can do better, we must do better.

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**ALISON REDFORD**  
Office of Alison Redford  
#6, 22 Richard Way SW | Calgary, AB T3E 7M9  
T: 403.252.0346 | F: 403.252.0520  
[Calgary.elbow@gov.ab.ca](mailto:Calgary.elbow@gov.ab.ca)

Dear Friends,

As we welcome 2013 together, I'd like to thank you for your support in the year just past, and talk about how your government is moving forward on your priorities.

The money you earn is the result of your hard work, and government should treat it the same way. This government is doing exactly that.

As part of our results-based budgeting process, we will review all public programs and services to ensure each one is delivering the outcomes you expect, in a fiscally responsible way. When program reviews are complete, budgets will be reset to reflect what we find, starting in 2014. We will put a stop to automatic growth in public spending, because we know that every dollar counts.

And because we believe that government doesn't have a monopoly on wisdom, we will carry out those reviews with the help of the private and non-profit sectors. 31 outstanding leaders from outside government will participate in the process as members of "challenge panels" — groups tasked with challenging the reviewers to demonstrate that they're asking the right questions and conducting a thorough examination, one that ensures that Albertans' tax dollars are used efficiently and effectively.

Results-based budgeting is no small undertaking. With over 800 programs, services and government-supported organizations to review, the process is expected to take 3 years.

For more information on results-based budgeting and to view the first year's report, please visit [www.finance.alberta.ca](http://www.finance.alberta.ca).

I look forward to keeping you up to date about your government's activities. Should you have questions or concerns, please don't hesitate to contact my constituency office.

Kind regards,

Alison Redford



**ALDERMAN, WARD 8  
JOHN MAR**

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Happy New Year everyone! I am looking forward to another productive year as your Alderman with some really great initiatives in store. Please check out my new website at [www.Calgary.ca/ward8](http://www.Calgary.ca/ward8) or follow me on Twitter @aldjohnmar or Facebook at [aldjohnmar@facebook.com](mailto:aldjohnmar@facebook.com) to hear about new and exciting things going on in your Ward.

One of the goals the City is trying to achieve is to reduce waste going to the landfill by 80% by the year 2020. In order to achieve this The City has introduced a number of initiatives, one of them is our Christmas Tree Recycling Program.

The Christmas Tree Recycling Program runs each year from late December through early January. The program has been provided by the City of Calgary since 1992 and with the introduction of residential pick-up, which makes it easier to recycle your tree, Christmas tree recycling has increased by 20 percent!

This season, Waste & Recycling Services will continue to pick up real Christmas trees from Calgary households that currently receive black cart garbage collection. If you place your tree on the ground near your black cart collection spot by 7:00 a.m. on January 8, it will be picked up within three weeks.

If you don't receive black cart garbage collection, you can take your tree to one of eight temporary drop-off locations between December 26 and January 27:

1. Fire Hall #15 - 6328 35th Ave. NW
2. Prairie Winds Park - 223 Castleridge Blvd. NE
3. Bottomlands Park - St. George's Dr. and Seventh Ave NE
4. Marda Loop Communities Association - 3130 16th St. SW
5. Parks Compound - 10312 Sacramento Dr. SW
6. Spyhill Landfill - 69th Street and 112th Avenue NW
7. East Calgary Landfill - 17th Avenue and 68th Street SE
8. Shepard Landfill - 114th Avenue and 68th Street SE

This program is designed for real trees only. To prepare your tree for recycling, please remove all lights, ornaments, tinsel, string and tree stands. Do not wrap or bag your tree. For more information on this program, visit [Calgary.ca/waste](http://Calgary.ca/waste).



## A Lesson from a Mad Hatter

One of the first steps to accomplishing great things in your life is to cease dwelling on the negative things in your past. Carefully assess your present strengths, successes, and achievements. Dwell on those positive events in your life, and quit limiting your potential by constantly thinking about what you have done poorly. Alice and the Mad Hatter in Wonderland had a conversation that illustrates this concept:

**Alice:** Where I come from, people study what they are not good at in order to be able to do what they are good at.

**Mad Hatter:** We only go around in circles in Wonderland, but we always end up where we started. Would you mind explaining yourself?

**Alice:** Well, grown-ups tell us to find out what we did wrong, and never do it again

**Mad Hatter:** That's odd! It seems to me that in order to find out about something, you have to study it. And when you study it, you should become better at it. Why should you want to become better at something and then never do it again? But please continue.

**Alice:** Nobody ever tells us to study the right things we do. We're only supposed to learn from the wrong things. But we are permitted to study the right things other people do. And sometimes we're even told to copy them.

**Mad Hatter:** That's cheating!

**Alice:** You're quite right, Mr. Hatter. I do live in a topsy-turvy world. It seems like I have to do something wrong first, in order to learn from what not to do. And then, by not doing what I'm not supposed to do, perhaps I'll be right. But I'd rather be right the first time, wouldn't you?

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Around here we **don't look backwards** for very long...  
 We keep **moving forward**, opening up new doors  
 And doing **new things** because we're curious...  
 And curiosity keeps leading us down **new paths.**

~ Walt Disney



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AHS Addictions Hotline	1.866.332.2322
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ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433
HOSPITALS/URGENT CARE	
Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Care	403.955.6200
South Calgary Urgent Care	403.943.9300
OTHER	
Calgary Humane Society (Injured & Stray Pets)	403.250.7722
Calgary Parking Authority (Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Senior's Resource (SeniorConnect)	403.266.6200
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	311
Kerby Centre for the 55 plus	403.705.3246
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878
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