

THE MISSION

JULY 2017

STATEMENT



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Letter to
the editor



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July 2017



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The information contained in this newsletter is believed to be accurate, but is not warranted to be so.

The Cliff Bungalow - Mission Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

PRESIDENT'S REPORT

5th Annual Franglofun Stampede BBQ

This event will take place on Saturday, July 8 from 5 to 10 pm. This is a joint effort between CBMCA and the Francophone community of Calgary. As most of you know, our community started out as French-speaking community. There will be food, beverages and entertainment. There is no charge for this event but because of limited space and many invited special guests, **you need to pre-register** for this event. Please e-mail me at cbmca.president@gmail.com if you are interested in attending. Don't worry about having to speak French. This is a bilingual event. If you want to practice your High School French, then go ahead but you will not be forced to speak French. The entertainment will highlight our French culture and heritage.

Potluck Picnic

Each July we have a potluck picnic out in the park adjacent to the community centre. This year's event is on Sunday, July 9. **It starts at 5 pm** so we can enjoy being outside. Of course, we are at the mercy of the weather, so if it rains we will be inside. We could use help setting up as we have to take things outside. Come around 4 pm if you can help.

There will be a special additional event this year – a **free yoga class at 4 pm in the park**, weather permitting.

The food tends to be summery, and there is always lots and lots of variety.

Since we will be outside, you are welcome to bring outdoor games for people to join in. Also feel free to bring an instrument as music adds to the ambience of the event.

Pocket Park/Plaza Update

You may remember that we hosted an open house and activity night on February 11, 2016 relating to a conceptual pocket park on the southwest corner of 17 Avenue and 5A Street SW. This area is under-utilized and basically unusable in any meaningful way, but it is also valuable public space. Well, the pocket park is no longer a concept... its development has been approved by City Council! The approved funding is \$300,000 from the City of Calgary Council Innovation Fund. We are still working out the finer details, as this type of funding usually goes to a City department to implement, not a community association. This is another exciting community-based initiative in our community. The community lead on the

project is Kate Zago, one of our Directors at Large. Timing will depend on how quickly we can work out the details and logistics.



Thanks to our Lilac Festival volunteers

Thanks volunteers

The Spring Fling, Lilac Festival, Mission Possible and Canada's 150th birthday celebration would never come together without the contributions of our volunteers. We extend a big thanks to all of them for making our spring/summer social events a success.

'Historic Stroll' Saturday August 5, 2017 at 1 pm, meeting at Mission Bridge.

This is part of city-wide Historic Calgary Week activities. We will lead the walk on August 5, but it is a self-guided walk anyone can do at any time. The historic stroll goes through the Mission Community from the Mission Bridge at 4 Street SW to the Scollen Bridge at 25 Avenue SW.

The Mission Statement

The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.

Contact us

Cliff Bungalow - Mission Community Association
462, 1811 4 Street SW, Calgary Alberta T2S 1W2
403 245 6001

www.cliffbungalowmission.com

Look for us on Facebook, not to mention Twitter and Instagram (CBM_CA)!

We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.



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Directors-at-Large	Ken Hryciw Kate Zago	

Look for us on Facebook, Twitter and Instagram (#cbmca)



COMMUNITY CALENDAR

All events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted.

July 1st Promenade Walk and Canada Day Celebration
Saturday, July 1, 2 to 3 pm – starts and ends at Mission Bridge (26 Avenue and 4 Street SW). Entertainment and cake to mark Canada's 150th birthday.

5th Annual Stampede Franglofun BBQ
Saturday, July 8, 5 to 10 pm. This is a joint event with our Francophone community. There is food, drink and entertainment. Space is very limited so confirm your interest in attending by e-mailing cbmca.president@gmail.com. No charge but pre-registration is required.

Potlucks
Bring something to share and meet your neighbours. Good food and great conversations. July potluck is Sunday, July 9, 5 pm (note early start). Weather permitting, this will be a picnic-style potluck held outside on the patio adjacent to the community centre and adjacent to the Cliff Bungalow Community Garden. Next potluck is on Sunday, September 10 at 6 pm.

Historic Calgary Week activities
Cemeteries of Mission Walking Tour: Sunday, July 30, 1 to 3 pm – starts at south end of Holy Cross Hospital.

Historic Mission Stroll: Saturday, August 5, 1 pm – starts at north end of Mission Bridge and proceeds to Scollen Bridge.

Community Clean-Up
Saturday, September 9, 9 am to 2 pm (don't be late as the trucks leave at 2 pm sharp). This is your chance to drop off unwanted items that would normally go to the dump, but the dump trucks come to our community to pick up. There is also recycling of electronics, scrap metal collection, and we will be collecting donated bicycles for refurbishment. There is also an exchange of still-useful items you no longer want.

Jazz Concerts
Featuring talented local artists playing in our historic venue. Discount for CBMCA members.

No concerts during July and August. Next Jazz night is Wednesday, September 6, 8 pm

Board Game Nights
Next Board Game Night is Saturday, September 16, 7 pm.

Movie Nights
Next movie night is on Sunday, September 24, 7 pm.

History Book Sales
Copies of our award winning community history book "Cliff Bungalow – Mission, a Heritage Community" can be obtained at all community events at the community centre. \$30 per copy, cash or cheque.

Check out our website regularly for new events and other information not available at time of newsletter publishing.

www.cliffbungalowmission.com

Deadline for Mission Statement submissions
First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to cbmca.editor@gmail.com.



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Potluck Picnic

Sunday, July 9, 5 pm

In the park adjacent to the community centre
2201 Cliff Street SW

- Bring something to share
- Bring a chair and/or a blanket
- Bring a lawn game to play
- Bring an instrument if you would like to jam

Special Activity – Free Yoga in the park at 4 pm
Weather permitting

This year's potluck picnic is on Sunday, July 9. Note the start time is 5 pm so we can enjoy being outside (weather permitting). If it rains, we will be inside. There will be a free yoga class in the park at 4 pm, weather permitting. At the time of writing, we are not sure if the hall will be available at 4 pm for the yoga class to be inside if it rains. We will clarify this closer to the event.

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MEMBERSHIP AFFINITY PROGRAM

Use your membership card to save!

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your card!

- Clear float spa: 105, 1800 – 4 St SW, 10% discount (except for the Theta Membership)
- European Bakery: 515 – 17 Ave SW, 10% off all items
- Expedia Cruise Ship Centres: 615A – 17 Ave SW, \$50 discount towards a \$1500 Travel Package
- Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 10% off food and beverages
- 4th Street Liquor & Wine, 1809 – 4 St SW, 10% off all items
- Landmark Centre Second Cup: 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.
- Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
- Momentum Health Mission: 909, 2303 – 4 St SW, 25% off initial assessment (includes massage), 15% off all products sold, free gait assessment.
- Peking Dragon: 1904 – 4 St SW, 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)
- Tea Factory: 1820 – 4 St SW, 10% off all Loose Leaf Teas and drinks
- The Tech Shop: 2424 – 4 St SW, 10% off regular priced footwear / accessories, 15% off regular priced apparel
- UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)
- Yann Haute Patisserie: 329 – 23 Avenue SW, 10% off their patisseries.

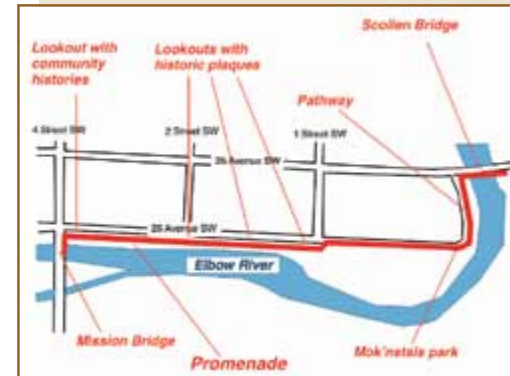
Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved".

A Historic Stroll

The Elbow River Promenade

Une balade historique

La Promenade de la rivière Elbow



On this short, four-block walk, you can enter a historic Calgary community knowing nothing about it and leave knowing its history from First Nations through early settlement to modern development.

Cette courte marche vous fera découvrir l'histoire de la communauté de Mission, de leur mode de vie autochtone au développement moderne.

Cliff Bungalow - Mission Community Association



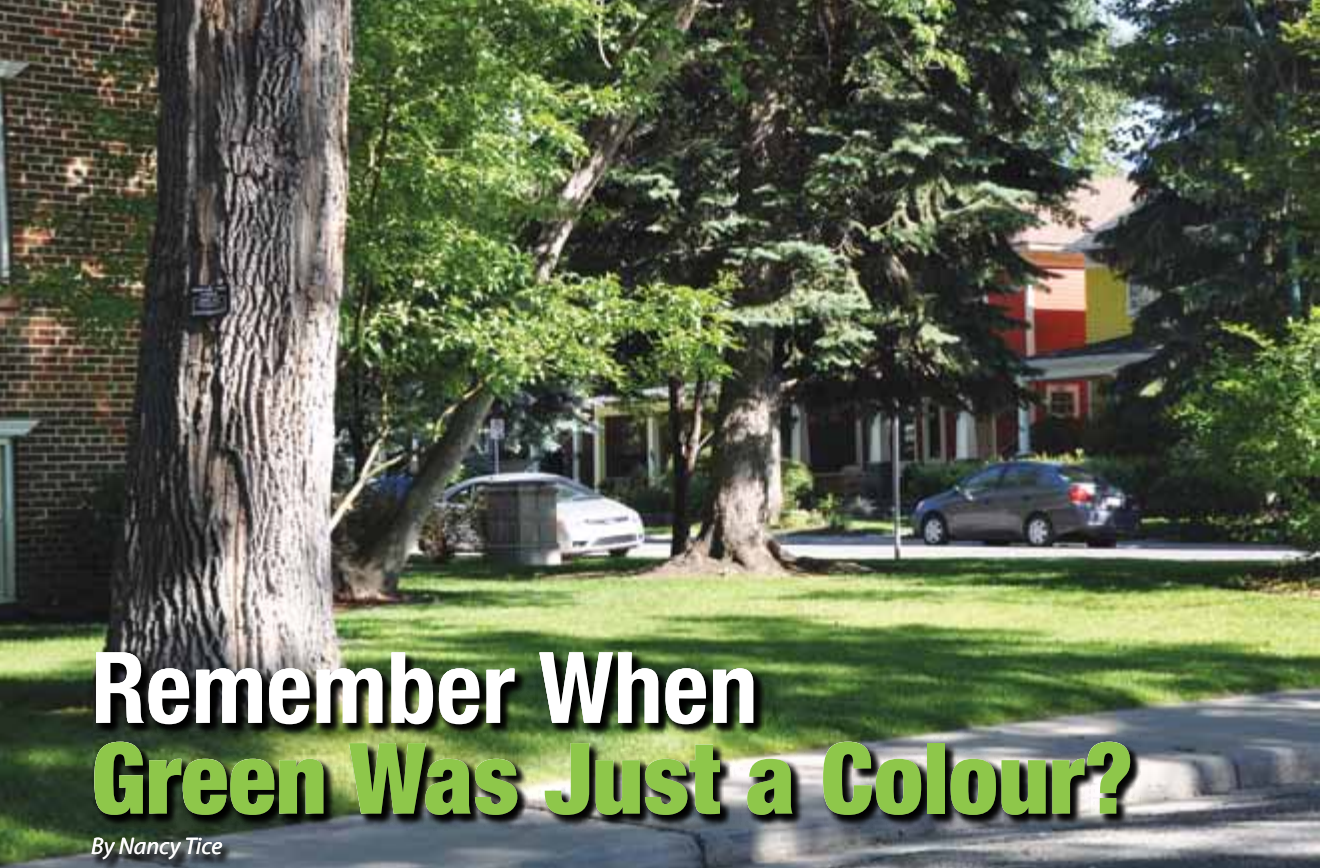
Save the Date for the COMMUNITY CLEAN-UP

Saturday, September 9,
9 am – 1 pm

The organized Community Clean-up events save residents a trip to the landfill for items that do not fit in their waste and recycling carts. We will also be collecting bikes and scrap metal and hosting a free swap section.



The "dog days of summer" refer to the weeks between July 3 and August 11, and are named after the Dog Star (Sirius) in the Canis Major constellation. The ancient Greeks blamed Sirius for the hot temperatures, drought, discomfort, and sickness that occurred during the summer.



Remember When Green Was Just a Colour?

By Nancy Tice

These days we negotiate a potential mine field of environmental faux pas. The current One Hundred Mile Diet phenomenon reminds us that a less complex, more locally based life may be healthier for us not least because it reduces our carbon footprint. How do we now reconcile simplicity with the cosmopolitan sophistication that seems based on easy access to upscale consumer goods, instant global communications, and frequent international air travel? Perhaps the economic downturn will encourage us to review many of our lifestyle choices. Or, maybe not. Some glossy magazines still recommend reducing one's carbon footprint by tearing out the lawn and replacing it with expensively-crafted imported stone to create outdoor dining areas complete with a full-scale kitchen and propane heaters to extend the season. Hello? Somehow amidst all the chat, debate and questions about global warming, carbon footprints, water conservation and toxic waste, the lawn has been demonized as a source of environmental evil. The result is a vague sense of uneasiness—let's call it lawn guilt—caused by having a nice yard.

It's time to review the lawns' evil doings. Though not extremely diverse, a lawn is a viable biosystem which provides habitat for worms and insects and the birds who eat them. Like any other photosynthesizing green plant, turf grass absorbs carbon dioxide (CO2), stores the carbon and releases the oxygen into the atmosphere. Lawns reduce ambient air temperature during the summer, they significantly reduce surface storm water runoff and they provide a soft surface for outdoor activities. Not much evil to report so far. Instead, lawns provide several major benefits over impermeable hardscaped surfaces, or piles of gravel.

Mowing a small lawn with an electric mower is not as evil as all those Hummers but not entirely benign. A manually-powered push mower (a.k.a. reel mower) is the quietest, zero-emission solution. As for water conservation, a water-wise landscape design would avoid positioning a lawn in a hot, western exposure where it will require daily irrigation. On the other hand, I haven't watered my north-facing front lawn in twenty years—it

gets along just fine with available rainfall. If the soil is moisture-retentive, a lawn which receives bright indirect light or dappled shade is unlikely to require supplemental water for most of the growing season.

A lawn grown in fertile, well-textured, water-retentive soil requires no applications of chemical fertilizers or pesticides at all. None. Nada. Zip. Arguably, managing a small lawn organically is no more work than that involved in dumping chemicals all over the place. Composting yard and kitchen waste fits in well with organic management—finished compost can be used to top dress the lawn which will improve soil fertility, texture and its ability to retain moisture.

Cliff Bungalow and Mission are ideal neighbourhoods for making a transition to organic lawn and garden management. The native soil is already some of the best in Calgary. Most of our residential lawns are barely larger than a postage stamp. And our close proximity to the Elbow River encourages additional mindfulness. Any of us who enjoy bird watching, fishing, rafting, or using the riverside pathways might want to rethink the role we play in actively supporting a healthy environment. Excess nitrogen fertilizer and pesticides enter the river via storm water runoff with adverse impacts on water quality and wildlife. Of course, our own private landscapes are safer places for birds, bees, children and pets when poisonous pesticides are not used. Contracting landscape maintenance instead of doing it yourself does not absolve homeowners from the responsibility for making intelligent, responsible decisions about landscape maintenance methods. Last but not least, there's plenty enough hardscape in Cliff Bungalow - Mission already and much of it looks shabby and unkempt. A glimpse of the deeply green soothes the eye and the soul.

Interested in learning more? An excellent resource is the slim volume by Carole Rubin entitled "How to get your Lawn and Garden off Drugs" or "The Green Gardener's Guide" by Joe Lamp'l. Both books are available through the public library system. The City of Calgary offers abundant information via the YardSmart program (Calgary.ca).

Re-published from the May/June 2009 issue of the Mission Statement, with City of Calgary program information update



5th Annual Franglofun Stampede BBQ

Saturday, July 8
5 to 10 pm

Cliff Bungalow - Mission Community Centre

Food, Beverages and Entertainment

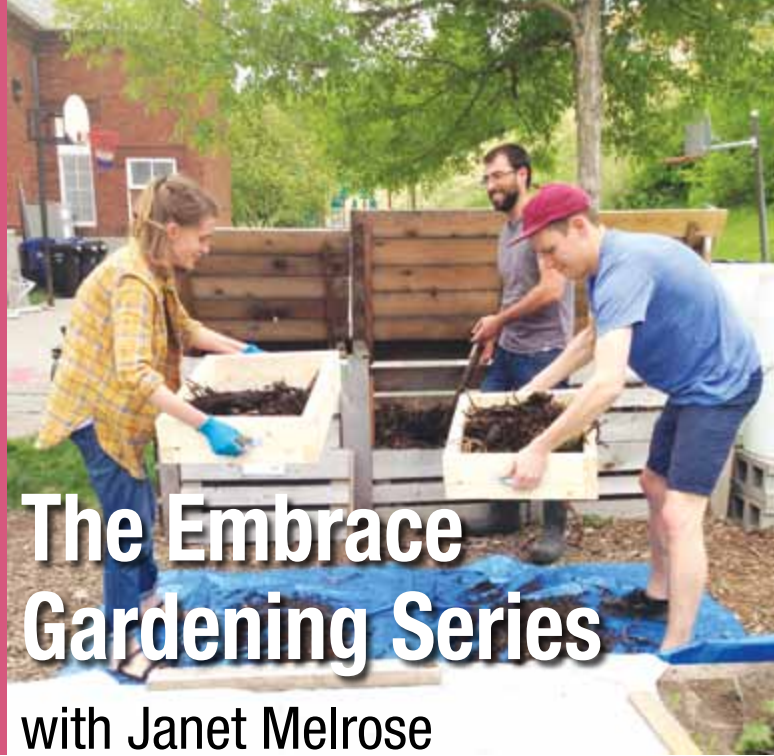
No entrance charge but pre-registration required

Cliff Bungalow - Mission Community Association is again partnering with le Bureau de Visibilité de Calgary for the 5th Franglofun Stampede Barbeque. The event is an opportunity to celebrate our Francophone roots. There will be great food and entertainment, and beverages available for purchase. There is no entrance charge but because of limited space and many special guests, we need you to pre-register if you wish to attend. You do not need to be able to speak French. Contact Bob Lang at cbmca.president@gmail.com if you would like to attend.

See something cool in the neighbourhood?

Instagram it!

#cbmca



The Embrace Gardening Series

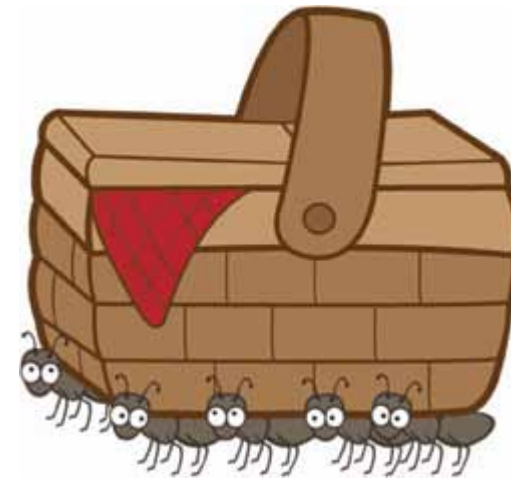
with Janet Melrose

This series of talks by Calgary's cottage gardener, is organized by a consortium of inner city community gardens—of which Cliff Bungalow – Mission is a part. These free talks over the summer months are hosted by participating communities. Everyone is welcome to attend; donations are gratefully received.

Wednesday, July 5, 6:30 – 8:30 pm
 Theme: "Mid-summer"
 Sacred Heart Convent FCJ
 219 – 19 Ave SW

Monday, August 14, 6:30 – 8:30 pm
 Theme: "Late summer"
 Bankview Community Hall
 2418 – 17 St. SW

CLIFF BUNGALOW- MISSION COMMUNITY



Bring a dish to share

Free Yoga with Kate W. Mak in the park at 4 pm weather permitting

Bring an instrument for a jam

Pack a game to enjoy in the park

Carry a blanket or chair to relax on

SUNDAY JULY 9 COMMUNITY POTLUCK PICNIC IN THE PARK

Join us on July 9 at 5 pm in the park on Cliff St SW at 22 Ave SW

Please bring a dish to share with your friends and neighbours, an instrument if you would like to jam, or some games to play in the park!

In the event of rain, we will set up in the Community Hall, 2201 Cliff St. SW at 22 Ave SW

COMMUNITY GARDEN POTLUCK PICNIC

Sunday July 9 @ 5PM

Cliff St SW @ 22 Ave SW



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5th Annual / 5e édition



Joint Community Mission/Rouleauville FRANGLOFUN CALGARY STAMPEDE BBQ & Canada 150 Celebration

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Emcees Ann Boiteau and Marc Lalonde
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YA HOO



Invités Surprise Guests

- Date:** Samedi /Saturday July 8 juillet 2017
17h à 22h / 5 p.m. to 10 p.m.
- Où /Where :** Cliff Bungalow-Mission Community Hall
2201 Cliff Street S.W., Calgary, Alberta T2S 2G4
(1 block west of 5th St at 22 nd Ave S.W.)
- 17h/5 p.m.:** Doors open, cash bar, ouverture des portes, bar payant
Meet & greet & Stomp your feet !
- 18h/6 p.m.:** Signature lip-smackin hot & cold buffet / buffet chaud et froid
Special fruit platter by Claude Blanchard Creations / plateau de fruits spécial par Claude Blanchard
Marlene's Métisicious home made Bannock
Canada 150 celebration cake / Gâteau célébration Canada 150
- 19h/7 p.m.:** Entertainment featuring / En vedette:
* Métis Elder Doreen Bergum & Friends
Métis Nation Sash Dance /Danse Nation Métis
* Diane Séguin & Line-Dance Stampede Co.
* Rob Lennard - The History Wrangler
"Rouleauville theme song/Chanson-thème Rouleauville" & surprise new songs...

It's been Franglo Fun (2012-2017)

- Merci to our partners:
- Alliance Française of Calgary
 - ACFA Régionale de Calgary
 - DCClic.ca
 - Conseil de Développement Economique de l'Alberta
 - Connexion Carrière
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 - ACHC
 - Franco-Fun Calgary
 - SPFC-SFHC

N.B.: Preregistration is required

E-mail Bob Lang: cbmca.president@gmail.com

Green Carts are Coming This Summer

Starting this June, green carts will be rolled out to all households for food and yard waste collection. Here are some details on the rollout.

Green cart collection start dates

Green carts will be rolled out by quadrant. Once all residents in a quadrant have their carts, collection will begin.

Quadrant: Southwest

Cart delivery: June 5 - July 15

Weekly green cart collection starts: Week of July 17

Three things to do when your cart arrives:

1. Bring your cart up to your home.

Carts will be delivered to the front of your home. Bring your cart up to your home and store it in a safe place (e.g. garage, against the side of your house or back fence).

2. Look inside the green cart.

Everything you need to get started is inside the cart. This includes:

- Kitchen pail and sample compostable bags.
- Sample paper yard waste bags for extra yard waste that doesn't fit inside the cart.
- Instruction guide and collection schedule.

3. Consult your collection schedule.

The collection schedule inside your cart explains when green cart collection starts in your quadrant along with your new collection days and schedule. You can also find out your collection days and sign up for free automated reminders at calgary.ca/collection.

To learn more, visit calgary.ca/greencart.



YES

All these items can go into your green cart

 Meat, fish, shellfish and bones	 Eggshells and dairy products	 Breads, noodles, rice, beans and grains
 Fruits and vegetables	 Plate scrapings	 Jams, sauces and cooking oil
 Weeds	 Leaves	 Grass clippings
 Branches and prunings (Smaller than 15 cm in diameter and shorter than one metre)	 Coffee filters and tea bags	 Paper plates and napkins
 Kitty litter and pet waste (in a compostable/paper bag)	 Tissues	

Lilac Festival 2017



June saw another successful Lilac Festival go into the history books. While it was cloudy at first, the sun did come out just in time. This also happened in 1990, the year of the first Lilac Festival.

We were in the parade again with our decorated bicycles entry but we were in the number 2 position this year. Thanks to everyone who participate in this event and a special thank you to Jan Pugh who organized the bike decorating and herded everyone to our parade start location.

We also had a booth which saw many people pick up a walking tour, get the list of community activities, pick up heritage post cards, purchase a membership and purchase a history book. We thank the following people who helped set up, be at the booth during the Lilac Festival and again most importantly take down and transport the tent and materials back to the community centre:

Set up: Eilis Hiebert, Murray Hiebert, Edwin Matthies, Sonia Ross and Trevor Ross

At the Booth during the event: Patricia Brown, Sylvia Colbert-Maier and her daughters, Avery and Morgan Colbert, David Frishman, Sue Gryzenhout, Georgia Hoffman, Sander Jansen, Jim Jung, Allan MacInnes, Jim Peacock, Martha Stewart, Jo Stratton and Rick Williams

Take down: David Frishman, Geraldine Gray, Eilis Hiebert, Murray Hiebert, Georgia Hoffman, Jane Kubke, Allan MacInnes

Next year's Lilac Festival is on Sunday, June 3.

Spring Fling 2017

The Spring Fling was a great success. The band, as usual, was fabulous. The food was great. And of course, the liquid refreshments were great. Put that together with a great selection of silent auction items and you have the recipe for a great evening.

This event takes a lot of planning and people to get silent auction items, to help set up, to do the silent auction baskets, to help make things run smoothly during the event and most importantly to do the take down. Without this type of support we could not have put on this event. **A big thank you to all who helped.** Below is a list of people, groups and businesses who contributed to this year's event:

Auction Donations:

Anejo, 4thStreet BRZ, 4th St Dental, 4th Street Liquor, Earls, Foo Foo Foods, Jugo Juice, The Mission, Krickets, La Boulangerie, Bob Lang, Neal's Yard Remedies, Phil & Sebastian, Jan Pugh, Servus, X 92.9

Volunteers:

Mary Beth Acheson, Stephanie Carrobourg, Kaeleigh Doherty, Ken Hryciw, Jane Kubke, Bob Lang, Jo-Anne Lynd, Lynn MacCallum, Paul Pflanz, Corrine and Dylan Ofstie, Jan Pugh, Rosie and Frank Warby, Amanda Weightman, Amanda West, Angie Yap.

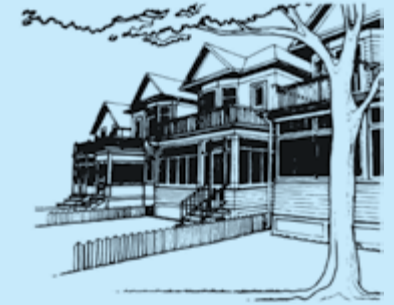
Special Thanks:

Ad Hoc Band, The Mission, and Ward Community Event Fund (City of Calgary).



Cliff Bungalow - Mission Community Association

462, 1811 4 Street SW
Calgary, AB T2S 1W2



Membership Form

(Please Print Clearly)

Name (1) _____

Name (2) _____

Name (3) _____

Street Address _____

Suite/Unit # _____ Postal Code _____

Phones (1) _____ (2) _____ (3) _____

Email (1)* _____

Email (2)* _____

Email (3)* _____

Membership Cost: Single \$10 ____ Family \$20 ____ Payment type: Cash ____ Cheque ____

New ____ or Renewal ____ If Renewal, provide your Card# _____ Purchase Date _____

*Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters

TIME TO RENEW YOUR MEMBERSHIP

Our membership year is AGM to AGM. The AGM was on Wednesday, November 23, 2016, so if you have not renewed your membership, now is the time to do so.

You do not get a new card every year. The plastic membership card is permanent. You get a new date sticker when you renew your membership.

Having a CBMCA membership has become more popular partly because of the Membership Affinity Program. All you have to do is show your up-to-date membership card to obtain discounts. See details of this program elsewhere in this newsletter.

To purchase or renew your membership, just fill in the membership form elsewhere in this newsletter and send it in with your cheque to the address on the form.



A group of beauty counselors entertained Friday evening in the Free Press board room in honor of Princess Tania Obolensky, who was in Winnipeg during the week end, a guest at the Fort Garry hotel, Miss Jean Burdett presented piano selections. The Princess left Sunday for Windsor, Ont.

- newspaper clipping supplied by Robin McLeod



The Story behind Princess Obolensky Park overlooking the Elbow River, Parkhill

I had the privilege of knowing Princess Obolensky thanks to my grandparents, Abbie and Rees Taprell. Princess Obolensky was a rare individual that made a huge impact on my life. She was forever young in thought and interest, always eager to engage in conversation and discussion.

Her story and therefore the story of the park dedicated to her is fascinating.

Princess Tania Obolensky was born in Moscow in 1913, the daughter of Princess Elizabeth Obolensky, a descendant of Prince Rurikovich, the first reigning prince of Russia. The family's life, as part of the Russian nobility, came to an abrupt end with the Bolshevik revolution in 1917. Her parents were imprisoned but later released by the White Army. Out of Russia they fled arriving in Bulgaria and then moving on to Yugoslavia where her father died in 1927.

After being tutored in various schools across Europe Princess Tania finally left Europe for Canada. Of all the places in Canada, she settled on the Bow Ranch near Cochrane. Ranching life became her blood. On the ranch she raised Aberdeen cattle, horses, Persian lambs and hogs. Not content to sit behind a manager's desk she was out on the range supervising and working with fellow ranch hands. She admitted that she was a lousy roper and her favorite piece of equipment to operate was a power binder.

Curiously, considering her ranching life or maybe because of it, Princess Obolensky developed an interest in cosmetics. In an interview by the Lethbridge Herald in 1948 she commented that she was never interested

in cosmetics until she discovered what they did for her. Eager to tell other women about these products she rose in the ranks from a local salesperson to the Western Manager of Beauty Counselors of Canada, a "dominion-wide" cosmetics company. When asked by the Lethbridge Herald about the "new look" she thought it more flattering to women but not so flattering to pocketbooks!

In 1952, Princess Tania opened a very successful clothing and gift shop called La Boutique in downtown Calgary. This allowed her to return to Europe on buying expeditions bringing back the latest in European fashion, accessories and small furnishings. La Boutique quickly became not only the fashion centre but also the social hub of Calgary. If you wanted to find out what was going "down" in Calgary you went to La Boutique.

Eventually Princess Tania retired. From her small apartment in Rideau Towers she overlooked the Elbow River and the mountains to the west that she so loved. Until the day she died, Princess Obolensky retained a regal elegance and, of course, her milky satiny skin!

Longstanding friends of the Princess enabled the dedication of the Princess Obolensky Park in 1984 – a wonderful tribute to a remarkable life lived.

*Robin McLeod
President, S2G+*

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary.

YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Captain's Cruises – Heritage Park, Aug. 3

Set sail for a scenic summer cruise on Calgary's only paddlewheel boat and enjoy the breathtaking views of the Glenmore Reservoir & the majestic Rocky Mountains. Aboard the S.S. Moyie Captain's Cruise you'll sample gourmet hors d'oeuvres and taste a selection of beer & wines while listening to the delights of a live jazz band. More info: heritagepark.ca.

Strathmore Stampede - 33 Wheatland Trail, Strathmore, AB, T1P 1V2 – Aug. 4 – 7

The Strathmore Stampede is an outdoor event including rodeo, chuckwagons, and their signature Running with the Bulls event. One of the most action-packed stops of the summer, our fair grounds include live concerts, food trucks, beer gardens, trade show, cabaret, farmers' market, kids zone, and much more! More info: strathmorestampede.com.

Taste of Calgary – Eau Claire Market Plaza, Aug. 10 – 13

Discover Calgary's global cuisines from a mix of unique restaurants and beverage companies, plus, get a taste of Calgary's great musicians, and shop at some of the most interesting marketplace vendors in the city. More info: tasteofcalgary.com.

Puppies and Prosecco-Dining with Your Dog – Vin room West and Mission, Aug. 13

Join us on our patio for a private group training class for you and your dog. All ages and sizes of dogs welcome. We will cover basic obedience skills and how to set your dog up for success. More info: eventbrite.ca/e/puppies-and-prosecco-vin-room-tickets-33841948178.

West Side Story – StoryBook Theatre, Aug. 19 – Sept. 9

Inspired by Shakespeare's Romeo and Juliet, West Side Story is one of the greatest musicals of the 20th century – a love story set on opposite sides of a turf war between rival street gangs. Includes such popular songs as Maria, I Feel Pretty, Tonight, America and Somewhere. This production will feature the students of the hugely popular Student Summer Intensive Program. More info: storybooktheatre.org.

CALGARY INTERNATIONAL BLUES FESTIVAL – SHAW MILLENNIUM PARK, JULY 31 – AUG. 6

A full week of Blues workshops, concerts and special events culminate in 4 days and nights (August 3-6) of non-stop music on MainStage. More info: calgarybluesfest.com.



TOUR DE BOWNESS – 6501 BOWNESS RD. N.W., AUG. 5 - 7

This year marks the 16th running of the Tour de Bowness and Bow Cycle's 60th anniversary. More info: tourdebowness.com.



GLOBALFEST – ELLISTON PARK, AUG. 15 – 26

GlobalFest - Alberta's Most Explosive Festival. Come see the Trico Homes International Fireworks Festival, the biggest annual pyromusical fireworks festival west of Quebec and east of the Canadian Rockies! More info: globalfest.ca.



AUGUST AUGUST AUGUST

What You Need to Know to Get a Safe Ride Home from This Year's Stampede

Whether you are using a taxi or rideshare company—such as Uber or Tapp Car—during Stampede, there are some important safety tips to keep top of mind. Just like taxis, rideshare companies are regulated by The City of Calgary and have to meet City safety standards before drivers can take passengers. However, there are some important differences between taxi and rideshare companies:

- Rideshare drivers are not allowed to pick up people who hail them on the street or seek out business by approaching potential customers.
- All trips must be booked through a rideshare company app.

When you book your trip, make sure to look at the verification information the ride share app automatically sends you *before* you get in the vehicle. This information will safeguard you against getting into a vehicle with a potentially unsafe, unlicensed driver. The app includes:

- A photo of the driver
- The licence plate number, and the make and model of the vehicle
- Real time GPS tracking, which enables you to track the vehicle on route to your location

If you are street-hailing a taxi, it's just as important to verify that the taxi is legitimate before you get in. Make sure the driver and vehicle are both licensed. Check for a taxi plate on the rear bumper of the vehicle to verify that it is a licensed taxi. The driver's ID should be posted in a visible location, typically on the driver's visor. If you are not able to see it, you can ask to see it. Before you get into a taxi, take note of the taxi number, company and colour of the vehicle in case you need to track down lost items.

Taxi stands for Stampede – July 7 - 16

The City of Calgary is working closely with the taxi industry and the Calgary Stampede to provide increased access to taxis around Stampede Park and surrounding areas to accommodate Stampede visitors and bar patrons.

In addition to late night and permanent downtown taxi stands, four temporary stands have been set up near Stampede Park.

- Two all-hours taxi stands located at the South and North Entrances of Stampede Park operate throughout the day. The North Entrance is given priority to accessible taxi service as it provides the closest means of entering the Park.
- Two additional late-night temporary stands have been established on 12th Avenue and Macleod Trail SE. The late-night temporary taxi stands operate every night between the hours of 10 p.m. and 3 a.m.

These locations are marked with signs, and provide safe and easily accessible points for taxis to pick-up and drop-off customers.

Other designated taxi locations around the city
Taxi Hydrant Zones— identified with signs, and are located in various locations throughout downtown.

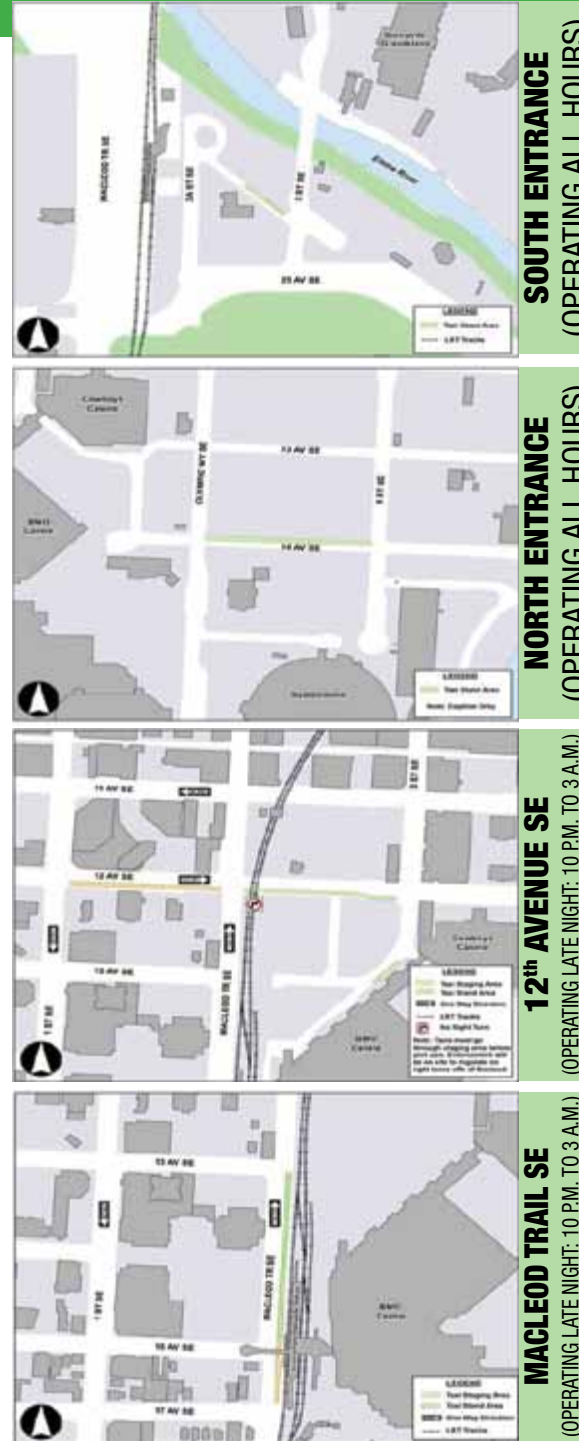
Late Night Taxi Stands – available to serve you between 10 p.m. and 3 a.m. on Thursday, Friday and Saturday nights. Conveniently located near restaurants, theatres and bars, these stands help Calgarians and visitors come and go safely from our city centre.

Calgary Transit – provides 24-hour CTrain service during the Stampede.

Other options – luxury sedans can be booked as a pre-arranged service. Costs are generally higher than a regular taxi. They cannot provide on-demand service. Always be diligent about checking ID information provided during booking before getting into the vehicle.

Remember, if you have any concerns about a taxi, rideshare, or limo service, contact the non-emergency line at 3-1-1. If you feel as though your safety is threatened, call 9-1-1.

STAMPEDE TEMPORARY TAXI STAND MAPS



Are you ready to party?

Join us as we celebrate 150 years of Confederation on July 1, 2017 with our many civic partners and sponsors!

Begin the day with a hearty pancake breakfast at Confederation Park or Fort Calgary, and end it with some of the most fantastic fireworks ever seen at the Centre Street Bridge.

Throughout the day, there will be activities and exhibits to inform, activate and delight every member of the family! Immerse yourself in our Indigenous and Francophone cultures on Prince's Island Park, or be amazed at the pageantry and culinary delights in Chinatown.

Enjoy Canadian music, arts, crafts and delicious food at venues throughout the city, including Eau Claire, East Village, Stephen Avenue Mall and Riverfront Avenue, or take part in storytelling and activities at the Central Library. You can even discover Studio Bell at a special discounted rate or check into the King Eddy for live music all day.

Help us show our national pride by participating in the Enmax Living Flag at Fort Calgary this year, and re-affirm your personal pride as a Canadian at the CIBC Canadian Oath, being held at Olympic Plaza.

You won't want to miss a minute of this year's Canada Day events! Please visit our Canada Day page at Calgary.ca for times, locations, road closures and updates as we put the final plans in place.

See you there!



TAKE ON WELLNESS

Mentoring: friendly support to help manage hearing loss

by Kylie Bradbury
Peer Mentoring Coordinator at Deaf & Hear Alberta

Hearing loss is one of the fastest growing chronic conditions facing Canadians and affects all age groups. The 2013 Stats Canada numbers show 7% of people aged 19 to 39, 16% of people aged 40 to 59 and 47% of people aged 60 to 79 experience some form of hearing loss. Hearing loss can be sudden or gradual and sometimes we may not even know we are experiencing hearing loss. There are many causes ranging from excess noise, illness, aging, genetic factors and pharmaceuticals.

Some signs of hearing loss include:

- Difficulty with conversations in noisy environments
- Being able to hear people's voices but not understand the words spoken
- Needing the TV louder than the rest of your family
- Trouble hearing from a distance or another room
- Trouble understanding women's and children's voices
- Experiencing dizziness, pain, ringing or buzzing in the ears – even if it goes away

If you are experiencing any or some of these symptoms, it is important to discuss this with your doctor to see if you need a hearing test.

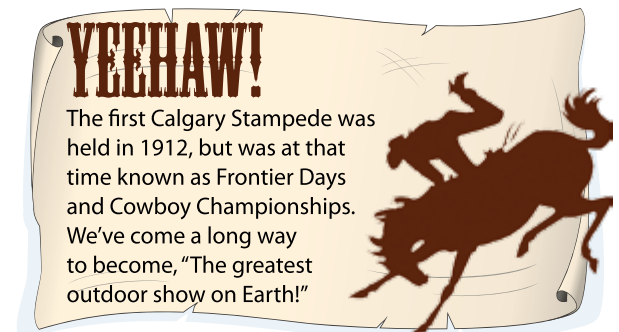
On average, it can take up to 7 years for someone to acknowledge and act on hearing loss. There are many factors which impact why a person may or may not acknowledge this. It could be lack of awareness, feelings of embarrassment, shame or denial. The latest research suggests that the longer hearing loss goes unmanaged, the harder it is to learn to manage the change.

An important factor is the change that happens in our brains. Brains are relatively 'plastic' and as our hearing decreases, important brain functions don't get exercised and we lose them. *Use or lose it.* The good news is we can retrain our brains.

Also, those with untreated hearing loss are more likely to report depression or anxiety and are less likely to participate in organized social activities. However, hearing loss does not need to mean living less. There are supports out there.

Mentoring programs are one type of support that can alleviate the social impact of hearing loss. People with shared experiences are matched together and work on building skills and strategies to help manage day to day challenges. This is commonly known as *mentoring*. Programs like these have impact as it has been shown that participants experience significant improvement of quality of life. No one has to go it alone.

Peer-to-Hear at Deaf & Hear Alberta provides this support. Our program matches adults dealing with hearing loss with someone who has walked a similar path and now wants to offer support. Learning to manage hearing loss can be a challenging journey. Sometimes all it takes is some friendly support from someone who understands and has had similar experiences. Hearing loss does not need to be a barrier to fully participating in one's community.



CALGARY



WILDLIFE

The Grey Jay

Article by J.G. Turner

In 2016, the Royal Canadian Geographical Society asked Canadians to identify candidates for an 'official' bird for Canada, intending to lobby the Canadian Government to make the final choice official to mark Canada's 150th birthday in 2017. The winner was the Grey Jay which is also known as the Gray Jay, the Canada Jay, the Whisky/Whiskey Jack, the Camp Robber, the Meat Hawk and the Moose Bird.

The Grey Jay is the only grey coloured Jay in North America and is 28 to 33 cm (11 – 13 in) from beak to tail's tip, has a 45 cm (18 in) wingspan and weighs about 70 g (21.5 oz) The Grey Jay is a large fluffy grey bird with white head, black nape, short black bill, and long tail but no head crest. It has variations in its colouring in different regions and is often visually confused with Northern and Loggerhead Shrikes. This mischievous bird lives year round in every province and territory of Canada, thriving in cold temperature extremes (up to -30 C). The Grey Jay is found in boreal regions from the tree limit in the far north through mountains and foothills, coniferous and mixed forests, bogs and fens, picnic and campsites across the country.

Fun Facts:

- The Grey Jay is a member of the Corvidae family of birds, along with other Jays, Crows, Magpies and Ravens. This is a highly intelligent group of birds known for their boisterousness, persistence and adaptability to the presence of humans in their environment. The Grey Jay is said to have the same "brain to body size ratio" as dolphins and chimpanzees!

- These birds are of the earliest nesters in Alberta, laying eggs as early as late February. This gives their young most of the year to learn to forage and store food for their first winter.
- Grey Jays are omnivores and eat seeds, scavenge carcasses (part of nature's clean up crew), and eat eggs and nestlings of other birds.
- Grey Jay cold weather adaptations include:
 - catching small chunks of food by covering it with their sticky saliva, and 'gluing' the food to tree trunks, twigs or conifer needle clusters. The Grey Jay remembers where it stores this food!
 - allowing solar radiation to penetrate their feathers while still keeping their insulating qualities; and
 - decreasing their body temperature at night.
- You may be able to attract the Grey Jay to your backyard feeder with suet, rolled oats, shelled sunflower seeds, or dry dog and cat food.

If you find an injured or orphaned wild bird or animal, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 for tips, instructions and advice, or look at the website at www.calgarywildlife.org for more information.



Post it!

Let's tell the world about life in Cliff Bungalow-Mission

See something interesting in the 'hood?

Take a photo and post it to **Instagram** (with the hashtag **#cbmca**) or to our **Facebook** page. It can be anything:

- a selfie of you and friends at a 4th Street eatery? **Post it!**
- a cute dog? **Post it!**
- birds at your backyard feeder? **Post it!**

#cbmca



Art Out-of-Doors

Summer is here, and I'm sure many of us are looking for ways to experience the arts out-of-doors, in the sunshine (hopefully not in the rain!) Like the warming rays of the sun give us vitamin D, helping to improve our mood and overall personal well-being, so does listening to music, viewing art, or seeing live theatre. According to the Canadian Council of Chief Executives, "the quality of a community's cultural infrastructure has a direct impact on quality of life."

Fortunately for us in Calgary, there are some fabulous opportunities to get our happy on and enjoy the arts outside during the month of July. Kick off your summer season with the free Canada Day celebration on Olympic Plaza with music, parades, and of course, fireworks! Among many other exciting events that day, Arts Commons and The City of Calgary are inviting 1,500 musicians to perform *Four Strong Winds* together with legendary Alberta musician, Ian Tyson – for free! To view the full lineup of Canada Day activities, you can visit Calgary.ca/Canada150.

Also happening in July, Music in the Plaza returns to Heritage Park, giving you a great opportunity to introduce your kids to a music performance without the pressure of having to sit still, and Theatre Calgary's Shakespeare on the Bow is back for another year with *As You Like It* at Prince's Island Park. Then, of course, there's the ever-popular Calgary Folk Music Festival where you can stroll from stage to stage enjoying an all-star lineup of folk musicians carefully selected for your listening enjoyment. What better way to enjoy your summer months than to combine the arts and fun in the sun?

For a full list of Calgary's festivals this summer, indoor and outdoor, you can visit todocanada.ca/festivals-in-calgary.

This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts Commons is home to six distinct performance venues.



Cliff Bungalow - Mission Real Estate Update

Last 12 Months Cliff Bungalow
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2017	\$1,607,450	\$1,550,000
April 2017	\$0	\$0
March 2017	\$1,174,950	\$1,101,000
February 2017	\$1,700,000	\$1,600,000
January 2017	\$0	\$0
December 2016	\$0	\$0
November 2016	\$0	\$0
October 2016	\$0	\$0
September 2016	\$862,495	\$822,625
August 2016	\$1,799,000	\$1,799,000
July 2016	\$0	\$0
June 2016	\$0	\$0

Last 12 Months Mission
MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
May 2017	\$382,450	\$379,250
April 2017	\$296,900	\$289,900
March 2017	\$359,900	\$345,000
February 2017	\$335,000	\$332,000
January 2017	\$319,900	\$306,250
December 2016	\$389,450	\$375,250
November 2016	\$342,450	\$319,000
October 2016	\$0	\$0
September 2016	\$339,987	\$300,000
August 2016	\$369,750	\$360,000
July 2016	\$512,000	\$490,250
June 2016	\$399,900	\$380,000

To view more detailed information that comprise the above MLS averages please visit cliff_bungalow.great-news.ca or mission.great-news.ca



The War on Our Children

My name is Noel Hershfield and I am a specialist in Internal Medicine in Calgary.

I am concerned about the current epidemic of drug addiction in our youth. It is estimated that 48% of the population of this country are consuming cannabis or marijuana. This drug is to be legalized by our government next year. It is not an innocuous substance. It is a very psychoactive drug, especially in the young. The developing brain is very susceptible to the effects of this substance, and other psychoactive substances such as narcotics which are over prescribed by the medical profession. On the street, there are hallucinogenic such as LSD, stimulants such as ecstasy (which is really amphetamine), cocaine, fentanyl, and even pink remover which is inhaled.

In fact, any drug, either prescribed or taken illegally can cause side effects and some can be deadly.

Over 400 deaths have been reported in the Province of Alberta due to overdose of narcotics. Many have been admitted to hospitals with serious problems due to these substances. Our emergency rooms are now being flooded with young people suffering from the side effects of cannabis and other substances which are frequently mixed. It is stated that 400 million young people are consuming these drugs all over the world and it is a worldwide epidemic, and the current generation, according to those that are aware of the problem, is doomed! The next generation is now the target of these

drug dealers. The problem is paramount in the Western world.

There is evidence that education of young people beginning at age 15, may help to reduce the number of children who are taking these substances. There is also evidence in this country that between 15 and 20% of young people starting at age 15, or even lower, are now experimenting or imbibing drugs.

If this was an epidemic such as AIDS, the scientific and medical community would be investigating the cause, prevention, and the treatment. In this situation, no one, including the medical profession, youth organizations, or the government has an answer for the flood of drugs that are entering this country and being produced in this country. It is a \$600 billion business.

I recently returned from a course in the United States on how to *attempt* to educate the young about the truth about drugs.

I am available to educate our children in our schools, community centers, soccer teams, and anywhere where young people congregate.

The idea is not to preach, but to teach. At least then our children will be able to make an informed choice as to whether or not they will take part in this dangerous activity.

Thank you for your attention to this matter:

Noel Hershfield, FRCP.
Email is gutdoc1@Shaw.ca and my cell phone number is 587-917-2677.

YOUR CITY SECTION

Check out these important updates from The City of Calgary

- 'Take a kid to the course' week – Juniors golf for free at McCall lake Par 3 and Richmond Green with one paid golfing adult. July 3-9th only. Calgary.ca/Golf
- Unlimited summer fun for only \$50. Youth (ages 7-17) can enjoy swimming, rock climbing, skating and more with Calgary Recreation's Summer Youth Passport. Calgary.ca/YouthPassport
- There's still room in our summer day camps! Keep your kids active, creative and healthy this summer. Calgary.ca/MyRecGuide
- Register your child for a summer nature adventure! Our half- and full-day camps explore bugs, birds, buds and beyond using hands-on activities and outdoor play. Childcare is available. Calgary.ca/ParksGuide
- Learn about The City's accessible programs including accessible transportation, accessible recreation facilities and classes, assisted listening devices and much more. Calgary.ca/Accessibility
- We're committed to providing a barrier-free municipal experience for all Calgarians. Contact 311 for an accommodation at any City event, or public meeting. Calgary.ca/Accessibility

Stay connected to the City of Calgary: facebook.com/cityofcalgary • twitter.com/cityofcalgary • calgarycitynews.com



FYI - Great News Publishing Chooses to Forge Ahead During All Economic Downturns.

If You Feel the Same Let's Talk.

403-263-3044




Do you recognize this flag?

Before our current Canadian flag that we all know and love, did you know that our flag looked like this? If you recognize the Canadian Red Ensign, you were probably born before 1965. Our current flag was not chosen until after "The Great Flag Debate" of 1963 and 1964. After much debate, our beloved red and white maple leaf flag replaced the Red Ensign and has been flying proudly across our nation ever since.

Even with Low Rates, You Can Invest for Income

By *Toddy Kam, CFP®, CFA*

With interest rates holding steady at an all-time low, many investors feel complacent about investing for a return. Clearly, low interest rates have a wide-ranging impact — but what effect will they have on you, as an individual investor?

If you need income from your investments, then the continuation of ultra-low interest rates may be a matter of some concern, particularly if you own certain types of fixed-income investments, such as term deposits or Guaranteed Income Certificates (GICs). While GICs guarantee to protect principal and offer flexible interest payment frequency, they are not risk-free. With low interest rates, you risk losing purchasing power. Still, fixed-rate vehicles may well have a place in your portfolio. If you're even somewhat dependent on your investments for income, you may need to broaden your search. Here are a few ideas to consider:

Build a bond ladder. Long-term bonds, by their nature, are more subject to interest rate risk than shorter-term vehicles. In other words, interest rates are more likely to rise during the life span of a longer-term bond — and when rates go up, the prices of existing bonds will fall. To help lower this risk, you may want to build a "ladder" of bonds of varying maturities. Then, if market interest rates are low, you'll still have your long-term bonds earning higher rates, but if rates rise, you can take advantage of them by reinvesting the proceeds of your maturing short-term bonds. But remember to work with your financial advisor to evaluate whether a bond ladder and the securities held within it are consistent with your investment objectives, risk tolerance and financial circumstances.

Consider dividend-paying stocks. You can find companies that have paid dividends for many consecutive years — and in some cases, increased their dividend payout each year. In the past year, companies in the S&P/TSX Composite have paid \$43 billion in dividends, and expected to pay out a record amount in 2013, according to Bloomberg data. (Keep in mind that the S&P/TSX Composite is an unmanaged index and is not



available for direct investment.) Of course, stock prices will fluctuate in value, and you may receive more or less than your original investment when you sell. Historically, dividend-paying stocks have been less volatile than non-dividend-paying stocks. Be aware, though, that companies can lower or discontinue dividend payments at any time without notice. Past performance is not a guarantee of future results.

Refinance your mortgage. Today's low rates are good news for borrowers. With tougher standards in place, it may not be as easy to refinance a mortgage as it once was, but if you qualify, you may want to think about refinancing. You may be able to save quite a bit of money on your monthly payments — and lower payments can translate into a greater cash flow. Plus, if you don't need all the savings, you can put some of the money into a Retirement Savings Plan (RSP) or another retirement savings vehicle.

Ultimately, an extended period of low interest rates is just one more factor to consider in creating and adjusting your investment strategy. Work with your financial advisor to help ensure low rates won't affect your income needs.



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Ask Charles

I want to buy a resale condominium, but I'm worried about rising fees and possible assessments. How can I ensure the condominium is a good one?

Condominiums can be a great housing option, and with some due diligence, you can find one that is well suited to your needs, and a financially-sound purchase.

Condominium refers to a type of ownership that includes the individual ownership of a unit and shared ownership of common property with other unit owners. Condominiums can be apartment-style, townhouses, attached, or detached.

Condominium owners typically pay monthly condominium fees to cover their share of expenses for the common property, and some of this payment goes into the condominium corporation's reserve fund.

The reserve fund is used to pay for major capital repairs and replacements. All condominium corporations must have a reserve fund. As a buyer, you want a condominium corporation that has a healthy reserve fund because it reduces the likelihood of a special assessment. Special assessments occur when a condominium corporation has major work to do and there isn't enough money in the reserve fund. The corporation assesses an amount owing to the owner of each unit.

So how can you find out if the corporation you're thinking of buying into is a healthy one? A good place to start is a condominium document review.

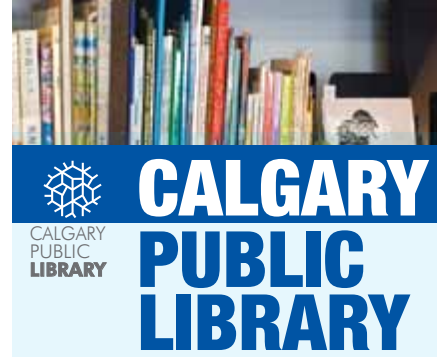
Condominium documents relate to the operation of the condominium corporation, which you want to ensure is financially stable and well managed. Condominium documents include but are not limited to:

- current reserve fund study (5 years old or less) and 25-year reserve fund plan
- current operating budget and fee schedule
- current balance sheet
- registered bylaws

When buying a condominium, you can hire a professional to review your condominium documents. They can provide you with a summary of the documents, and identify areas about which you might have concerns. Reviewing condominium documents can uncover financial difficulties, bylaws you find unacceptable (for example, restrictions as to size, number, or type of pet), upcoming necessary maintenance, or even discussion in Board meeting minutes about water issues.

Even a healthy reserve fund and a review of condominium documents can't guarantee you won't have a special assessment or that your fees won't go up. In fact, you should expect your fees to go up a small amount each year, from factors such as inflation or rising utility costs. However, reviewing the condominium documents will give you a good idea of the health of your condominium, and if it's the right one for you.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca.ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.



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Fur trade was a historical benchmark of Canada's international commerce. Felt from beaver fur could be molded into many creative hats. From top hats to bowlers, tricorne hats to fancy women's hats, the possibilities were endless. Thank goodness beaver fur went out of fashion in favour of silk hats, or not as many of our iconic furry friends might be around today!

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2017 is Canada 150th anniversary, and this July celebrate with friends, family, and the greater community our nation's sesquicentennial!

The 2017 Calgary Stampede | July 7-16th 2017

The Calgary Stampede is more than the greatest outdoor shown on earth - it's our opportunity for the community to come together and celebrate our heritage, traditions, diversity, and civic pride. After all, Calgary is the heart of the new west.

So, take the time, get out, and enjoy! And like every year, the Calgary Stampede has special days on offer so the fun times last longer.

- Parade Day | July 7th free entry from 11 a.m. – 1:30 p.m. Go straight from the Parade to the Park!
- Cenovus Family Day | July 9th free entry 8 a.m. – Noon and the first 20,000 guests get a FREE Breakfast!
- Canada 150 Day | July 11th free all day entry for seniors 65+ plus a free WestJet Skyride!

For all the details and more special Stampede events go to www.calgarystampede.com

Canada 150: Beyond July 1st

Calgary Chinese Cultural Centre Street Festival | July 1-7
 To Celebrate Canada 150, the Calgary Chinese Cultural Centre Street Festival is a new week-long festival of Chinese Culture that will bring Calgarians to the core of their City's Chinatown. This event is open to all Calgarians and offers tours, tea tastings, and street performances. Attendees will make their own Chinese handcrafts and learn about fusions between Chinese and Western medicines.

2017 Discovery Pass | Free admission to Parks Canada –
 Come visit Canada's parks for free and pick up your pass at www.KentHehrMP.ca/Canada-150

The weather is warming up and camping and hiking season is in full swing. So, grab your free 2017 Discovery Pass that provides you free admission for the entire year to Parks Canada! So, this year's trips to Banff, Lake Louise, and Jasper become that much more affordable for you and your family!

As always, you can contact my office by email or by phone. My door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at www.KentHehrMP.ca.



MLA Calgary-Buffalo
Hon. Kathleen Ganley
 130, 1177 11 Ave SW T2R 1K9
 ☎ 403-244-7737
 ✉ Calgary.buffalo@assembly.ab.ca.

Following a productive spring sitting, the Legislative Assembly is on break for the summer months and I couldn't be happier to be spending time in our bustling riding! July is doubly exciting this year as we kick off Canada's 150th anniversary of Confederation and the 2017 Calgary Stampede. Canada's 150th is an opportunity to reflect on our country's history, heritage and diversity. On Canada Day, I look forward to attending the indigenous showcase and powwow at Prince's Island Park (beginning at 10:00 a.m.), celebrating the contributions of Calgary's Chinese community at Sien Lok Park (Riverfront Ave & 1 St SW, 10:00 – 7:00 p.m.) taking in an array of performances at Olympic Plaza (228 8 Ave SE, 10:00 – 6:00 p.m.) and ending the night with a free Tegan and Sara concert on Riverfront Avenue East (10:00 p.m.). And the fireworks, of course. I invite all Calgarians to attend events across the downtown area and celebrate this great country.

Celebrating our western heritage extends beyond Canada Day into the 2017 Calgary Stampede. I'm proud to be a part of the Kerby Centre 25th Annual Stampede breakfast on Friday, 14 and invite you to join me from 8:00 – 11:00 a.m. at 1133 7 Ave SW. If you're hosting a Stampede breakfast, BBQ or similar event I would love to attend and donate biodegradable cups for your use. Please contact my office at 403-244-7737 to discuss how we can support your event, and here's hoping this year's Stampede will be drier than the last.

The Alberta government needs to hear from you! The federal government has introduced legislation to legalize cannabis by July 2018. This legislation leaves provinces to determine how cannabis will be consumed, regulated and distributed. Areas of focus include how to keep cannabis out of the hands of children and youth, keeping profit away from criminals, protecting roads, workplace safety and issues of public health. Legalization will impact our communities and we want to hear from you about this issue. All Albertans are invited to read more about cannabis, and provide feedback that will inform how Alberta adapts to legalization. Visit www.alberta.ca/cannabis to complete a comprehensive survey and provide your thoughts on this critical issue.

OH, C NADA!

Great News Publishing asked Calgary residents what they love about Canada and being Canadian. Thank you to everyone who submitted their answers!

The infographic features a central cluster of speech bubbles containing citizen responses, surrounded by icons of Canadian symbols. The responses include:

- The 4-season day
- Heritage Minutes
- Kraft Dinner
- Sorry!
- Canadians seek commonalities when meeting someone new.
- All Dressed/ Ketchup Chips
- Universal health care
- We have a strong multicultural identity with a multitude of various backgrounds and religions.
- Equal access to necessities of life.
- Best beef in the world!
- Wayne Gretzky
- Beautiful Canadian natural landscapes that we are actively trying to preserve.
- Canadian Tire money
- Our differences are not only accepted, but celebrated.
- We know the French equivalents of "free," "prize," and "no sugar added," thanks to our extensive education in bilingual cereal packaging.
- There is a sense of community that people can and want to contribute to.
- Mr. Dressup
- Respect for wilderness
- House Hippo
- Canadians have the right and freedom to practice our choice of religion.

Icons include a beaver, a Mountie, a polar bear, a tent, a totem pole, a moose, a hockey stick, a maple leaf, and a diverse group of people.



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