

THE MISSION

NOVEMBER 2020

STATEMENT



www.cliffbungalowmission.com

THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION

ANNUAL GENERAL MEETING

PAGE 6

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Keep Up to Date – Please Sign Up for Email Updates

The newsletter is not frequent enough to communicate things that are changing on short notice in regards to the community association, the community centre, and community events.

So, in order for us to keep you up to date, please register your email address near the bottom of the first page of our website. Our email list is then updated to include your email address. The website address is www.cliffbungalowmission.com. Thank you.

Annual General Meeting

The Annual General Meeting is on Wednesday, November 18. Due to COVID-19, there will be a small in-person attendance, and up to 100 online attendance. For in-person attendance, you get a ticket online. For online attendance, you join the meeting via Zoom. See the notice elsewhere in this newsletter. We will update via emails.

Congratulations, Melissa

Melissa Parcels, our Social Director, gave birth to a baby boy on Saturday, October 3. Congratulations, Melissa!

2nd Street SW and Prospect Trail Projects Are in Progress at the Time of Writing this Column (Early October)

The changes to 2nd Street are in progress. It will have a Cycle Track on the west side of the street. This project has been in the planning stage for several years. It is a compromise based on consultations done by the City. Some have expressed their displeasure, particularly at the loss of on-street parking. On the other hand, there are improvements supported by others. You may wonder why the City is doing this now when money is tight. We were told that the street needed certain upgrades now and the others changes (including Cycle Track) were incorporated to minimize long term overall cost and disruptions.

The second project involves Prospect Trail. This is part of the community amenities that resulted in the approval of the Riverwalk senior's project located at 25th Avenue and 5th Street SW. There will be a new staircase connecting Cliff Street to the existing Trail. Then the Trail will have some upgrades to Hillcrest Avenue SW. Access will be closed during construction.

Two Buildings with Francophone Roots Have Been Designated as Municipal Historic Resources

The former St Mary's Parish hall and the Dr Rouleau house have been designated by the City as Municipal Historic Resources.

The sandstone Parish Hall was also the CNR train depot for many years. The rear additions were built during the time it was a CNR train depot. I remember coming by train to that depot during my time going to University. There was a fire after that, and it stood empty for several years. Then it was restored. For many years since restoration, it has been home to Alberta Ballet.

In an article I wrote for the newsletter in September 2003, I noted the Rouleau house was under threat of demolition. It was built in 1887 – 88, and is the oldest structure still standing in our community, originally part of the village of Rouleauville. Dr Rouleau was born in Quebec in 1843. He came west to Battleford in 1884 to join his brother Charles, who had been made a Stipendiary Judge of NWT. They were there during the Riel Rebellion. They then moved to Rouleauville. He served as one of the first physicians at Holy Cross Hospital and as jail surgeon for the NWMP at Fort Calgary. The Friends of Rouleau House was formed when the threat of demolition came to light and it helped raise awareness and ultimately the house was moved to its current and third site. It has recently been restored and will be used by Alberta Ballet.

300 Block 25 Avenue SW

We are waiting the scheduling of the public hearing of City Council to consider a land use redesignation covering 306 to 312 – 25 Avenue SW. The proposed Land Use District is MU-1 with a FAR (Floor Area Ratio) of 4.5 and a height of 24 metres. This would allow up to seven stories. Current Land Use allows up to five stories. 3.5 FAR and a height of 15 metres. Four houses (three built in 1910 and one built in 1911) would be torn down to accommodate a new building. These houses currently have several suites each.

During September we posted an online survey to find out what community residents think about building heights. This knowledge will help CBMCA as we deal with this proposed land use change. You still have an

~continued next page~

PRESIDENT'S REPORT

opportunity to complete this short survey and voice your opinion – go to <https://bit.ly/3hbE6FA>.

At some point, this proposed land use change will go to a Public Hearing of City Council where anyone can submit written comments and can make a 5-minute verbal presentation. It may take place this fall. We will send out an email when we know the date and how you can voice your opinion on this matter. Please register your email online on our website, www.cliffbungalowmission.com.

Pathway and River Clean Up 2020

Our portion of the Pathway and River Clean Up this year was a partnership between Cliff Bungalow – Mission Community Association, Erlton Community Association, and Repsol Sport Centre. It took place on Friday, September 18, after being postponed from early May due to COVID-19. Key organizers were Ted Knudtson of Cliff Bungalow – Mission, Mona Hayes and Nicole Bakker of Erlton, and Peter Kaczan and Gail Brooks of Repsol. Our local Subway provided the food with funding from Hopewell Real Estate.

In attendance were Councillor Jeromy Farkas and Lindsay Seewalt of Ward 11, and Jill Mawer of Ward 8.

We thank everyone who participated. Details of the event were not determined in time for the newsletter, so emails and Facebook were our prime communication vehicles. This is another example of why you should make sure your email address is registered on our website (bottom of first page) to receive email notices.

Disclaimer: The opinions expressed within any published article, report or submission reflect those of the author and should not be considered to reflect those of Great News Media and the Cliff Bungalow-Mission Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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NOVEMBER COMMUNITY CALENDAR

All events are at the Cliff Bungalow – Mission Community Centre
(2201 Cliff St SW) unless otherwise noted.

The following is the latest information we have at time of writing, early October, and is subject to change.

General Information on How Jazz Events Will Occur

Online tickets purchase will be required. See elsewhere for the links to purchase tickets. There will be limited in-person attendance tickets available. The rest of the attendance will be online. People attending in person will be required to wear a mask. Bring your own mask or purchase one at the door for \$1 cash. Ticket purchase links also will be sent out by email. So, please register on our website, www.cliffbungalowmission.com, and go to the bottom of the first page to register.

Jazz Nights

1st Wednesday from September to June. Doors open at or before 7:30 pm. Music starts at 8:00 pm.

- Wednesday, November 4 – Jeremy Gignoux
- Wednesday, December 2 – Marie Bridge Quartet

Saturday Jazz Nights

Originally scheduled for Wednesday, June 3 – now re-scheduled to Saturday, November 28. Doors open at or before 7:30 pm. Music starts at 8:00 pm.

- Saturday, November 28 – Calgary Creative Arts Ensemble

Potlucks
Board Game Nights
Trivia Nights

Cancelled until
further notice.

Annual General Meeting

Save the Date - Wednesday, November 18

Doors open 6:00 pm, meeting starts 7:00 pm. Details are still being finalized, but it will have limited in person attendance and otherwise online attendance. We still will be celebrating our community. Details will be sent out via e-mail so please sign up for e-mails.

This schedule can change depending on what is allowed and the restrictions in place at that time. We will update as new information is available. To receive updates via e-mail, register your e-mail address online near the bottom of the first page of our website, www.cliffbungalowmission.com.



Cliff Bungalow – Mission Community Association Annual General Meeting

Wednesday, November 18, 2020

Limited in-person attendance (please wear a face mask). Up to 100 people online attendance (links are noted below).

Where: Community Centre

2201 Cliff St SW (1 block 5th St at 22nd Ave SW)

When: Doors open at 6:00 pm, meeting begins at 7:00 pm.

Purchase or renew your membership online at www.cliffbungalowmission.com. You can also use the membership form in this newsletter.

Learn about the community! Elect the Board!

Let's celebrate our great community and its people!

Links to attend:

1. In Person – Get a ticket online at no cost. <https://www.eventbrite.ca/e/cbmca-agm-november-18-2020-tickets-124779447687>
2. Online Attendance – Use the following Zoom link: <https://us02web.zoom.us/j/81281001818?pwd=cCt1aStBeWVRaitW5kd5YkxNQ0EzZz09>

THE CLIFF BUNGALOW - MISSION JAZZ SERIES PRESENTS

Jazz under the Cliff with Jeremy Gignoux

This event will have both a small in-person audience and an online audience. Tickets to be bought online for both types of attendance. If you are part of the live audience, please bring your ticket. Face Masks are required – bring your own or purchase at the door for \$1.

Jeremy Gignoux – Violinist and Fiddler
Keith Rodger – Upright Base, Guitar, Tenor Banjo
Wayne Garrett – Guitar, Petal Steel

Jeremy Gignoux is ever oscillating between calling himself a violinist or a fiddler. Playing within those lines, he has developed an original sound and technique. Based in Calgary, AB (Mohkinstsis), he loves collaborating with other performing arts, being part of two Decidedly Jazz Danceworks productions, a dance piece by Catherine Hayward with Dancers' Studio West, and a musical with Rosebud Theatre. In his first album Cinacoustic, Jeremy features his compositions for a quartet with upright bass, guitars, and the occasional banjo. Resolutely instrumental, but lyrical, the album blurs the lines between folk and jazz.

For the Cliff Bungalow Jazz Series, Jeremy will be accompanied by Keith Rodger (upright bass, guitar, tenor banjo) and Wayne Garrett (guitar, pedal steel). Together they will play some originals from Jeremy's album, as well as some arrangements of jazz standards, featuring pieces by Duke Ellington, Django Reinhardt, Charles Mingus, and others.

Ticket Links:

- For in-person attendance: <https://www.eventbrite.ca/e/cbmca-jazz-saturday-november-4-in-person-attendance-tickets-tickets-124165003869>

Cliff Bungalow
Jazz Series



**JEREMY
GIGNOUX**
KEITH RODGER
WAYNE GARRETT

Nov 4 - 8pm - \$15

[In person](#) or [online](#)

Cliff Bungalow Mission CA 2201 CLIFF ST

Please note that in-person ticket sales will end at 4:00 pm on November 4, 2020.

- For online attendance tickets: <https://www.eventbrite.ca/e/copy-of-cbmca-jazz-wednesday-day-november-4-online-attendance-tickets-tickets-124167393015>

Please note that ticket sales will end at 9:00 pm on November 4, 2020.

YOUR CITY OF CALGARY: SAVE FOOD IN THE SPIRIT OF WASTE REDUCTION WEEK

Preventing or reducing food waste at home is one way you can help achieve Calgary's waste reduction goals. Saving food also saves you money; the average Canadian throws \$1,100 of food away each year.

Try these tips for saving good food from being tossed in the bin:

- Freeze holiday food scraps for soup stock, such as turkey bones, herbs, and celery/carrot tops.
- Apples ripen 6 to 10 times faster at room temperature. Store

apples in the low humidity drawer of the fridge in a breathable bag to maintain freshness.

- Designate the top shelf of your fridge for leftovers and pre-cut vegetables and fruit, so nothing gets forgotten at the back of the fridge.

For food scraps you can't save, learn how to sort it right at calgary.ca/greencart.

Find more tips to prevent food waste at lovefoodhatewaste.ca.

The Mission Statement



The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.

Contact us

Cliff Bungalow - Mission Community Association
462, 1811 4 Street SW, Calgary Alberta T2S 1W2
403 245 6001

www.cliffbungalowmission.com

Look for us on Facebook, not to mention Twitter and Instagram (CBM_CA)!

We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

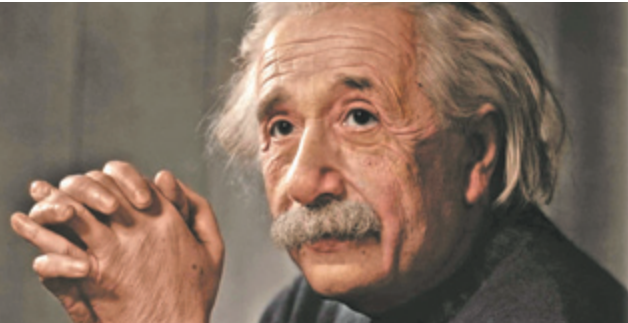
The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.

Cliff Bungalow - Mission Community Association Board List 2018-2019

President	Bob Lang	cbmca.president@gmail.com 403-229-2762
Vice President	Ted Knudtson	cbmca.vicepresident@gmail.com
Secretary	Rick Williams	cbmca.secretary@gmail.com
Treasurer	Lucy Arellano	cbmca.treasurer@gmail.com
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Social	Melissa Parcels	cbmca.socialevents@gmail.com
Communications	Nicole Butz	cbmca.editor@gmail.com
Directors-at-Large	Shannon MacLeod Mo Saipour Brandon Hossack	

Albert Einstein was often asked to explain the general theory of relativity.

“Put your hand on a hot stove for a minute, and it seems like an hour,” he once declared. “Sit with a pretty girl for an hour, and it seems like a minute. That’s relativity!”



MEMBERSHIP AFFINITY PROGRAM

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your up to date membership card!

- A8 Financial: 305, 2204 – 2 St SW (Holy Cross Centre), Tel 587-317-2040, 10% off Tax and Bookkeeping services.
- clear float spa: 105, 1800 – 4 St SW, 10% discount (except for the Theta Membership)
- Economy Glass: 101 17 Ave SW, \$10 off auto glass excluding rock chips and 10% off residential glass
- European Bakery: 515 – 17 Ave SW, 10% off all items
- Expedia Cruise Ship Centres: 615A – 17 Ave SW, \$50 discount towards a \$1500 Travel Package
- Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 10% off food and beverages
- 4th Street Liquor & Wine, 1809 – 4 St SW, 10% off all items
- Landmark Centre Second Cup: 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with

purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.

- Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
- Momentum Health Mission: 909, 2303 – 4 St SW, 25% off initial assessment (includes massage), 15% off all products they sell, free gait assessment.
- Peking Dragon: #105, 601 – 17 Ave SW, 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)
- The Spa Wellness: 2206 - 2 St SW, 10% off members for all treatments
- UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)
- Without Co: #103 – 2115 4 St SW, 10% Discount
- Yann Haute Patisserie: 329 – 23 Avenue SW, 10% off patisseries.

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved."

Cliff Bungalow-Mission Community Association

TIME TO RENEW YOUR MEMBERSHIP!

Your membership not only supports the CBMCA but it gives you access to discounts at participating businesses through the Membership Affinity Program (details elsewhere in this newsletter). Our membership year is AGM to AGM so this year's renewal deadline is **November 20, 2020**. To purchase or renew your membership, just fill in this form and either:

- 1) mail it with your cheque to 462, 1811 4 Street SW, Calgary, Alberta, T2S 1W2 or;
- 2) bring to the AGM at the community hall (2201 Cliff Street SW) on November 20 (doors open at 6 pm).

name _____		MEMBERSHIP TYPE	
address _____ postal code _____		<input type="checkbox"/> \$10 single	<input type="checkbox"/> \$20 family
phone (home) _____ (cell) _____ (business) _____		<input type="checkbox"/> new	<input type="checkbox"/> renewal
email (used only to inform you of community events and important community matters) _____		card no. _____ purchase date _____	
		PAYMENT	
		<input type="checkbox"/> cash	<input type="checkbox"/> cheque



Movie in The Park Was Well Attended and Appreciated

The weather forecast leading up to September 19, the date of the Movie in the Park, was iffy but it turned out to be great weather-wise that night. The park was aglow with lights in the trees. People brought lawn chairs and blankets plus food and drink. Over 80 people enjoyed a wonderful evening in the park social distancing on the north side of the community centre. Attendees let us know they had enjoyed it.

An event like this does not happen without a lot planning and many volunteers. We especially want to thank Ted Knudtson, Cayley Hanrahan, and Selin Bilgin who were the lead people for this event.

Other volunteers were Breann Christie, Michelle Deman, Haley Gunn, Erik Heitmann, Harvey Hinton, Lisa Hodgkinson, Dayna Huish, Lana Jolie, Derek Mah, J. Maxwell, Shawn Petsche, Lisa Pompu, Alecia Ta, Dilon Whitfield, and Evan Wilson.

Funding for this event came from The City of Calgary, Ward Community Event Fund (Wards 8 and 11), and Servus Credit Union (who provide our banking services). The companies that provided the services were Calgary Show Services (movie set up and movie) and Light Kings (put up the lights in the trees).

Because of its success, we will consider doing this again next year.



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BRAIN GAMES

SUDOKU

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7		1		5				
8	9		6					
5	6				7			

FIND SOLUTION ON PAGE 13

Older, Smaller, Better

By Rob Jobst

I write this at a time of the year when certain outdoor activities – a cup of coffee or a pint with a friend – are only comfortable when one can find a spot in the sun. Diners at The Boulangerie take advantage of a brief window of warmth as the morning sun beams through the chasm between the towers of Mission Square and Roxboro House. An al fresco visit at Starbucks or The Purple Perk is only enjoyable during those hours when the Mission Medical Tower isn't casting those patios in cold shadow. The livability of our community and the quality of our lives are diminished daily by planning decisions made by the City of Calgary.

If you follow the community association's communications in The Mission Statement, on our website or via social media, you're likely familiar with our opposition to recent applications for over-height buildings in Cliff Bungalow-Mission.

Two years ago, the CBMCA opposed an application to replace an existing 3½ floor condo with a 12-storey tower that exceeded the allowable height on that site by 300%. The City of Calgary pliantly rezoned the property and gave the developer permission to erect a tower (now under construction) that will dwarf everything in its vicinity, including two circa-1929 apartment buildings, the William Aberhart House (1927) and the Twin Gables B&B (1910).

Now we're faced with a proposal to rezone the properties at 306-312 25 Avenue from the current maximum height of 15 metres (5 storeys) to allow construction of a 24 metre (7 storey) building. While not as dramatic as the earlier example, the exception being sought would still increase the height of the building by approximately 40% over the current allowable maximum.

Cliff Bungalow-Mission benefits from a low to mid-rise built form that is quite distinctive within Calgary. What other community so successfully blends single-detached houses, townhouses, apartment buildings, and condo developments to achieve



Low-rise residential buildings often create a more attractive, comfortable and engaging streetscape than high-rise developments

such a strong sense of livability, heritage, and special sense of place?

Infill development that ignores the existing (and successful) scale, style, history, and values of a community threatens to diminish and degrade the character, desirability, and social fabric of that community.

The National Trust for Historic Preservation released a study in 2014 ("Older, Smaller, better: Measuring How the Character of Buildings and Blocks Influences Urban Vitality") that included the following findings:

- Areas with a mix of older, smaller buildings perform better than districts with larger, newer structures when tested against a range of economic, social, and environmental outcomes.
- Communities with a variety of small, mixed-age buildings have significantly higher Walk Score rankings and Transit Score ratings than neighborhoods with predominantly large, new buildings.
- Streets with a mix of smaller old and new buildings have greater population density and more businesses per commercial square foot than streets with large, new buildings.
- Areas with a mix of small, old, and new buildings are home to a significantly more diverse mix of residents from different age groups.

Cliff Bungalow-Mission is not a NIMBY (Not In My Back Yard) community and we are not averse to change. New developments can bring benefits to the neighbourhood, but those projects must thoughtfully respond to their context and respect our community's values, enriching – not diminishing – our quality of life.

Curious about the goings-on in our community? Got a tip? Want to volunteer with our committee? Contact me at cbmca.development@gmail.com



City Workers Out in Full Force Will Boost Civic Pride

by Eilis Hiebert

Bravo, City of Calgary, for maximizing employment of workers outdoors during the COVID-19 pandemic! From roadworks, like the 2 Street bike path extension, through park enhancement such as the Wandering Island park, and Triangle Park's new curving pathway at 5 Street and 24 Avenue SW, our City is employing Calgarians safely outside, while many inside business workers are dealing with temporary or permanent loss of jobs.

While we may get frustrated driving through our neighbourhood, by orange cones and orange barricades, just think how 'orange' is allowing this whole area:

- to safely continue to operate businesses like eating and drinking establishments, where it's safer outside on patio areas.
- extending sidewalks outwards, creating more spaces while protecting walkers, bikers, wheelchairs, strollers, kids, dogs, on much-needed outings from isolation in these strange times.

We have all wondered about the activity in and along the river, from Mission Bridge west to the Rideau Bridge along Elbow Drive. Extensive city work is taking place on fish habitat restoration and flood mitigation work:

- the side channel will be reconnected to the river
- excess gravel and vegetation will be removed
- critical habitat lost during the 2013 flood will be rebuilt and constructed.

Wandering Island

A whole new walking experience is being created below the work-of-art staircase down to the island, west of Mission Bridge. 'The Wandering Island' is based upon the flood, the natural processes of our environment and the unique location of the art itself: Elbow River Park.

Parks built a relaxing, winding walkway through formerly all-grass Triangle Park (25 Ave and 5 st SW), one of our few Green spaces in Mission Cliff Bungalow area, making this little playground park much more approachable and usable for all ages and stages of life.

You may have met at one of their many open houses, talks, and presentations in the community; young local artists Caitlin Brown, Wayne Garrett, and Lane Shordee are three artists involved in The Wandering Island three-part public art project located in Elbow River Park.

As part of the Elbow Island Fish Compensation Project, several permanent, functional artworks will be installed and built into existing park infrastructure:

- A new staircase leading down to the island from the 4 Street Mission bridge will become a sculptural entry point.
- Broadened trails will guide visitors to artistic stepping-stones, creating a rock ford over a secondary channel of water.
- Three benches designed by three artist teams will give visitors a place to sit and reflect while watching the river. These will be located on the pathway encircling the island.

These public artworks create and enhance a space found between city and nature, land, and river, public and private, camouflaged and forgotten.

The Wandering Island's 'slow art' transforms Elbow Island Park into a rich, colourful, organic installation. Expected installation is fall 2020.

The value for your tax investment is an enhanced experience within one of Calgary's parks and the chance to reflect on the power of natural processes.

Come and slowly explore, reflect on, and reconnect with the inner-city wildness of this special place in the heart of our city. To find out more and see illustrations, google Wandering Island Elbow River Calgary.

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BRAIN GAMES SUDOKU

6	7	2	3	4	5	8	9	1
3	8	9	2	6	1	4	5	7
1	4	5	7	8	9	2	3	6
9	3	8	5	7	6	1	2	4
4	1	6	8	3	2	5	7	9
2	5	7	1	9	4	3	6	8
7	2	1	9	5	8	6	4	3
8	9	4	6	2	3	7	1	5
5	6	3	4	1	7	9	8	2

Elbow River History Promenade, 15 Years After Drawing on a Napkin

by *Elis Hiebert and Bill Longstaff*

The Promenade is used more than ever now during the pandemic, when folks are walking and biking for health, exercise, and the sheer beauty of 2020's glorious fall season colours.

Ever since its inception 15 years ago, there have been a few attempts to rename the Promenade. That got the original Cliff Bungalow-Mission Community Association group thinking about how the Promenade never actually exhibited the story of how it got started and finished.



So, they decided to do just that. The result is a beautiful bronze plaque to be installed at the Mission Bridge node of the Promenade. City staff met with community members recently to decide on particulars of placing and mounting of the CBMCA-funded plaque.

Throughout establishment of the entire Promenade, City of Calgary staff has been exceptional. We have dealt with dozens of departments over these years. This continues through to today, when we met with parks employee Ron Buchan, and installation staff Maria and Matthew, to confirm placement of story plaque. Their attention to detail and dedication to their jobs is a real city and community asset.



Under masks Matthew, Ron, Elis, Maria

In 2008, we wondered anxiously about the Promenade holdup. Why on earth would the Federal Department of Fisheries and Oceans become involved in our relatively small Calgary project? But the wheels of progress kept turning. The City proceeded to carry out a huge reinforcement of the entire riverbank pathway route before Promenade construction could even start. But we blessed them all in 2013 when The Promenade withstood raging, swirling waters while all around it swept away.

Meanwhile, Parks and Parks Foundation and all city departments involved didn't just say "If you build it, they will come." They wisely realized that maintenance of projects such as the History Promenade require constant vigilance to maintain civic pride in such city treasures. An example of how the benches and surroundings continue to look so good on a beautiful Fall 2020 day:



Dix and Diego, City contracted people, sanding and re-painting Promenade benches

As Calgarians, we have so much to be thankful for!

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